

# Comprehensive Warm-Ups

Revision 2019

John McAllister

**Breathe and Sustain**  
(Play, Buzz, Sing, etc)

**Singing & Playing**  
(Concert F or other notes)

The score is divided into two main sections: 'Breathe and Sustain' (measures 1-7) and 'Singing & Playing' (measures 8-9). The instruments are listed on the left, and their corresponding parts are written on staves. The 'Breathe and Sustain' section includes a 'take in air' instruction for woodwinds and brass. The 'Singing & Playing' section includes 'Sing' and 'Play' instructions for various instruments.

**Instruments and Parts:**

- Flute:** take in air, Play, Sing
- Oboe:** take in air, Play, Sing
- Bassoon:** take in air, Play, Sing
- Clarinet in Bb 1:** take in air, Play, Sing
- Clarinet in Bb 2:** take in air, Play, Sing
- Bass Clarinet in Bb:** take in air, Play, Sing
- Alto Saxophone:** take in air, Play, Sing
- Tenor Saxophone:** take in air, Play, Sing
- Baritone Saxophone:** take in air, Play, Sing
- Trumpet in Bb 1:** take in air, Sing, Play
- Trumpet in Bb 2:** take in air, Sing, Play
- Horn in F:** take in air, Sing, Play
- Trombone 1:** take in air, Sing, Play
- Trombone 2:** take in air, Sing, Play
- Euphonium:** take in air, Sing, Play
- Tuba:** take in air, Sing, Play
- Snare/Bass/Aux:** R R R R R R R R, L L L L L L L L, R R R R R R R R, L L L L L L L L, Sing, Play
- Timpani:** Sing, Play
- Mallets 1:** Play, Sing
- Mallets 2:** Play, Sing

Singing & Playing  
(Chord)

Fl. Play Sing Play Sing Play Sing Play Sing Play Sing

Ob. Play Sing Play Sing Play Sing Play Sing Play Sing Play Sing

Bsn. Play Sing Play Sing Play Sing Play Sing Play Sing Play Sing

Cl. 1 Play Sing Play Sing Play Sing Play Sing Play Sing Play Sing

Cl. 2 Play Sing Play Sing Play Sing Play Sing Play Sing Play Sing

B. Cl. Play Sing Play Sing Play Sing Play Sing Play Sing Play Sing

Alto Sax. Play Sing Play Sing Play Sing Play Sing Play Sing Play Sing

Ten. Sax. Play Sing Play Sing Play Sing Play Sing Play Sing Play Sing

Bari. Sax. Play Sing Play Sing Play Sing Play Sing Play Sing Play Sing

Tpt. 1 Sing Play Play Sing Sing Play Sing Play Play Sing

Tpt. 2 Sing Play Play Sing Sing Play Sing Play Play Sing

Hn. Sing Play Play Sing Sing Play Sing Play Play Sing

Tbn. 1 Sing Play Play Sing Sing Play Sing Play Play Sing

Tbn. 2 Sing Play Play Sing Sing Play Sing Play Play Sing

Euph. Sing Play Play Sing Sing Play Sing Play Play Sing

Tba. Sing Play Play Sing Sing Play Sing Play Play Sing

Sn/Bass

Timp. Sing Play Play Sing Sing Play Sing Play Play Sing

M 1 Play Sing Play Sing Play Sing Play Sing Play Sing

M 2 Play Sing Play Sing Play Sing Play Sing Play Sing

Director Notes:  
Slur, Tongue, Air Attack, etc  
Use your own preference and vary  
**Long Tones 1**

*This long tones sequence also works  
with my "Cinematic Long Tones,"  
check out website for details.*

3

20 21 22 23 24 25 26 27 28

Fl.

Ob.

Bsn.

Cl. 1

Cl. 2

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt. 1

Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tba.

Sn/Bass

Timp.

M 1

M 2

*Percussion Tip -- Have students play the bass rhythms,  
but on auxiliary instruments (triangle, tambourine, etc)*

Director Notes:  
Percussionists should use a smaller division  
(aka sextuplets) if the tempo is really slow

4

29 30 31 32 33 34 35 Long Tones 2 36

Fl.

Ob.

Bsn.

Cl. 1

Cl. 2

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt. 1

Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tba.

Sn/Bass

Timp.

M 1

M 2

37 38 39 40 41 42 43 44

Fl.

Ob.

Bsn.

Cl. 1

Cl. 2

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt. 1

Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tba.

Sn/Bass

Timp.

M 1

M 2

## Long Tones 3

45 46 47 48 49 50 51 52 53

Fl.

Ob.

Bsn.

Cl. 1

Cl. 2

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt. 1

Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tba.

Sn/Bass

Timp.

M 1

M 2

Director Notes:  
Apply the long tones concept to musical passages-  
Balance, blending, and intonation practice

Long Tones Chorale

7

This musical score is for a section titled "Long Tones Chorale" spanning measures 54 to 64. The score is written for a large ensemble, including woodwinds, brass, percussion, and strings. Measures 54 through 57 feature long tones for most instruments, with woodwinds and strings holding sustained notes while brass and percussion play rhythmic patterns. From measure 58 onwards, all instruments play a more active, melodic line. The percussion section, including Sn/Bass, Timp, and M1/M2, provides a steady rhythmic foundation. The woodwinds and strings play a melodic line that moves through various intervals, while the brass section provides harmonic support with sustained notes and rhythmic patterns.

Measures 54-64 are shown. The score includes parts for Fl., Ob., Bsn., Cl. 1, Cl. 2, B. Cl., Alto Sax., Ten. Sax., Bari. Sax., Tpt. 1, Tpt. 2, Hn., Tbn. 1, Tbn. 2, Euph., Tba., Sn/Bass, Timp., M 1, and M 2.

Director Notes:  
Define beginning of notes (try breath attacks)  
Define how to release.  
Work on playing together

**Start and Release**

**Mini Air-Flow Study**

**Mini Air-Flow Study #2**

Fl.

Ob.

Bsn.

Cl. 1

Cl. 2

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt. 1

Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tba.

Sn/Bass

Timp.

M 1

M 2



Fl.

Ob.

Bsn.

Cl. 1

Cl. 2

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt. 1

Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tba.

Sn/Bass

Timp.

M 1

M 2

*Time Bb to Ab*

*Time Ab to Bb*

86 87 88 89 90 91 92 93

Fl.

Ob.

Bsn.

Cl. 1

Cl. 2

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt. 1

Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tba.

Sn/Bass

Timp.

M 1

M 2

## Flexibility 2

94

95

96

98

99

100

101

102

103

11

Fl.

Ob.

Bsn.

Cl. 1

Cl. 2

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt. 1

Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tba.

Sn/Bass

Timp.

M 1

M 2

Time Bb to A

Time A to Ab

Time Ab to G

Flam Taps

IR R IL L IR R IL L IR

5 stroke roll

104 105 106 107 108 109 110 111 112

Fl.

Ob.

Bsn.

Cl. 1

Cl. 2

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt. 1

Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tba.

Sn/Bass

5 stroke roll

9 stroke roll

9 stroke roll

Timp.

Tune G to Gb

Tune Gb to F

Tune F back to Bb

M 1

M 2

## Flexibility 3

13

113 114 115 116 117 118 119 120 121

Fl.

Ob.

Bsn.

Cl. 1

Cl. 2

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt. 1

Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tba.

Sn/Bass

stick height practice

Timp.

Time E to Eb

Time Eb to D

M 1

M 2

Director Notes:  
Once the printed dynamic patterns are mastered.. change it up!

14

**Dynamic Control**

122 123 124 125 126 127 128 129 130 131 132

Fl. *mf mp p p mf mf f ff*

Ob. *mf mp p p mf mf f ff*

Bsn. *mf mp p p mf mf f ff*

Cl. 1 *mf mp p p mf mf f ff*

Cl. 2 *mf mp p p mf mf f ff*

B. Cl. *mf mp p p mf mf f ff*

Alto Sax. *mf mp p p mf mf f ff*

Ten. Sax. *mf mp p p mf mf f ff*

Bari. Sax. *mf mp p p mf mf f ff*

Tpt. 1 *mf mp p p mf mf f ff*

Tpt. 2 *mf mp p p mf mf f ff*

Hn. *mf mp p p mf mf f ff*

Tbn. 1 *mf mp p p mf mf f ff*

Tbn. 2 *mf mp p p mf mf f ff*

Euph. *mf mp p p mf mf f ff*

Tba. *mf mp p p mf mf f ff*

Sn/Bass *mf mp p p mf mf f ff*

Timp. *mf mp p p mf mf f ff*

M 1 *mf mp p p mf mf f ff*

M 2 *mf mp p p mf mf f ff*

Director Notes:  
This is also a great time to give students some "play the horn" exercises  
that they can all work on individually since this whole exercise will  
be cacophonous

Extended Range (individual)

Tenuto Practice

15

133 134 135 136 137 138 139 140 141 142 143

Fl. *ff* *p* *ff*

Ob. *ff* *p* *ff*

Bsn. *ff* *p* *ff*

Cl. 1 *ff* *p* *ff*

Cl. 2 *ff* *p* *ff*

B. Cl. *ff* *p* *ff*

Alto Sax. *ff* *p* *ff*

Ten. Sax. *ff* *p* *ff*

Bari. Sax. *ff* *p* *ff*

Tpt. 1 *ff* *p* *ff*

Tpt. 2 *ff* *p* *ff*

Hn. *ff* *p* *ff*

Tbn. 1 *ff* *p* *ff*

Tbn. 2 *ff* *p* *ff*

Euph. *ff* *p* *ff*

Tba. *ff* *p* *ff*

Sn/Bass *ff* *p* *ff*

Timp. *ff* *p* *ff*

M 1 *ff* *p* *ff*

M 2 *ff* *p* *ff*

Tune, Bb & Eb

144 145 146 147 148 149 150 151

Fl.

Ob.

Bsn.

Cl. 1

Cl. 2

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt. 1

Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tba.

Sn/Bass

Timp.

M 1

M 2

*Time, F & C*



152 153 154 155 156 157 158 159

Fl.

Ob.

Bsn.

Cl. 1

Cl. 2

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt. 1

Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tba.

Sn/Bass

Timp.

M 1

M 2

*Time, G & D*

Director Notes:  
I make sure the student know which notes to adjust  
the instrument on... may be good to have them map  
all the tendencies

18

Ensemble Tuning

160 161 162 163 164 165 166 167 168 169 170

Fl.

Ob.

Bsn.

Cl. 1

Cl. 2

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt. 1

Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tba.

Sn/Bass

Timp.

M 1

M 2

Director Notes:  
Snare/Bass Parts are there in case you need them.. I prefer to  
give the percussionists and alternative assignment since chorale  
work is less essential

19

# Chorale in Eb

171 172 173 174 175 176 177

Fl.

Ob.

Bsn.

Cl. 1

Cl. 2

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt. 1

Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tba.

Sn/Bass

Timp.

M 1

M 2

*snare off, or play on tom*

*Tune Eb, Bb*

Chorale in F  
(d minor)

178 179 180 181 182 183 184 185

Fl.

Ob.

Bsn.

Cl. 1

Cl. 2

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt. 1

Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tba.

Sn/Bass

Timp.

M 1

M 2

*Tune F, Bb*

This is a page from a musical score for a concert band. It contains staves for 18 instruments: Flute, Oboe, Bassoon, Clarinet 1, Clarinet 2, Bass Clarinet, Alto Saxophone, Tenor Saxophone, Baritone Saxophone, Trumpet 1, Trumpet 2, Horn, Trombone 1, Trombone 2, Euphonium, Tuba, Snare/Bass Drum, Timpani, Mellophone 1, and Mellophone 2. The score is divided into measures 178 through 185. Measures 178-181 are in 4/4 time with a key signature of two flats (B-flat and E-flat). At measure 182, the time signature changes to 3/4 and the key signature changes to one flat (B-flat). The music is a chorale in F major (labeled as d minor, which is the relative minor of F major). The instrumentation includes woodwinds, brass, and percussion. The percussion section includes snare/bass drum, timpani, and mellophones. The score is written for a concert band and includes a rehearsal mark at measure 182.

## Chorale in Ab

21

186 187 188 189 190 191

Fl.

Ob.

Bsn.

Cl. 1

Cl. 2

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt. 1

Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tba.

Sn/Bass

Timp.

M 1

M 2

*snares off, or play on tom*

*Time Eb, Ab*

Chorale in Ab

192 193 194 195 196 197

Fl.

Ob.

Bsn.

Cl. 1

Cl. 2

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt. 1

Tpt. 2

Hn.

Tbn. 1

Tbn. 2

Euph.

Tba.

Sn/Bass

Timp.

M 1

M 2

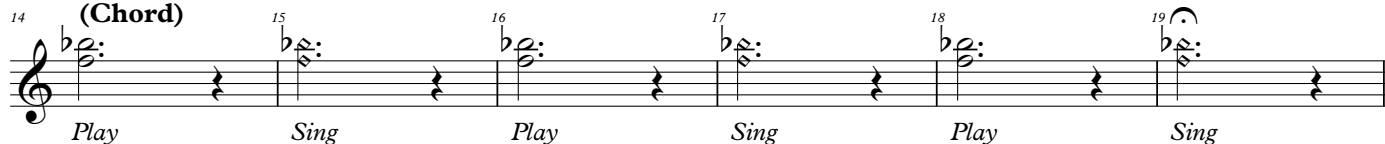
**Breathe and Sustain**  
(Play, Buzz, Sing, etc)



**Singing & Playing**  
(Concert F or other notes)



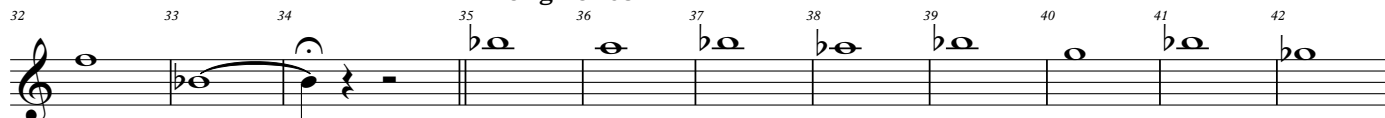
**Singing & Playing**  
(Chord)



**Long Tones 1**



**Long Tones 2**



**Long Tones 3**



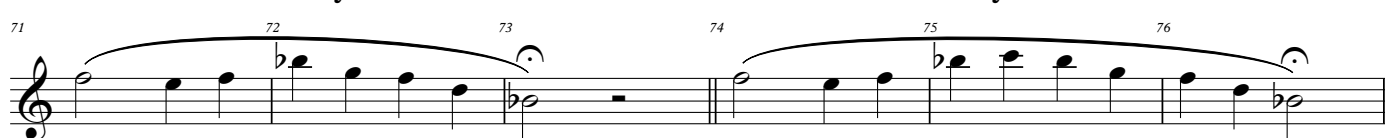
**Long Tones Chorale**



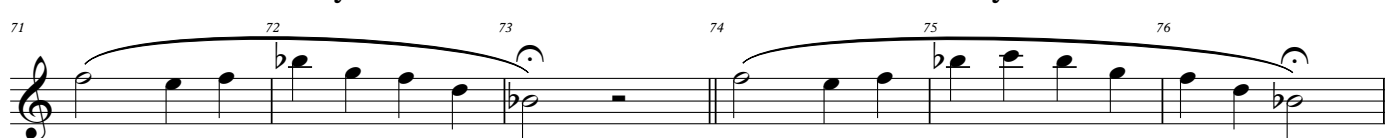
**Start and Release**



**Mini Air-Flow Study**



**Mini Air-Flow Study #2**



2 **Flexibility 1** Flute

77 78 79 80 81 82 83 84

85 86 87 88 89 90 91 92

**Flexibility 2**

93 94 95 96 97 98 99

100 101 102 103 104 105 106

107 108 109 110 111 112

**Flexibility 3**

113 114 115 116 117 118

119 120 121 122 123 124

**Dynamic Control**

125 126 127 128 129 130 131 132

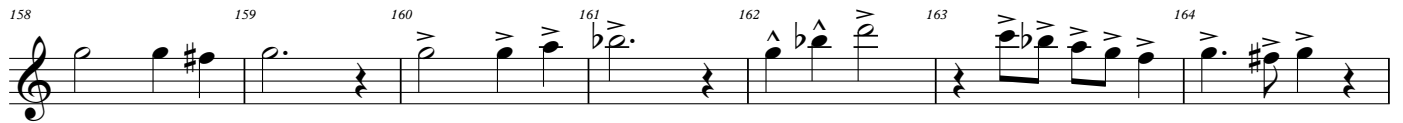
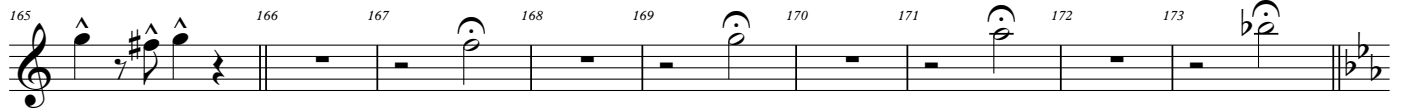
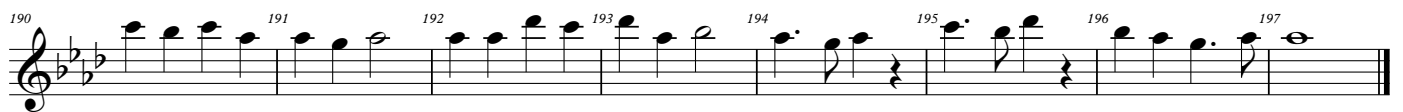
*mf* *mp* *p* *p* *mf* *mf* *f* *ff*

**Extended Range (individual)**

133 134 135 136 137 138 139 140 141

*ff* *p* *ff*

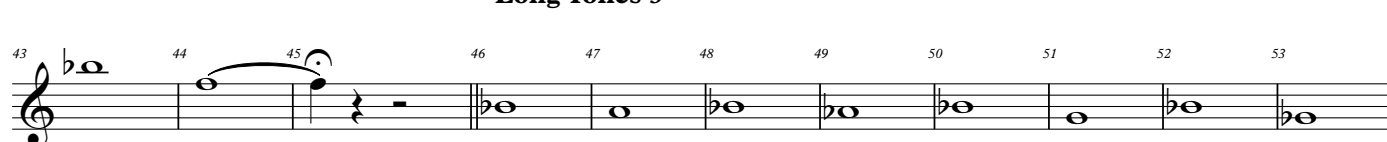
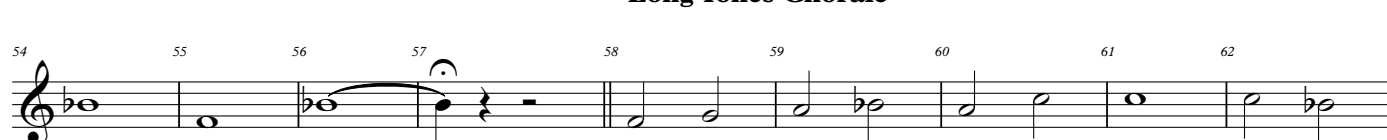
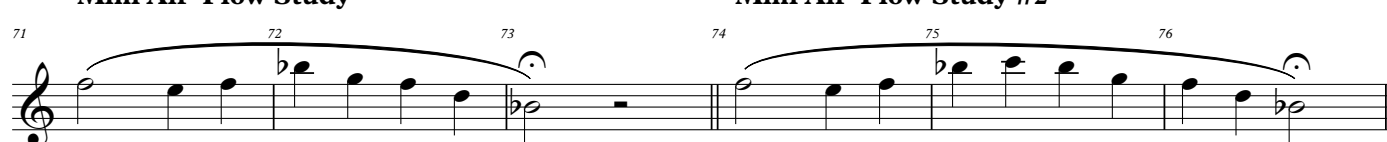
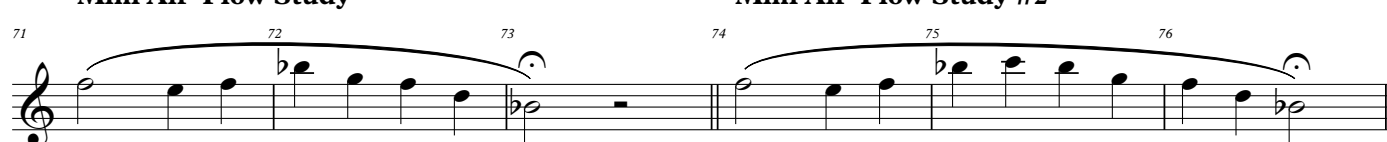


**Tenuto Practice****Staccato Practice****Accent Practice****Ensemble Tuning****Chorale in Eb****Chorale in F  
(d minor)****Chorale in Ab**

## Comprehensive Warm-Ups

Revision 2019

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**Breathe and Sustain  
(Play, Buzz, Sing, etc)****Singing & Playing  
(Concert F or other notes)****Singing & Playing  
(Chord)****Long Tones 1****Long Tones 2****Long Tones 3****Long Tones Chorale****Start and Release****Mini Air-Flow Study****Mini Air-Flow Study #2**

## 2 Flexibility 1

Oboe

77 78 79 80 81 82 83 84

85 86 87 88 89 90 91 92

## Flexibility 2

93 94 95 96 97 98 99

100 101 102 103 104 105 106

107 108 109 110 111 112

## Flexibility 3

113 114 115 116 117 118

119 120 121 122 123 124

## Dynamic Control

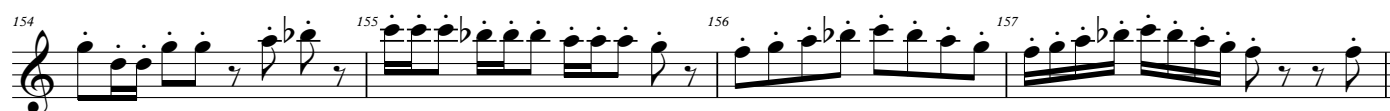
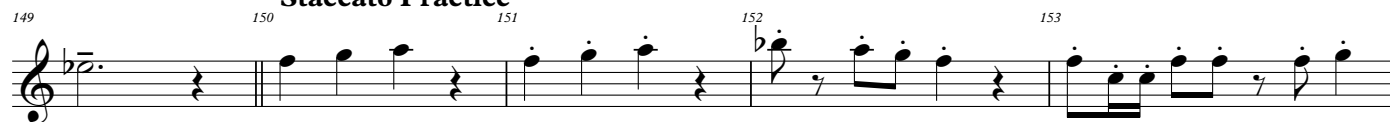
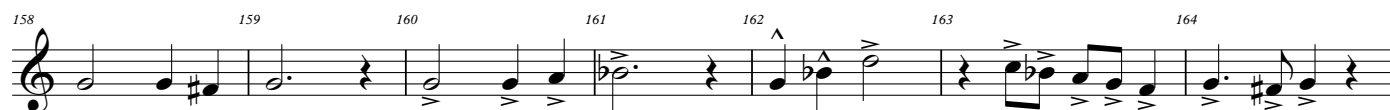
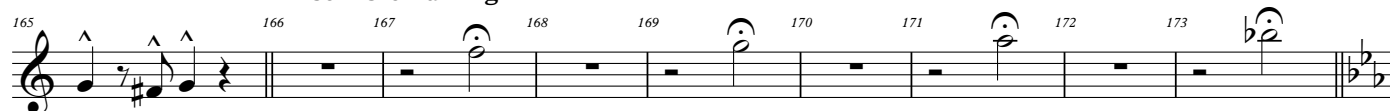
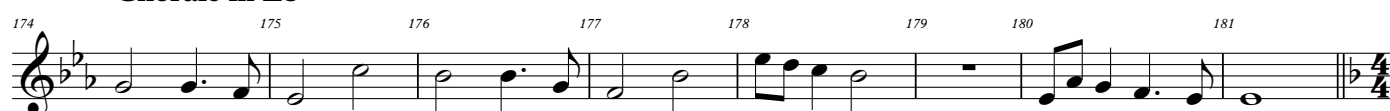
125 126 127 128 129 130 131 132

*mf* *mp* *p* *p* *mf* *mf* *f* *ff*

## Extended Range (individual)

133 134 135 136 137 138 139 140 141

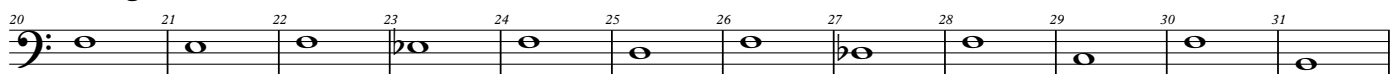
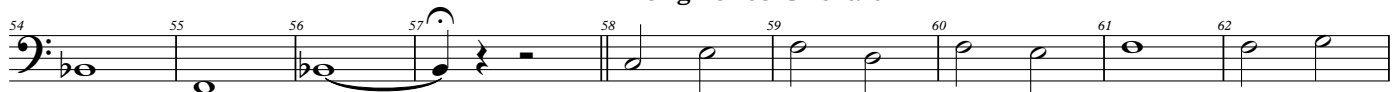
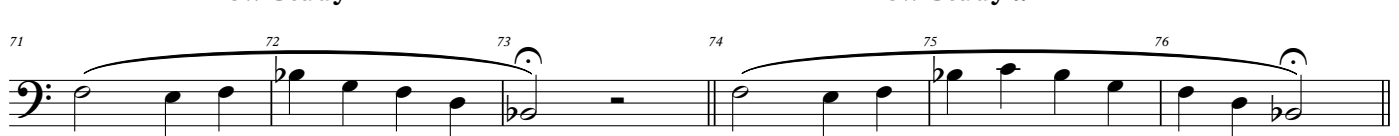
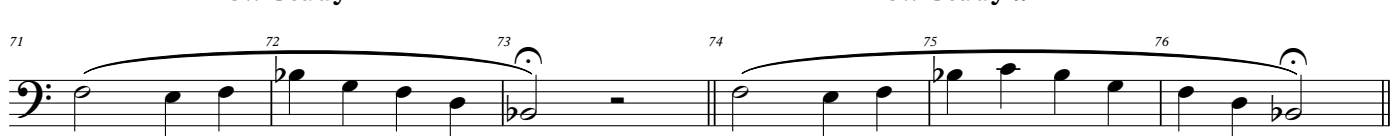
*ff* *p* *ff*

**Tenuto Practice****Staccato Practice****Accent Practice****Ensemble Tuning****Chorale in Eb****Chorale in F  
(d minor)****Chorale in Ab**

## Comprehensive Warm-Ups

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**Breathe and Sustain**  
(Play, Buzz, Sing, etc)**Singing & Playing**  
(Concert F or other notes)**Singing & Playing**  
(Chord)**Long Tones 1****Long Tones 2****Long Tones 3****Long Tones Chorus****Start and Release****Mini Air-Flow Study****Mini Air-Flow Study #2**

## 2 Flexibility 1

## Bassoon

77 78 79 80 81 82 83 84

85 86 87 88 89 90 91 92

## Flexibility 2

93 94 95 96 97 98 99

100 101 102 103 104 105 106

107 108 109 110 111 112

## Flexibility 3

113 114 115 116 117 118

119 120 121 122 123 124

## Dynamic Control

125 126 127 128 129 130 131 132 133

*mf* *mp* *p* *p* *mf* *mf* *f* *ff* *ff*

## Extended Range (individual)

134 135 136 137 138 139 140 141

*p* *ff*

**Tenuto Practice****Staccato Practice****Accent Practice****Ensemble Tuning****Chorale in Eb****Chorale in F  
(d minor)****Chorale in Ab**

## Comprehensive Warm-Ups

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**Breathe and Sustain**  
**(Play, Buzz, Sing, etc)**

take in air

**Singing & Playing**  
**(Concert F or other notes)**

*Play Sing Play Sing Play Sing*

**Singing & Playing**  
**(Chord)**

*Play Sing Play Sing Play Sing*

**Long Tones 1**
**Long Tones 2**
**Long Tones 3**
**Long Tones Chorale**
**Start and Release**
**Mini Air-Flow Study****Mini Air-Flow Study #2**



**Flexibility 1****Clarinet in B $\flat$  1**

77 78 79 80 81 82 83 84 85

86 87 88 89 90 91 92 93 94

**Flexibility 2**

95 96 97 98 99 100 101

102 103 104 105 106 107

108 109 110 111 112

**Flexibility 3**

113 114 115 116 117 118

119 120 121 122 123 124

**Dynamic Control**

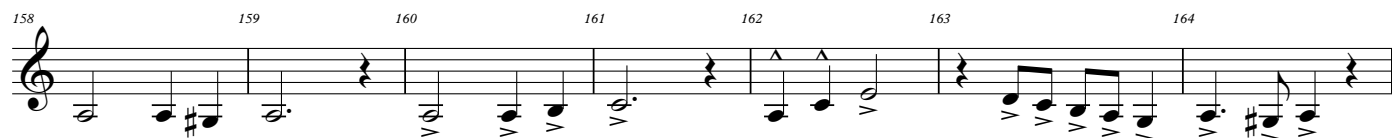
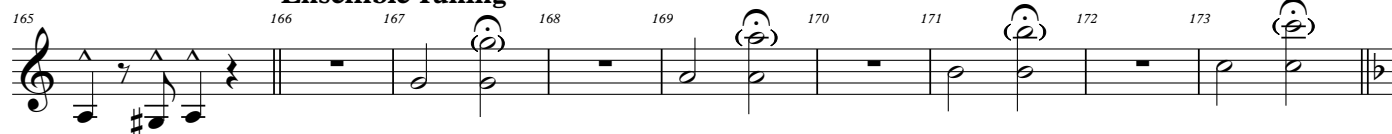
125 126 127 128 129 130 131 132 133

*mf* *mp* *p* *p* *mf* *mf* *f* *ff* *ff*

**Extended Range (individual)**

134 135 136 137 138 139 140 141

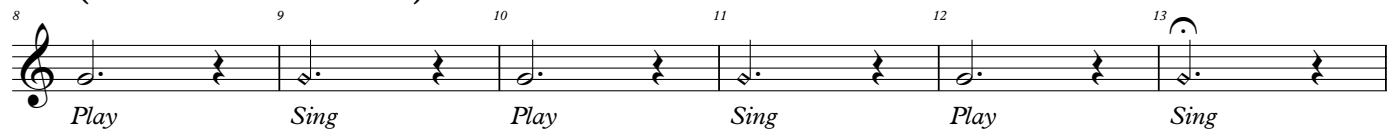
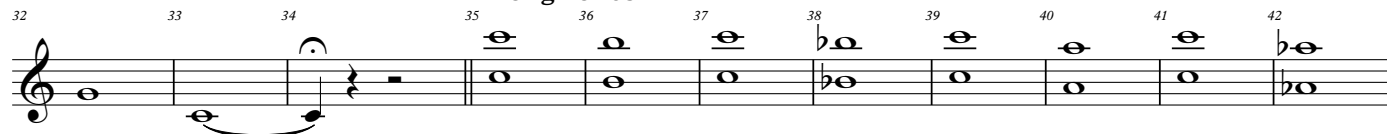
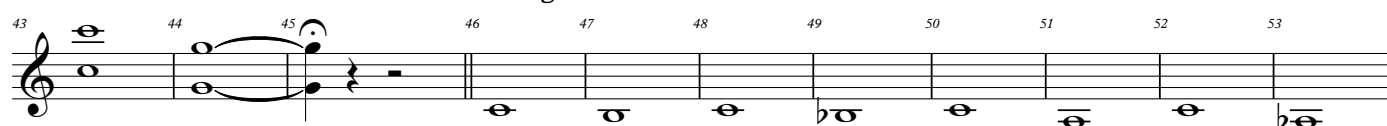
*p* *ff*

**Tenuto Practice****Staccato Practice****Accent Practice****Ensemble Tuning****Chorale in E $\flat$** **Chorale in F  
(d minor)****Chorale in A $\flat$** 

## Comprehensive Warm-Ups

Revision 2019

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**Breathe and Sustain**  
**(Play, Buzz, Sing, etc)****(Concert F or other notes)****Singing & Playing**  
**(Chord)****Long Tones 1****Long Tones 2****Long Tones 3****Long Tones Chorale****Start and Release****Mini Air-Flow Study****Mini Air-Flow Study #2**

## Flexibility 1

Clarinet in B $\flat$  2

77 78 79 80 81 82 83 84 85

86 87 88 89 90 91 92 93 94

## Flexibility 2

95 96 97 98 99 100 101

102 103 104 105 106 107

108 109 110 111 112

## Flexibility 3

113 114 115 116 117 118

119 120 121 122 123 124

## Dynamic Control

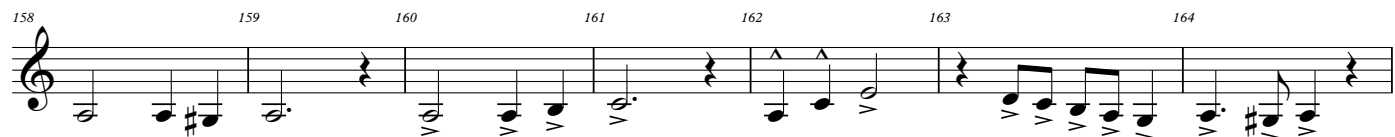
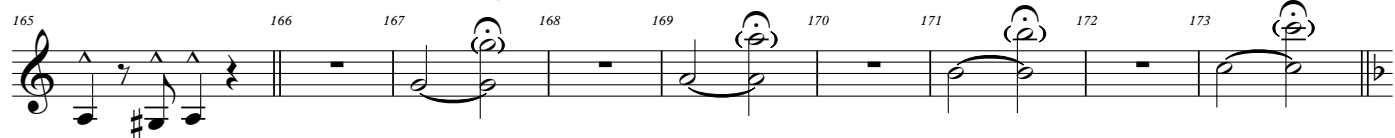
125 126 127 128 129 130 131 132 133

*mf* *mp* *p* *p* *mf* *mf* *f* *ff* *ff*

## Extended Range (individual)

134 135 136 137 138 139 140 141

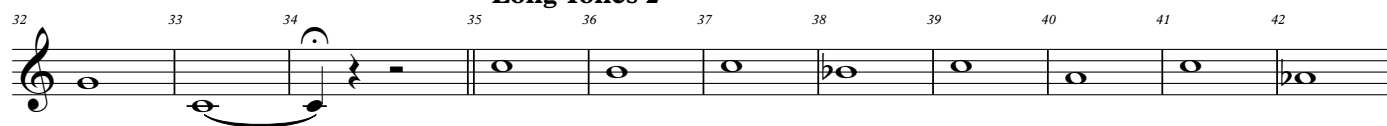
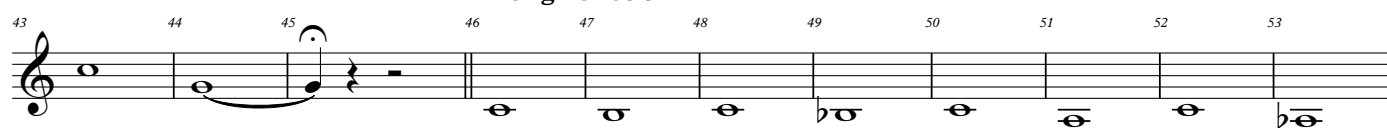
*p* *ff*

**Tenuto Practice****Staccato Practice****Accent Practice****Ensemble Tuning****Chorale in E $\flat$** **Chorale in F  
(d minor)****Chorale in A $\flat$** 

## Comprehensive Warm-Ups

Revision 2019

John McAllister

**Breathe and Sustain**  
(Play, Buzz, Sing, etc)**Singing & Playing**  
(Concert F or other notes)**Singing & Playing**  
(Chord)**Long Tones 1****Long Tones 2****Long Tones 3****Long Tones Chorale****Start and Release****Mini Air-Flow Study****Mini Air-Flow Study #2**

## Flexibility 1

Bass Clarinet in B $\flat$ 

Measures 77-94. This section contains two staves of music. The first staff covers measures 77-85, and the second staff covers measures 86-94. The music features long, sweeping melodic lines with various accidentals (sharps, flats, naturals) and rests, designed to test the player's flexibility and breath control.

## Flexibility 2

Measures 95-112. This section contains two staves of music. The first staff covers measures 95-101, and the second staff covers measures 102-107. The music continues with complex melodic patterns, including slurs and ties, emphasizing the player's ability to maintain a consistent tone and pitch while navigating difficult intervals.

## Flexibility 3

Measures 113-124. This section contains two staves of music. The first staff covers measures 113-118, and the second staff covers measures 119-124. The music features rapid, repetitive melodic patterns with many accidentals, designed to challenge the player's technical precision and endurance.

## Dynamic Control

Measures 125-135. This section contains two staves of music. The first staff covers measures 125-129, and the second staff covers measures 130-135. The music focuses on dynamic control, with specific markings for *mf* (mezzo-forte), *mp* (mezzo-piano), *p* (piano), and *ff* (fortissimo). The notation includes slurs and ties to indicate sustained dynamics across measures.

Bass Clarinet in B $\flat$ 

136 137 138 139 140 141

The musical notation for measures 136-141 of 'The Rose Tree' is as follows:

- Measure 136: Treble clef, one whole note G4.
- Measure 137: One whole note A4.
- Measure 138: One whole note B4.
- Measure 139: One whole note C5.
- Measure 140: One whole note D5.
- Measure 141: A whole rest.

142 143 144 145 146 147 148

The musical score for measures 142-148 of 'The Rose Tree' is written in treble clef with a key signature of one flat (B-flat). The melody consists of eighth and quarter notes, with some measures containing rests. A slur is placed over measures 146 and 147, indicating a phrase. The notes are as follows: 142: G4, A4, B4, A4; 143: G4, F4, E4, D4; 144: C4, B3, A3, G3; 145: F3, E3, D3, C3; 146: B2, A2, G2, F2; 147: E2, D2, C2, B1; 148: A1, G1, F1, E1.

Example 154 shows measures 154-157. Measure 154 contains a half note G4, a quarter note A4, and a quarter note B4. Measure 155 contains a half note C5, a quarter note D5, and a quarter note E5. Measure 156 contains a half note F5, a quarter note G5, and a quarter note A5. Measure 157 contains a half note B5, a quarter note C6, and a quarter note D6.

158 159 160 161 162 163 164

The musical score for measures 158-164 is written on a single staff with a treble clef. The key signature has one sharp (F#). The notes are as follows:

- Measure 158: G4 (quarter), F#4 (quarter), E5 (quarter), D5 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter).
- Measure 159: F#4 (quarter), E5 (quarter), D5 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F#4 (quarter).
- Measure 160: E5 (quarter), D5 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F#4 (quarter), E5 (quarter).
- Measure 161: D5 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F#4 (quarter), E5 (quarter), D5 (quarter).
- Measure 162: C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F#4 (quarter), E5 (quarter), D5 (quarter), C5 (quarter).
- Measure 163: B4 (quarter), A4 (quarter), G4 (quarter), F#4 (quarter), E5 (quarter), D5 (quarter), C5 (quarter), B4 (quarter).
- Measure 164: A4 (quarter), G4 (quarter), F#4 (quarter), E5 (quarter), D5 (quarter), C5 (quarter), B4 (quarter), A4 (quarter).

165 166 167 168 169 170 171 172 173

The musical score for 'The Rose Tree' is written on a single staff. It begins with a treble clef and a key signature of one sharp (F#). The melody starts at measure 165 with a quarter note G4, followed by an eighth rest, then a quarter note A4, and a quarter note B4. Measure 166 contains a quarter note C5, a quarter note D5, and a quarter note E5. Measure 167 features a half note F#5. Measure 168 has a half note G5. Measure 169 contains a half note A5. Measure 170 features a half note B5. Measure 171 has a half note C6. Measure 172 contains a half note D6. Measure 173 features a half note E6. The piece concludes with a double bar line and a final key signature change to one flat (Bb).

174 175 176 177 178 179 180 181

The musical score for measures 174-181 is written on a single staff in treble clef. The key signature has one sharp (F#). The melody consists of eighth and quarter notes, with some measures containing rests. Measure 179 features a double bar line and a repeat sign. The piece concludes in measure 181 with a double bar line and a sharp sign indicating the end of the key signature.

182 183 184 185 186 187 188 189

The musical score for measures 182-189 is written in treble clef with a key signature of one sharp (F#) and a 4/4 time signature. The notes are as follows:

- Measure 182: A4 (quarter), G4 (quarter), F#4 (quarter), E4 (quarter).
- Measure 183: D4 (quarter), C4 (quarter), B3 (quarter), A3 (quarter).
- Measure 184: G3 (quarter), F#3 (quarter), E3 (quarter), D3 (quarter).
- Measure 185: C3 (quarter), B2 (quarter), A2 (quarter), G2 (quarter).
- Measure 186: F#2 (quarter), E2 (quarter), D2 (quarter), C2 (quarter).
- Measure 187: B1 (quarter), A1 (quarter), G1 (quarter), F#1 (quarter).
- Measure 188: E1 (quarter), D1 (quarter), C1 (quarter), B0 (quarter).
- Measure 189: A0 (quarter), G0 (quarter), F#0 (quarter), E0 (quarter).

190 191 192 193 194 195 196 197

The musical score for the vocal line of 'The Rose Tree' is written on a single staff with a treble clef and a key signature of one flat (B-flat). The melody begins at measure 190 and ends at measure 197. The notes are as follows:

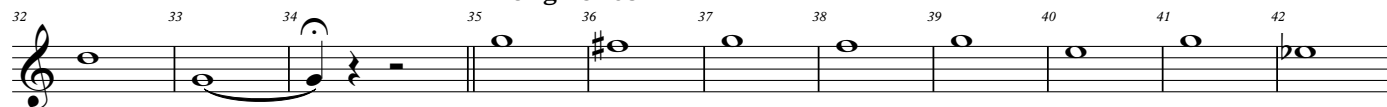
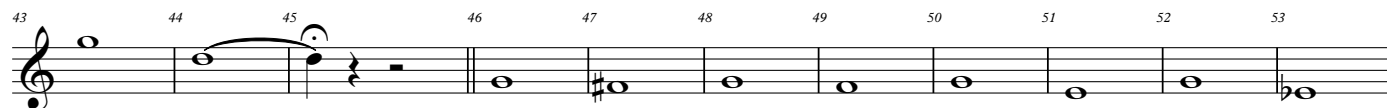
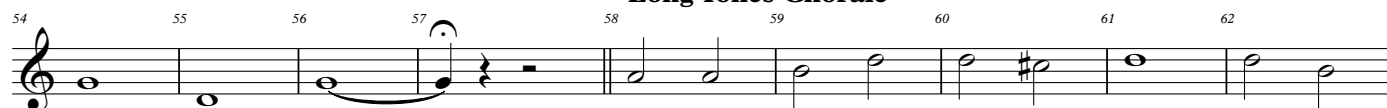
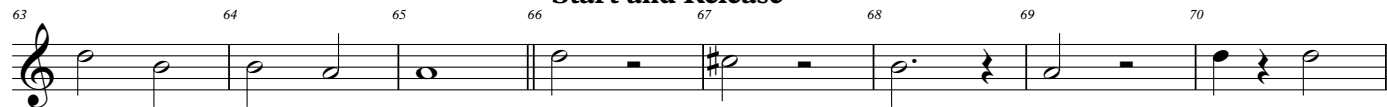
- 190: G4, A4, Bb4, A4, G4
- 191: F4, E4, D4, C4
- 192: Bb3, A3, G3, F3
- 193: E3, D3, C3, Bb2
- 194: A2, G2, F2, E2
- 195: D2, C2, Bb1, A1
- 196: G1, F1, E1, D1
- 197: C1, Bb0, A0, G0



## Comprehensive Warm-Ups

Revision 2019

John McAllister

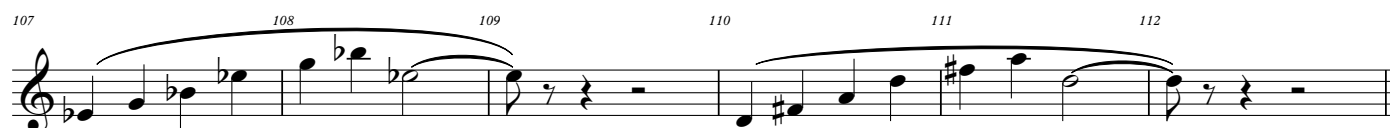
**Breathe and Sustain**  
(Play, Buzz, Sing, etc)**Singing & Playing**  
(Concert F or other notes)**Singing & Playing**  
(Chord)**Long Tones 1****Long Tones 2****Long Tones 3****Long Tones Chorale****Start and Release****Mini Air-Flow Study****Mini Air-Flow Study #2**

## Flexibility 1

## Alto Saxophone



## Flexibility 2



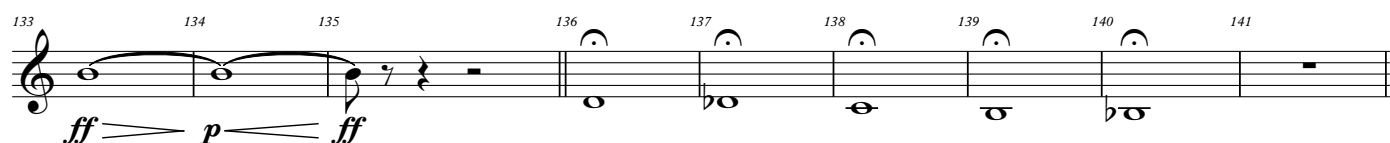
## Flexibility 3



## Dynamic Control



## Extended Range (individual)



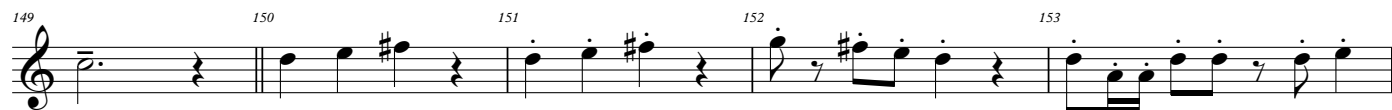
## Tenuto Practice

## Alto Saxophone

3



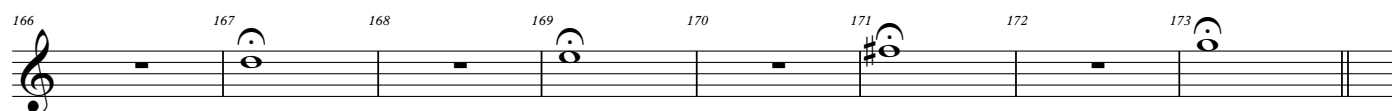
## Staccato Practice



## Accent Practice



## Ensemble Tuning



## Chorale in Eb



## Chorale in F (d minor)



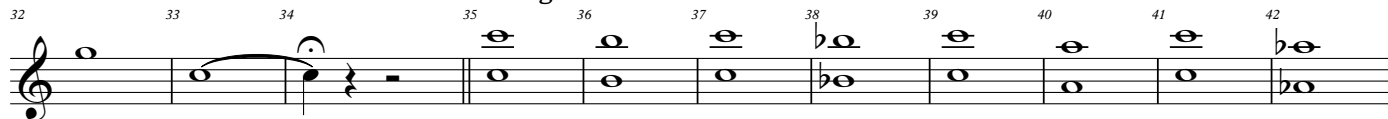
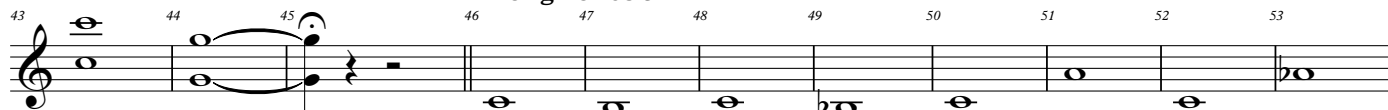
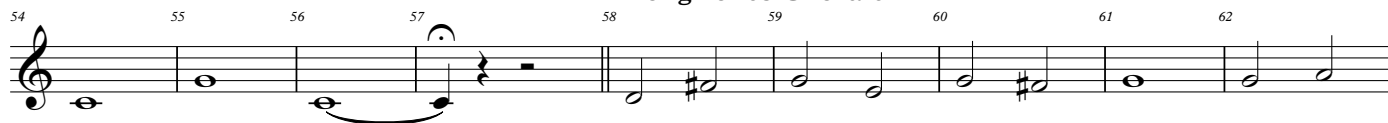
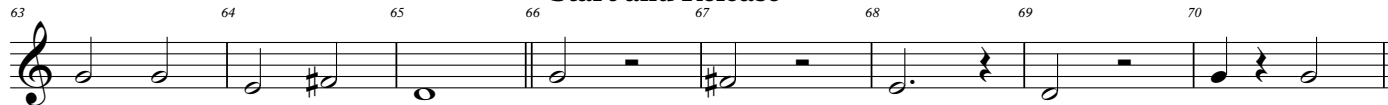
## Chorale in Ab



## Comprehensive Warm-Ups

Revision 2019

John McAllister

**Breathe and Sustain**  
(Play, Buzz, Sing, etc)**Singing & Playing**  
(Concert F or other notes)**Singing & Playing**  
(Chord)**Long Tones 1****Long Tones 2****Long Tones 3****Long Tones Chorale****Start and Release****Mini Air-Flow Study****Mini Air-Flow Study #2**

2

## Flexibility 1

## Tenor Saxophone



## Flexibility 2



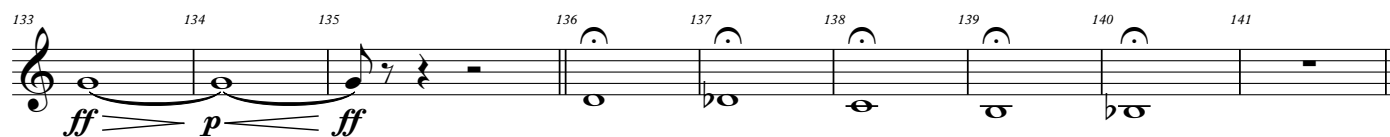
## Flexibility 3



## Dynamic Control



## Extended Range (individual)



# Tenor Saxophone

3

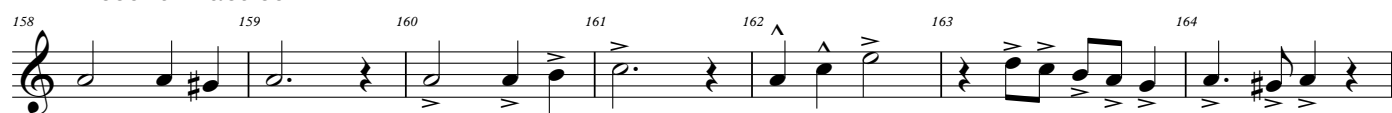
## Tenuto Practice



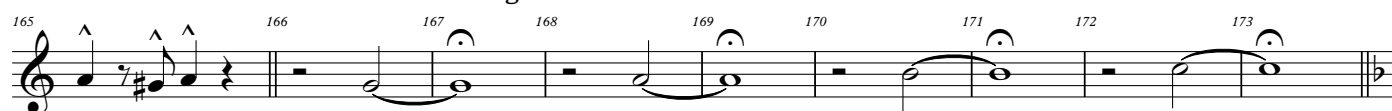
## Staccato Practice



## Accent Practice



## Ensemble Tuning



## Chorale in Eb



## Chorale in F (d minor)



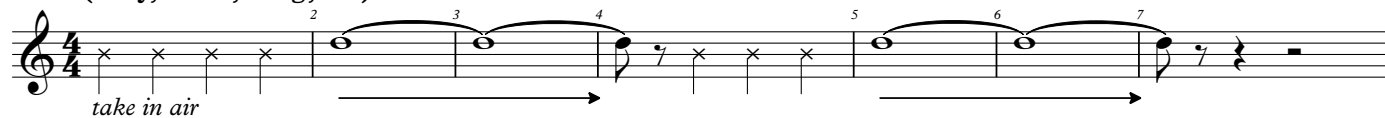
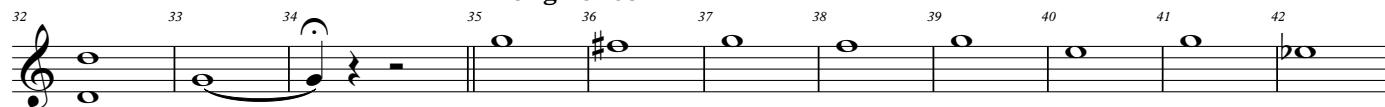
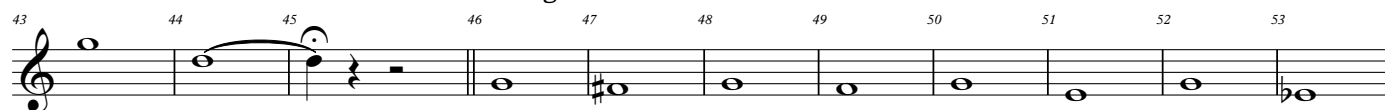
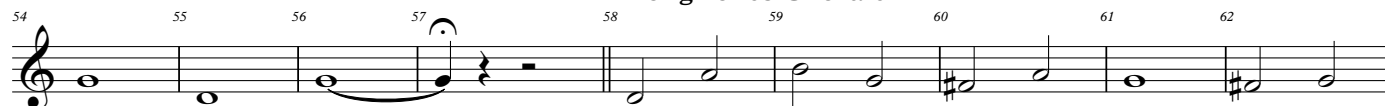
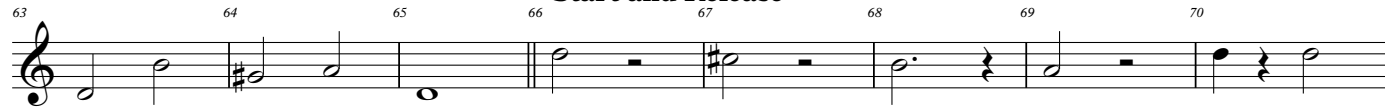
## Chorale in Ab



## Comprehensive Warm-Ups

Revision 2019

John McAllister

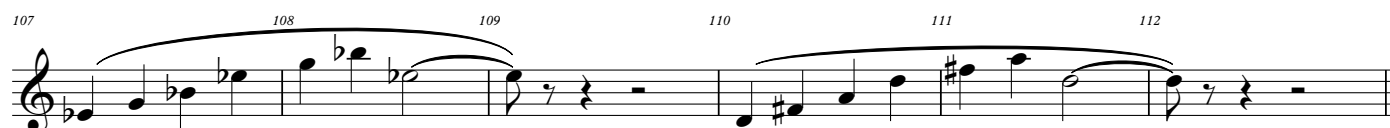
**Breathe and Sustain**  
(Play, Buzz, Sing, etc)**Singing & Playing**  
(Concert F or other notes)**Singing & Playing**  
(Chord)**Long Tones 1****Long Tones 2****Long Tones 3****Long Tones Chorale****Start and Release****Mini Air-Flow Study****Mini Air-Flow Study #2**

## Baritone Saxophone

## Flexibility 1



## Flexibility 2



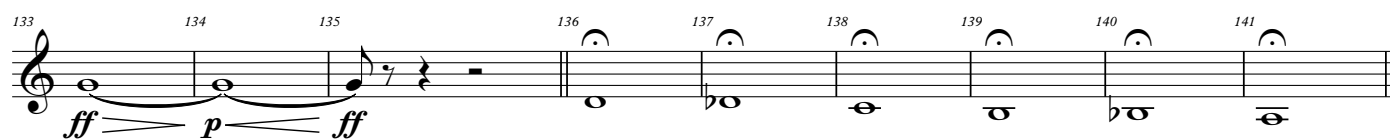
## Flexibility 3



## Dynamic Control



## Extended Range (individual)





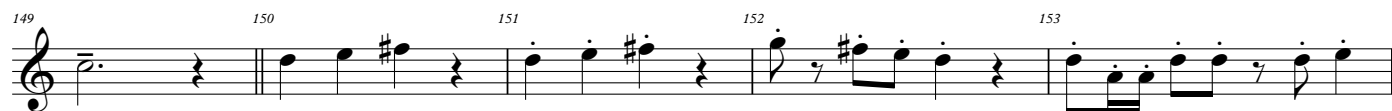
## Tenuto Practice

## Baritone Saxophone

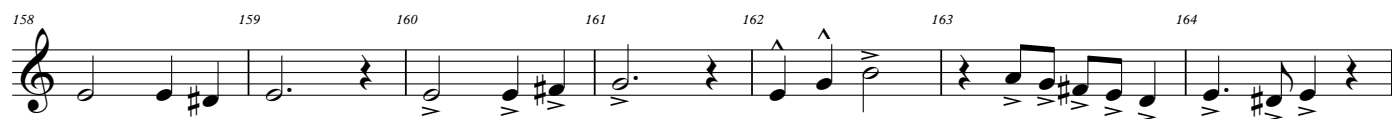
3



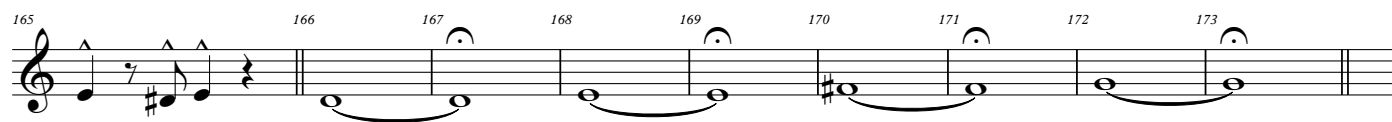
## Staccato Practice



## Accent Practice



## Ensemble Tuning



## Chorale in Eb



## Chorale in F (d minor)



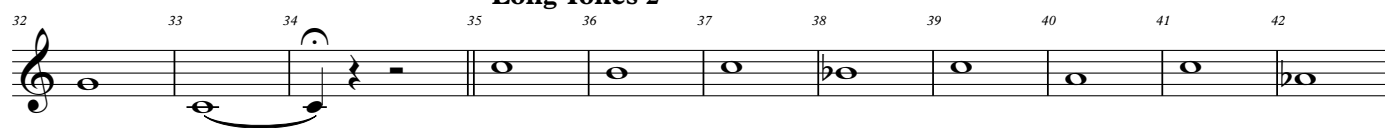
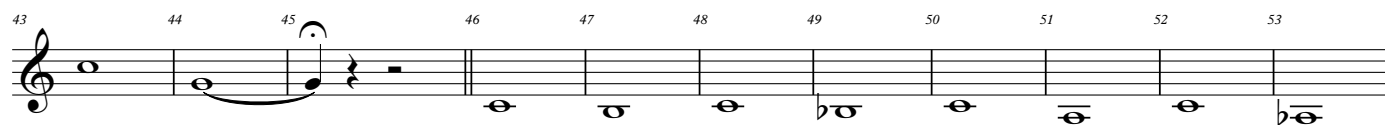
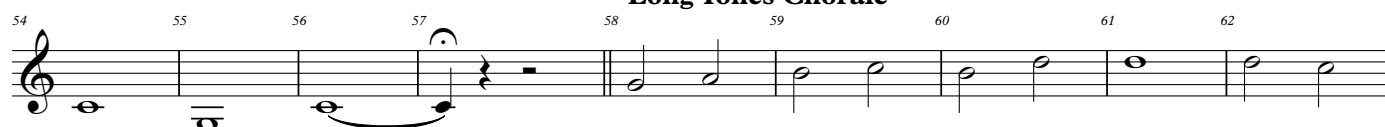
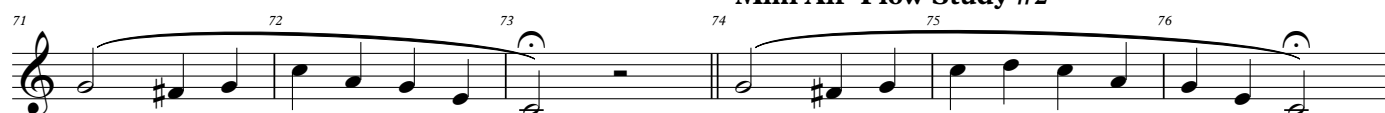
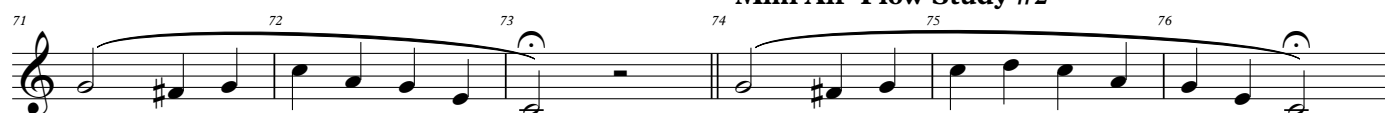
## Chorale in Ab



## Comprehensive Warm-Ups

Revision 2019

John McAllister

**Breathe and Sustain**  
(Play, Buzz, Sing, etc)**Singing & Playing**  
(Concert F or other notes)**Singing & Playing**  
(Chord)**Long Tones 1****Long Tones 2****Long Tones 3****Long Tones Chorale****Start and Release****Mini Air-Flow Study****Mini Air-Flow Study #2**

## Flexibility 1

Trumpet in B $\flat$  1

77 78 79 80 81 82 83

84 85 86 87 88 89

90 91 92 93 94

## Flexibility 2

95 96 97 98 99 100 101

102 103 104 105 106 107

108 109 110 111 112

## Flexibility 3

113 114 115 116 117 118

119 120 121 122 123 124

## Dynamic Control

125 126 127 128 129 130 131 132 133 134

*mf mp p p < mf mf f ff ff > p <*

Extended Range (individual)

135 136 137 138 139 140 141

*ff*

### Tenuto Practice

Trumpet in B $\flat$  1

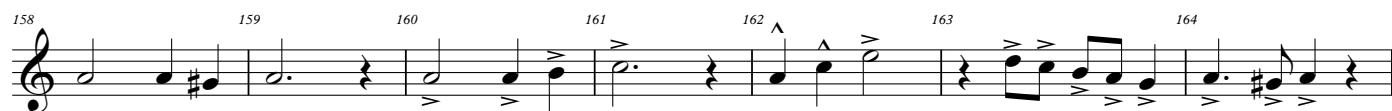
3



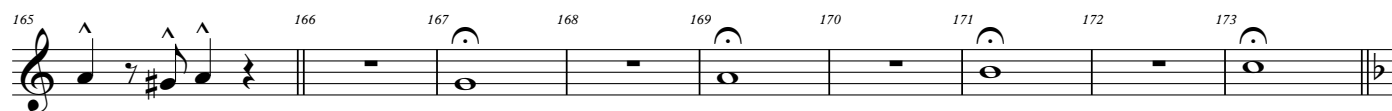
### Staccato Practice



### Accent Practice



### Ensemble Tuning



### Chorale in E $\flat$



### Chorale in F (d minor)



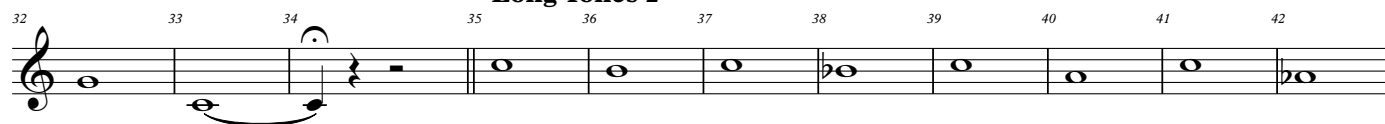
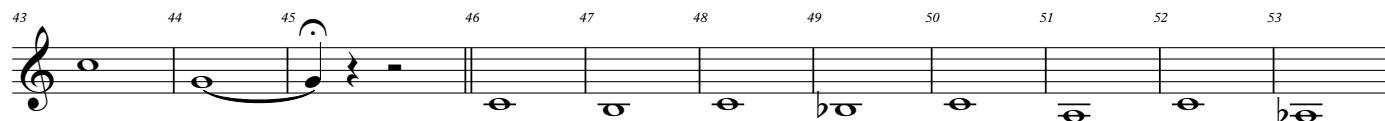
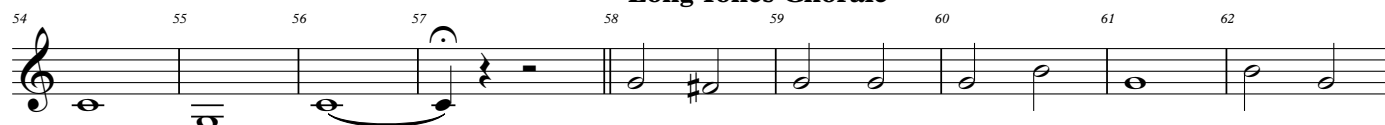
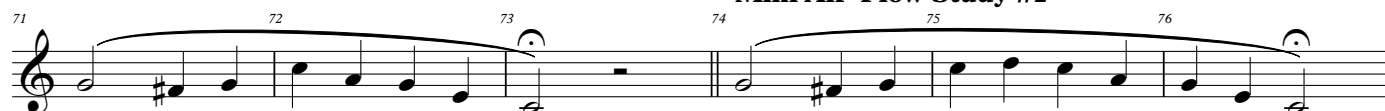
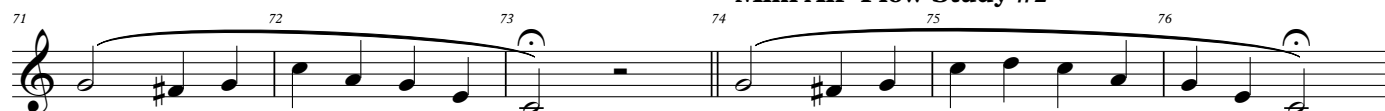
### Chorale in A $\flat$



## Comprehensive Warm-Ups

Revision 2019

John McAllister

**Breathe and Sustain**  
(Play, Buzz, Sing, etc)**Singing & Playing**  
(Concert F or other notes)**Singing & Playing**  
(Chord)**Long Tones 1****Long Tones 2****Long Tones 3****Long Tones Chorale****Start and Release****Mini Air-Flow Study****Mini Air-Flow Study #2**

Trumpet in B $\flat$  2

## Flexibility 1

77 78 79 80 81 82 83

84 85 86 87 88 89

90 91 92 93 94

## Flexibility 2

95 96 97 98 99 100 101

102 103 104 105 106 107

108 109 110 111 112

## Flexibility 3

113 114 115 116 117 118

119 120 121 122 123 124

## Dynamic Control

125 126 127 128 129 130 131 132 133 134

*mf* *mp* *p* *p* *mf* *mf* *f* *ff* *ff* *p*

Extended Range (individual)

135 136 137 138 139 140 141

*ff*

## Tenuto Practice

Trumpet in B $\flat$  2

3



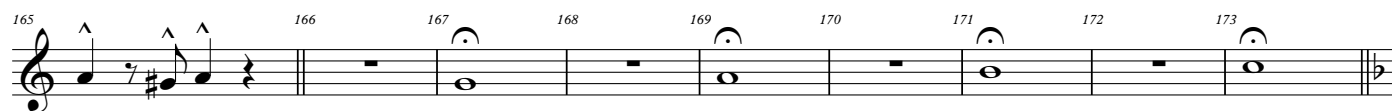
## Staccato Practice



## Accent Practice



## Ensemble Tuning



## Chorale in E $\flat$



## Chorale in F (d minor)



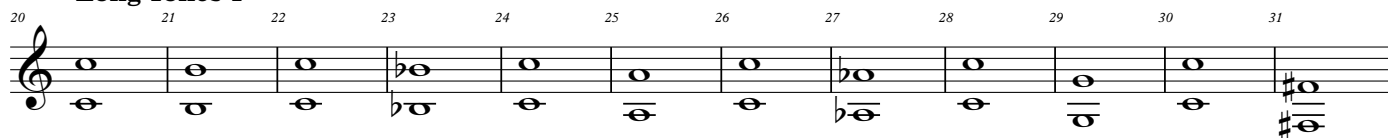
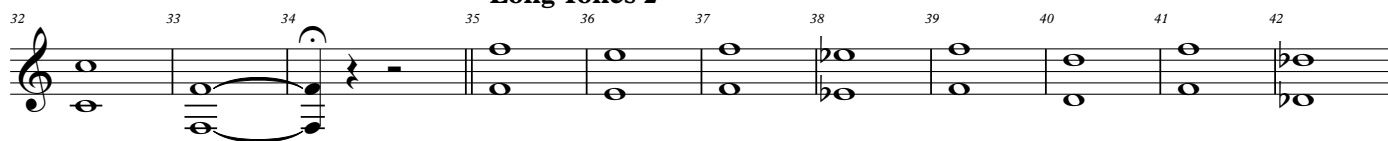
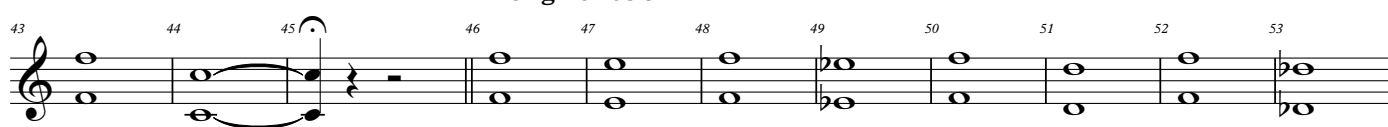
## Chorale in A $\flat$



## Comprehensive Warm-Ups

Revision 2019

John McAllister

**Breathe and Sustain**  
(Play, Buzz, Sing, etc)**Singing & Playing**  
(Concert F or other notes)**Singing & Playing**  
(Chord)**Long Tones 1****Long Tones 2****Long Tones 3****Long Tones Chorale****Start and Release****Mini Air-Flow Study****Mini Air-Flow Study #2**



## Flexibility 1

## Horn in F

77 78 79 80 81 82 83

84 85 86 87 88 89

90 91 92 93 94

## Flexibility 2

95 96 97 98 99 100 101

102 103 104 105 106 107

108 109 110 111 112

## Flexibility 3

113 114 115 116 117 118

119 120 121 122 123 124

## Dynamic Control

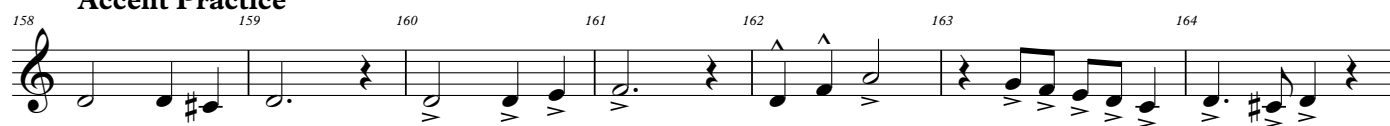
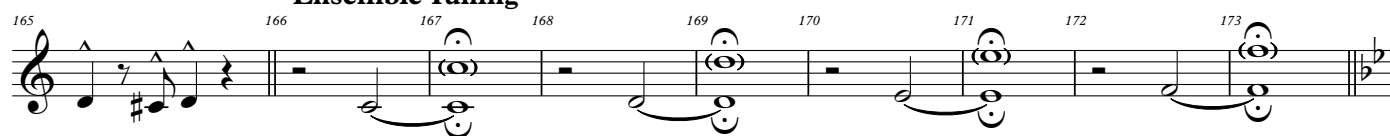
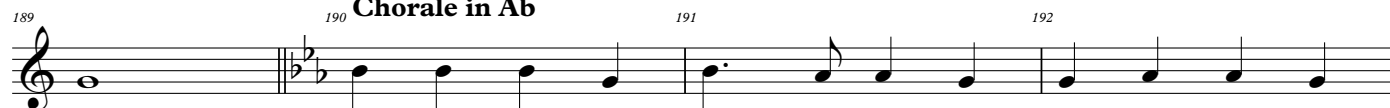
125 126 127 128 129 130 131 132 133 134

*mf* *mp* *p* *p* *mf* *mf* *f* *ff* *ff* *p*

Extended Range (individual)

135 136 137 138 139 140 141

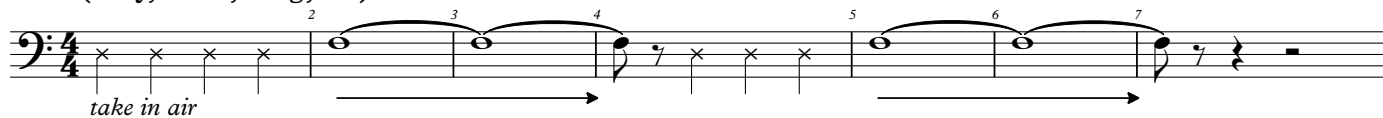
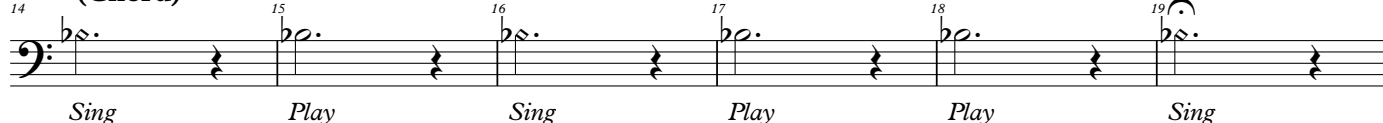
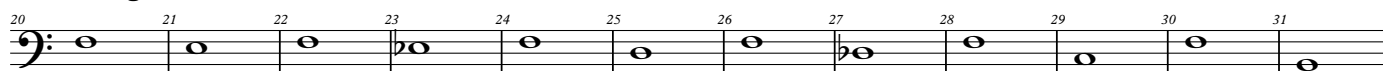
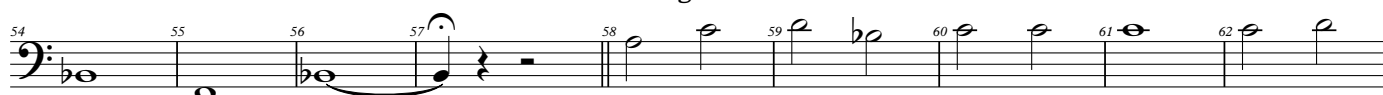
*ff*

**Tenuto Practice****Staccato Practice****Accent Practice****Ensemble Tuning****Chorale in Eb****Chorale in F  
(d minor)****Chorale in Ab**

## Comprehensive Warm-Ups

Revision 2019

John McAllister

**Breathe and Sustain**  
(Play, Buzz, Sing, etc)**Singing & Playing**  
(Concert F or other notes)**Singing & Playing**  
(Chord)**Long Tones 1****Long Tones 2****Long Tones 3****Long Tones Chorus****Start and Release****Mini Air-Flow Study****Mini Air-Flow Study #2**

## Trombone 1

## Flexibility 1

77 78 79 80 81 82 83

84 85 86 87 88 89

90 91 92 93 94

## Flexibility 2

95 96 97 98 99 100 101

102 103 104 105 106 107

108 109 110 111 112

## Flexibility 3

113 114 115 116 117 118

119 120 121 122 123 124

## Dynamic Control

125 126 127 128 129 130 131 132 133 134

*mf* *mp* *p* *p* *mf* *mf* *f* *ff* *ff* *p*

Extended Range (individual)

135 136 137 138 139 140 141

*ff*

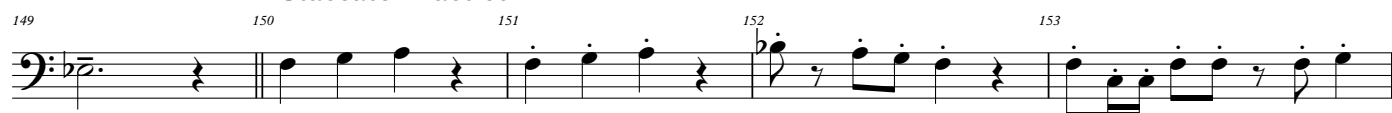
## Tenuto Practice

## Trombone 1

3



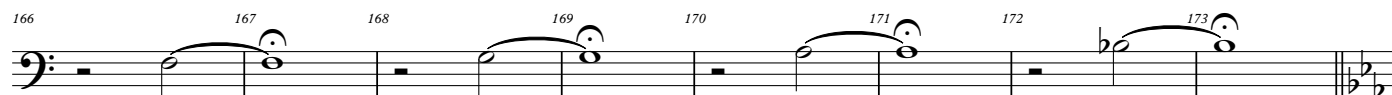
## Staccato Practice



## Accent Practice



## Ensemble Tuning



## Chorale in Eb



## Chorale in F (d minor)



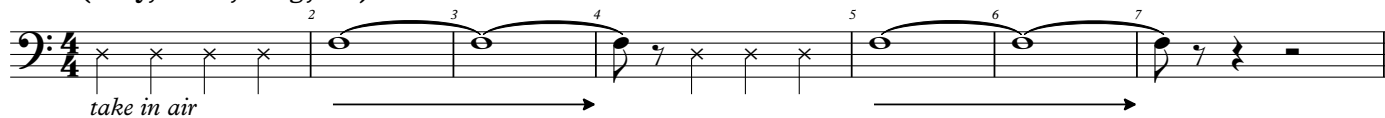
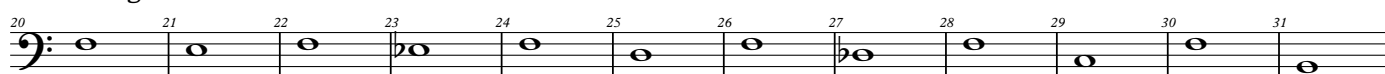
## Chorale in Ab



## Comprehensive Warm-Ups

Revision 2019

John McAllister

**Breathe and Sustain**  
(Play, Buzz, Sing, etc)**Singing & Playing**  
(Concert F or other notes)**Singing & Playing**  
(Chord)**Long Tones 1****Long Tones 2****Long Tones 3****Long Tones Chorale****Start and Release****Mini Air-Flow Study****Mini Air-Flow Study #2**

## Trombone 2

## Flexibility 1

77 78 79 80 81 82 83

84 85 86 87 88 89

90 91 92 93 94

## Flexibility 2

95 96 97 98 99 100 101

102 103 104 105 106 107

108 109 110 111 112

## Flexibility 3

113 114 115 116 117 118

119 120 121 122 123 124

## Dynamic Control

125 126 127 128 129 130 131 132 133 134

*mf* *mp* *p* *Extended Range* *p* *mf* *mf* *f* *ff* *ff* *p*

135 136 137 138 139 140 141

## Tenuto Practice

## Trombone 2

3



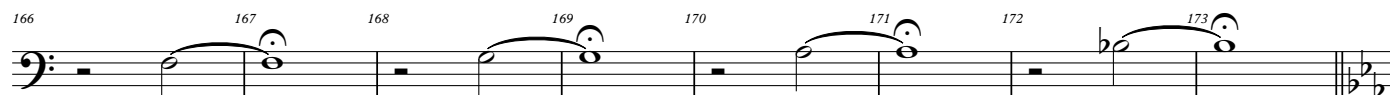
## Staccato Practice



## Accent Practice



## Ensemble Tuning



## Chorale in Eb



## Chorale in F (d minor)



## Chorale in Ab

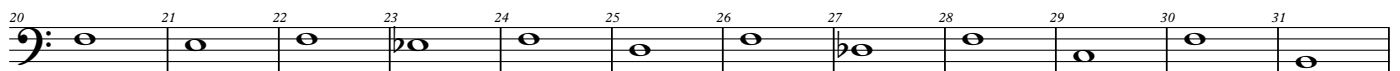
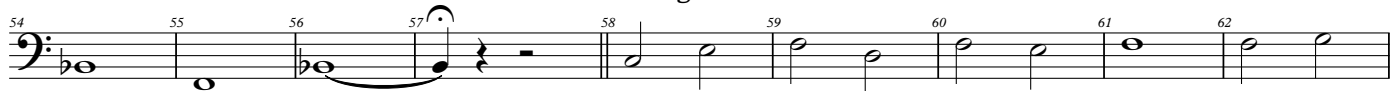
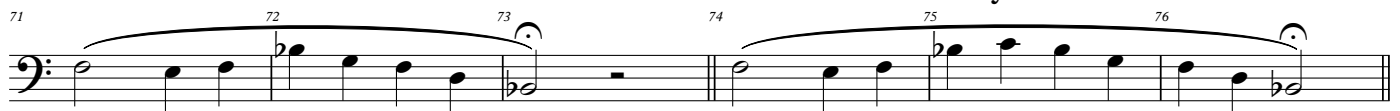




## Comprehensive Warm-Ups

Revision 2019

John McAllister

**Breathe and Sustain  
(Play, Buzz, Sing, etc)****Singing & Playing  
(Concert F or other notes)****Singing & Playing  
(Chord)****Long Tones 1****Long Tones 2****Long Tones 3****Long Tones Chorale****Start and Release****Mini Air-Flow Study****Mini Air-Flow Study #2**

## Euphonium

## Flexibility 1

77 78 79 80 81 82 83

84 85 86 87 88 89

90 91 92 93 94

## Flexibility 2

95 96 97 98 99 100 101

102 103 104 105 106 107

108 109 110 111 112

## Flexibility 3

113 114 115 116 117 118

119 120 121 122 123 124

## Dynamic Control

125 126 127 128 129 130 131 132 133 134

*mf* *mp* *p* *Extended Range* (*individual*) *mf* *f* *ff* *ff* *p*

135 136 137 138 139 140 141

*ff*

## Tenuto Practice

## Euphonium

3



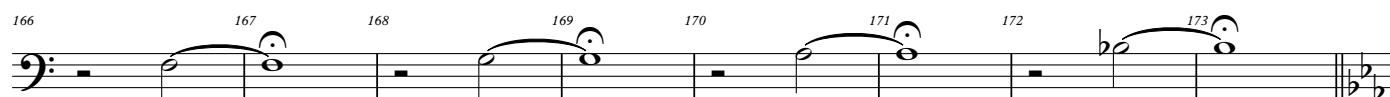
## Staccato Practice



## Accent Practice



## Ensemble Tuning



## Chorale in Eb



## Chorale in F (d minor)



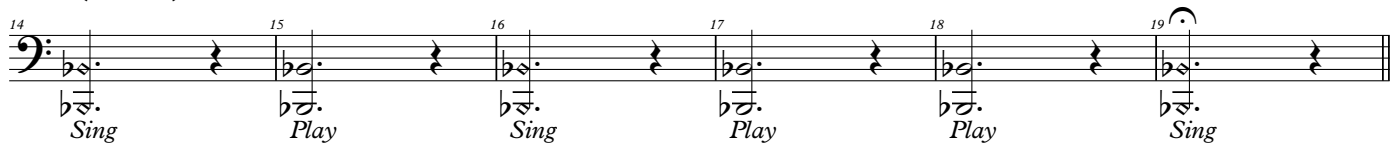
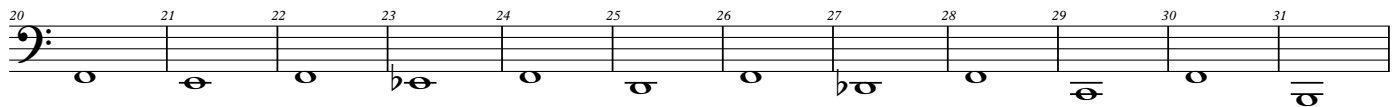
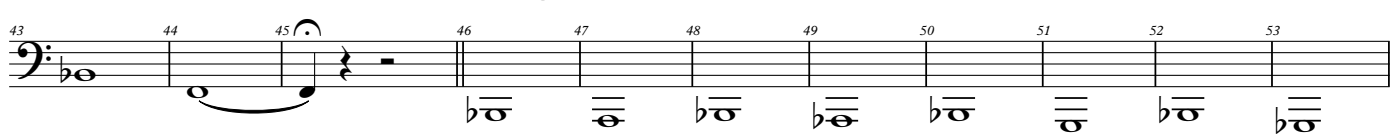
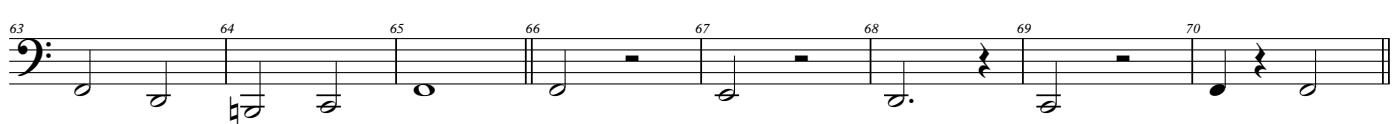
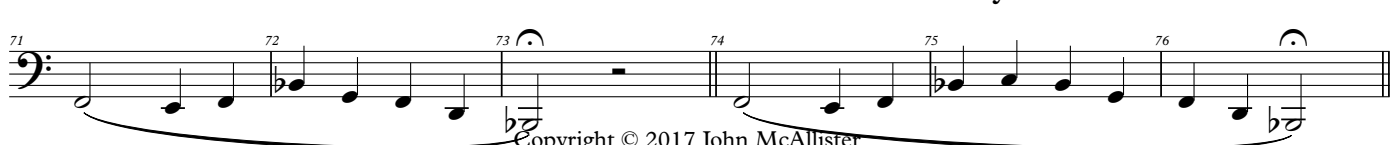
## Chorale in Ab



## Comprehensive Warm-Ups

Revision 2019

John McAllister

**Breathe and Sustain**  
(Play, Buzz, Sing, etc)**Singing & Playing**  
(Concert F or other notes)**Singing & Playing**  
(Chord)**Long Tones 1****Long Tones 2****Long Tones 3****Long Tones Chorale****Start and Release****Mini Air-Flow Study****Mini Air-Flow Study #2**

## Flexibility 1

Measures 77-94. This section consists of three staves of music in bass clef with a key signature of two flats. The notes are: 77 (Bb), 78 (Ab), 79 (G), 80 (F), 81 (E), 82 (D), 83 (C), 84 (Bb), 85 (Ab), 86 (G), 87 (F), 88 (E), 89 (D), 90 (C), 91 (Bb), 92 (Ab), 93 (G), 94 (F). The notes are grouped into pairs with slurs and ties, and there are rests between measures 79-80, 83-84, 87-88, and 91-92.

## Flexibility 2

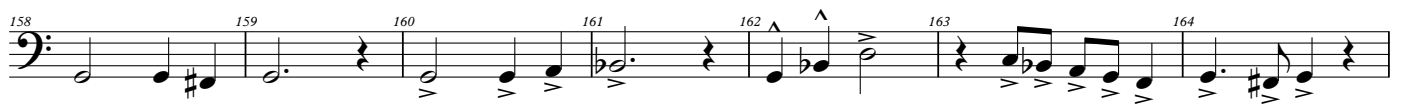
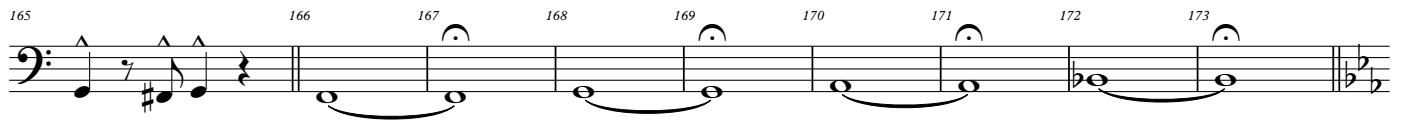
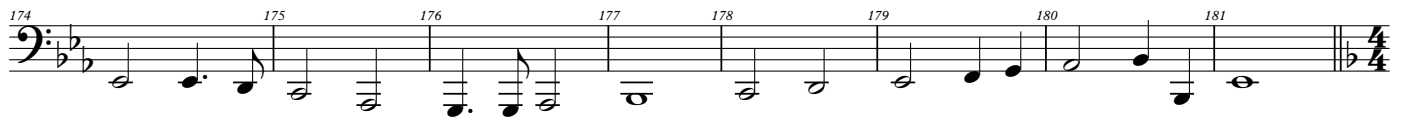
Measures 95-112. This section consists of two staves of music in bass clef with a key signature of two flats. The notes are: 95 (Bb), 96 (Ab), 97 (G), 98 (F), 99 (E), 100 (D), 101 (C), 102 (Bb), 103 (Ab), 104 (G), 105 (F), 106 (E), 107 (D), 108 (C), 109 (Bb), 110 (Ab), 111 (G), 112 (F). The notes are grouped into pairs with slurs and ties, and there are rests between measures 97-98, 101-102, 105-106, and 109-110.

## Flexibility 3

Measures 113-124. This section consists of two staves of music in bass clef with a key signature of two flats. The notes are: 113 (Bb), 114 (Ab), 115 (G), 116 (F), 117 (E), 118 (D), 119 (C), 120 (Bb), 121 (Ab), 122 (G), 123 (F), 124 (E). The notes are grouped into pairs with slurs and ties, and there are rests between measures 115-116, 119-120, and 123-124.

## Dynamic Control

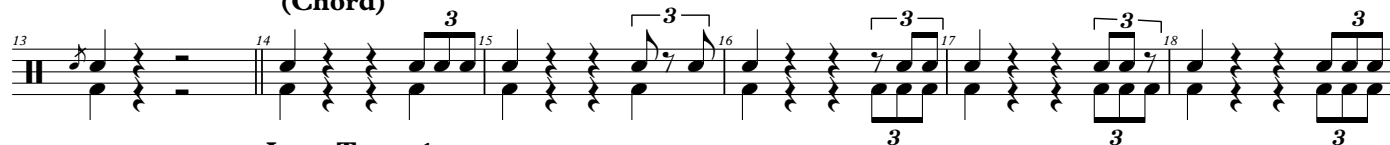
Measures 125-141. This section consists of two staves of music in bass clef with a key signature of two flats. The notes are: 125 (Bb), 126 (Ab), 127 (G), 128 (F), 129 (E), 130 (D), 131 (C), 132 (Bb), 133 (Ab), 134 (G), 135 (F), 136 (E), 137 (D), 138 (C), 139 (Bb), 140 (Ab), 141 (G). The notes are grouped into pairs with slurs and ties, and there are rests between measures 125-126, 127-128, 129-130, 131-132, 133-134, and 135-136. Dynamic markings are: *mf* (125), *mp* (126), *Extended Range (individual)* (127-128), *mf* (130), *f* (131), *ff* (132), *ff > p <* (133-134), and *ff* (135).

**Tenuto Practice****Staccato Practice****Accent Practice****Ensemble Tuning****Chorale in Eb****Chorale in F  
(d minor)****Chorale in Ab**

## Comprehensive Warm-Ups

Revision 2019

John McAllister

**Breathe and Sustain**  
(Play, Buzz, Sing, etc)**Singing & Playing**  
(Concert F or other notes)**Singing & Playing**  
(Chord)**Long Tones 1****Long Tones 2****Long Tones 3****Long Tones Chordale**

## Snare/Bass/Aux

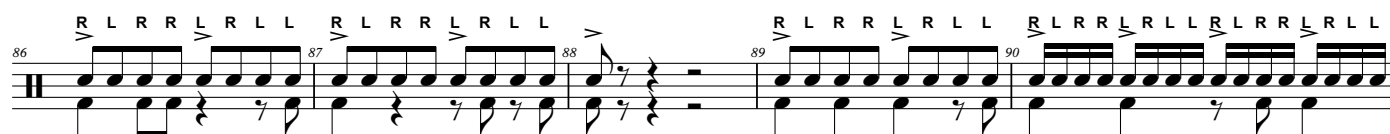
## Start and Release



## Mini Air-Flow Study

## Flexibility 1

## Mini Air-Flow Study #2



## Flexibility 2

## Flam Taps



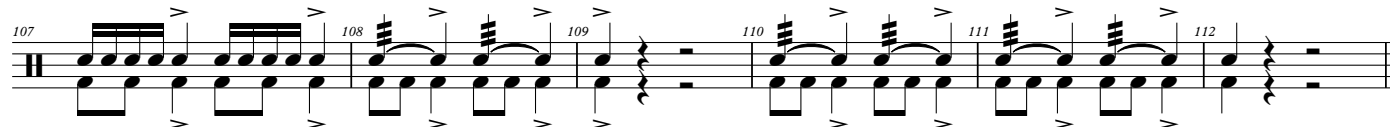
## 5 stroke roll

## 5 stroke roll



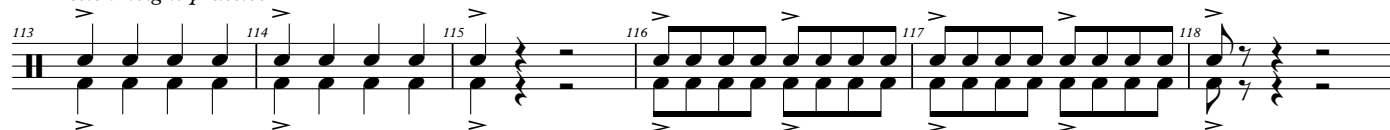
## 9 stroke roll

## 9 stroke roll



## Flexibility 3

## stick height practice





**Dynamic Control**

Musical notation for Dynamic Control exercise, measures 125-135. The exercise is written for Snare/Bass/Aux. It features a series of eighth notes with dynamic markings: *mf* (125), *mp* (126), *p* (127), *p* (128), *mf* (129), and *mf* (130). Measures 131-135 show a crescendo from *f* to *ff* (133) and a decrescendo from *ff* to *p* (134), ending with *ff* (135).

**Extended Range (individual)****Tenuto Practice**

Musical notation for Tenuto Practice exercise, measures 136-149. The exercise is written for Snare/Bass/Aux. It features a series of eighth notes with tenuto marks. Measure 136 is marked with a large '6'. Measures 142-149 show a series of eighth notes with tenuto marks, including a measure with a sharp sign (143).

**Staccato Practice**

Musical notation for Staccato Practice exercise, measures 150-157. The exercise is written for Snare/Bass/Aux. It features a series of eighth notes with staccato marks. Measures 150-157 show a series of eighth notes with staccato marks, including a measure with a sharp sign (151).

**Accent Practice**

Musical notation for Accent Practice exercise, measures 158-165. The exercise is written for Snare/Bass/Aux. It features a series of eighth notes with accent marks. Measures 158-165 show a series of eighth notes with accent marks, including a measure with a sharp sign (159).

**Ensemble Tuning**

Musical notation for Ensemble Tuning exercise, measures 166-167. The exercise is written for Snare/Bass/Aux. It features a series of eighth notes with a sharp sign (166) and a measure with a sharp sign (167).

**Chorale in Eb***snare off, or play on tom*

Snare/Bass/Aux

Measures 174-181 of the Chorale in Eb. The notation is for Snare/Bass/Aux. Measures 174-176 show a continuous eighth-note pattern with accents. Measures 177-178 show a similar pattern. Measures 179-181 show a pattern of eighth notes and quarter notes, ending with a double bar line and a 4/4 time signature.

**Chorale in F  
(d minor)**

Measures 182-189 of the Chorale in F (d minor). The notation is for Snare/Bass/Aux. Measures 182-183 show a pattern of eighth notes and quarter notes. Measures 184-185 show a pattern of eighth notes and quarter notes. Measures 186-187 show a pattern of eighth notes and quarter notes. Measures 188-189 show a pattern of eighth notes and quarter notes, ending with a double bar line.

**Chorale in Ab***snare off, or play on tom*

Measures 190-197 of the Chorale in Ab. The notation is for Snare/Bass/Aux. Measures 190-191 show a pattern of eighth notes and quarter notes. Measures 192-193 show a pattern of eighth notes and quarter notes. Measures 194-195 show a pattern of eighth notes and quarter notes. Measures 196-197 show a pattern of eighth notes and quarter notes, ending with a double bar line.

# Comprehensive Warm-Ups

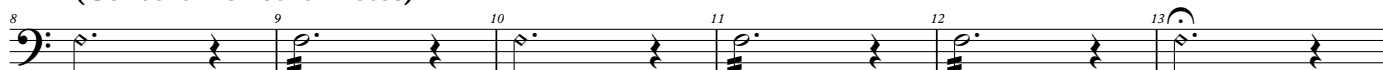
Revision 2019

John McAllister

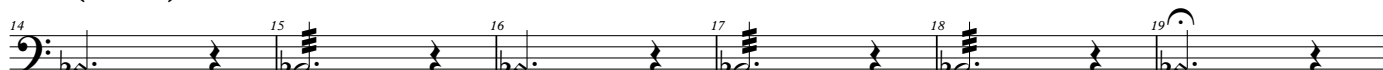
## Breathe and Sustain (Play, Buzz, Sing, etc)



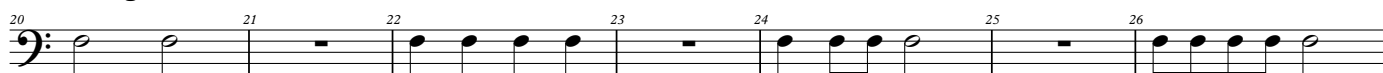
## Singing & Playing (Concert F or other notes)



## Staging & Playing (Chord)



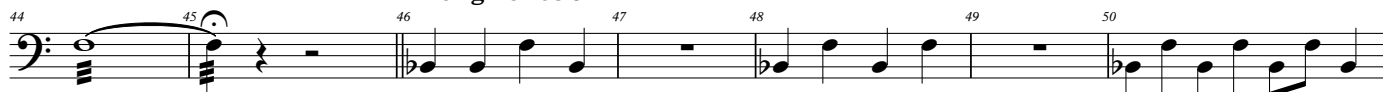
## Long Tones 1



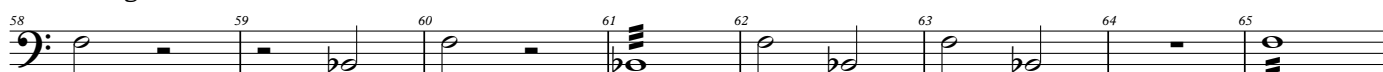
## Long Tones 2



## Long Tones 3

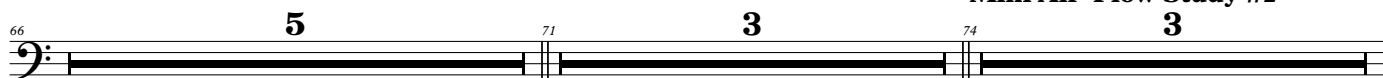


## Long Tones Chorale

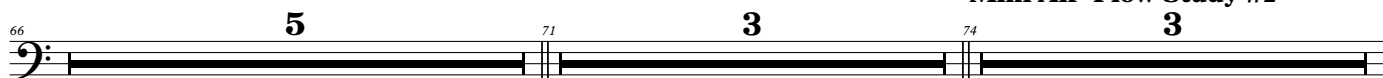


## Mini Air-Flow Study

### Start and Release



### Mini Air-Flow Study #2



**Flexibility 1**

77 78 79 83 84 85 89 90 91 92

*Tune Bb to Ab* *Tune Ab to Bb*

**Flexibility 2**

93 94 95 96 98 99 101 102 104 105

*Tune Bb to A* *Tune A to Ab* *Tune Ab to G* *Tune G to Gb*

**Flexibility 3**

107 108 110 111 113 114 115 116

*Tune Gb to F* *Tune F back to Bb*

**Dynamic Control**

117 118 119 120 121 122 123 124

*Tune Eb to D*

*mf mp p p mf f ff ff p*

**Extended Range (individual)**

125 126 127 128 129 130 131 132 133 134

*ff ff ff ff p*

**Staccato Practice**

135 136 142 143 144 145 146

*ff ff ff ff p*

**Staccato Practice**

147 148 149 150 151 152 153

*ff ff ff ff p*

**Accent Practice**

154 155 156 157

*ff ff ff ff p*

**Ensemble Tuning**

166 167 168 169 170 171 172 173

*ff ff ff ff p*

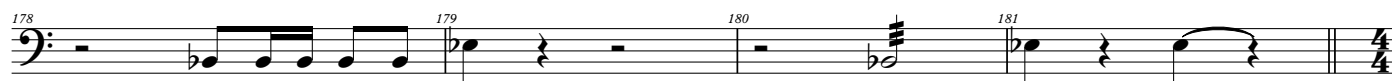
**Chorus**

**Chorale in Eb**

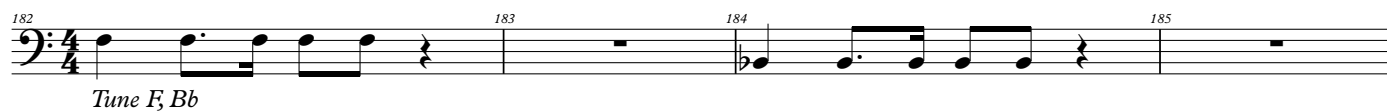
174 175 176 177

*ff ff ff ff p*

**Chorale in Eb**



**Chorale in F  
(d minor)**



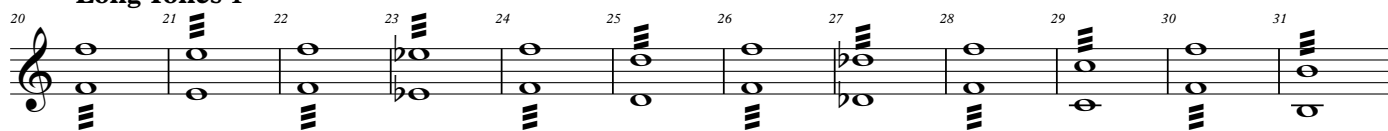
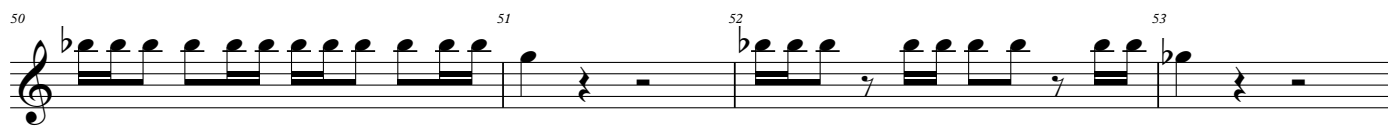
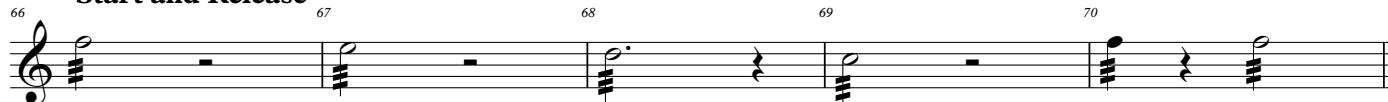
**Chorale in Ab**



## Comprehensive Warm-Ups

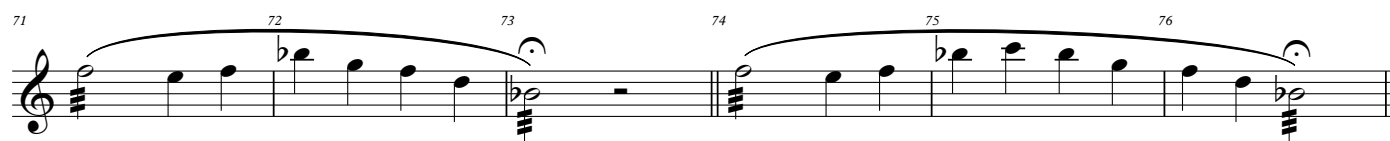
Revision 2019

John McAllister

**Breathe and Sustain**  
(Play, Buzz, Sing, etc)**Singing & Playing**  
(Concert F or other notes)**Singing & Playing**  
(Chord)**Long Tones 1****Long Tones 2****Long Tones 3****Long Tones Chord****Start and Release**

## Mini Air-Flow Study

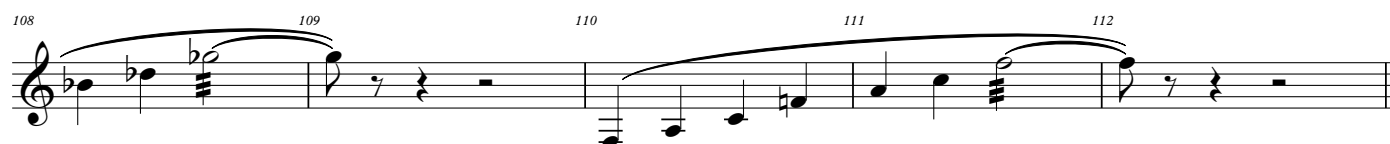
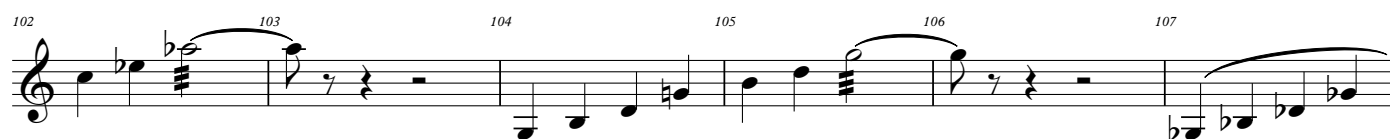
Mallets Mini Air-Flow Study #2



## Flexibility 1



## Flexibility 2



## Flexibility 3



## Dynamic Control



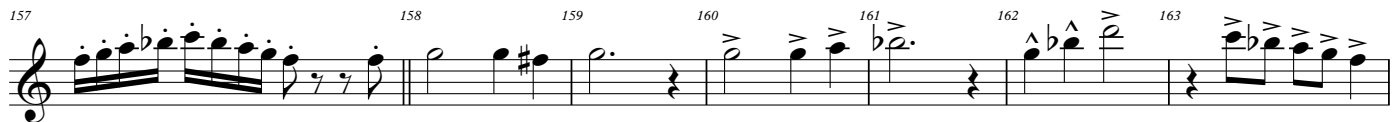
**Extended Range (individual)**  
**Tenuto Practice**



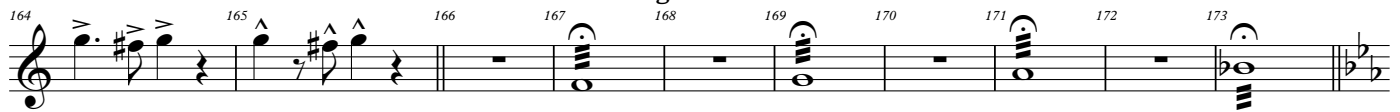
**Staccato Practice**



**Accent Practice**



**Ensemble Tuning**



**Chorale in Eb**



**Chorale in F**  
**(d minor)**



**Chorale in Ab**





# Comprehensive Warm-Ups

Revision 2019

John McAllister

**Breathe and Sustain**  
(Play, Buzz, Sing, etc)



**Singing & Playing**  
(Concert F or other notes)



**Singing & Playing**  
(Chord)



**Long Tones 1**



**Long Tones 2**



**Long Tones 3**

Measures 46-56. The notation is on a single staff in treble clef with a key signature of one flat (B-flat). Measures 46-50 show a series of eighth-note runs in both hands, with rests in the other hand. Measures 51-56 continue the pattern with various rests and eighth-note runs.

**Long Tones Chorale**

Measures 57-65. The notation is on a single staff in treble clef with a key signature of one flat. Measures 57-65 show a series of chords (dyads) in both hands, with rests in the other hand.

**Start and Release**

Measures 66-70. The notation is on a single staff in treble clef with a key signature of one flat. Measures 66-70 show a series of chords (dyads) in both hands, with rests in the other hand.

**Mini Air-Flow Study**

Measures 71-73. The notation is on a single staff in treble clef with a key signature of one flat. Measures 71-73 show a series of eighth-note runs in both hands, with rests in the other hand.

**Mini Air-Flow Study #2**

Measures 74-76. The notation is on a single staff in treble clef with a key signature of one flat. Measures 74-76 show a series of eighth-note runs in both hands, with rests in the other hand.

**Flexibility 1**

Measures 77-94. The notation is on a single staff in treble clef with a key signature of one flat. Measures 77-94 show a series of eighth-note runs in both hands, with rests in the other hand.

## Flexibility 2

Measures 95-112. This section consists of three staves of music. The first staff contains measures 95-101, the second staff contains measures 102-107, and the third staff contains measures 108-112. The music is written in treble clef with a key signature of one flat (B-flat). It features various melodic lines, including eighth and sixteenth notes, and rests. Some measures contain chords. Measure 97 has a slur over a half note and a quarter note. Measure 100 has a slur over a half note and a quarter note. Measure 109 has a slur over a half note and a quarter note. Measure 111 has a slur over a half note and a quarter note.

## Flexibility 3

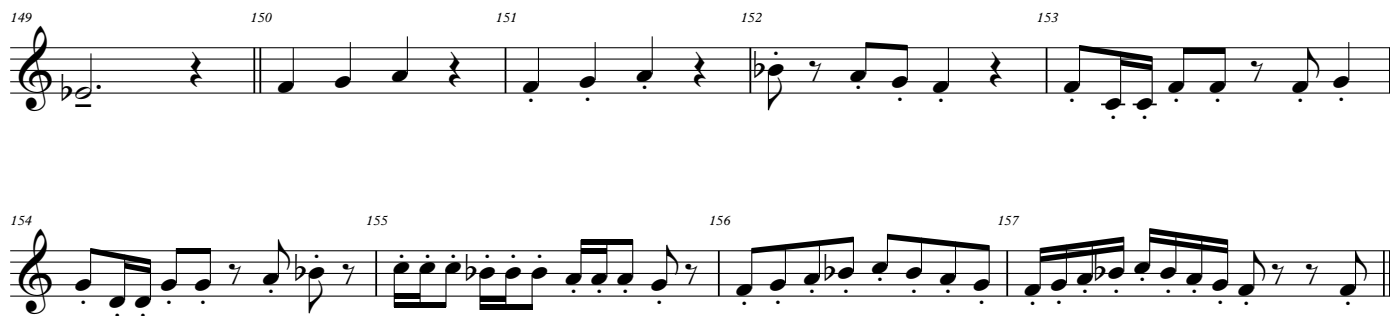
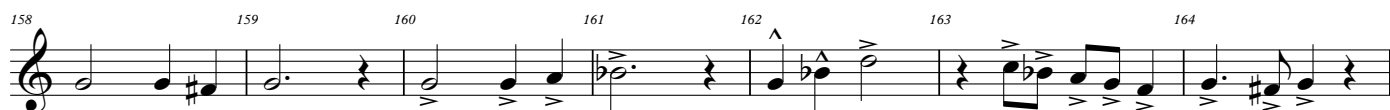
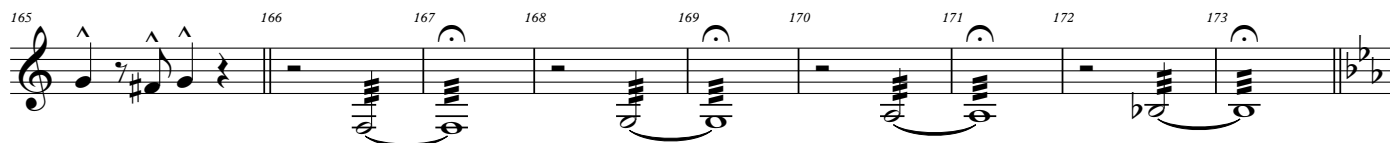
Measures 113-123. This section consists of two staves of music. The first staff contains measures 113-118, and the second staff contains measures 119-123. The music is written in treble clef with a key signature of one flat (B-flat). It features various melodic lines, including eighth and sixteenth notes, and rests. Some measures contain chords. Measure 115 has a slur over a half note and a quarter note. Measure 118 has a slur over a half note and a quarter note. Measure 121 has a slur over a half note and a quarter note. Measure 123 has a slur over a half note and a quarter note.

## Dynamic Control

Measures 124-135. This section consists of two staves of music. The first staff contains measures 124-130, and the second staff contains measures 131-135. The music is written in treble clef with a key signature of one flat (B-flat). It features various melodic lines, including eighth and sixteenth notes, and rests. Some measures contain chords. Measure 125 has a dynamic marking of *mf*. Measure 126 has a dynamic marking of *mp*. Measure 127 has a dynamic marking of *p*. Measure 128 has a dynamic marking of *p*. Measure 129 has a dynamic marking of *mf*. Measure 130 has a dynamic marking of *mf*. Measure 131 has a dynamic marking of *f*. Measure 132 has a dynamic marking of *ff*. Measure 133 has a dynamic marking of *ff*. Measure 134 has a dynamic marking of *p*. Measure 135 has a dynamic marking of *ff*.

## Extended Range (individual)

Measure 136. This section consists of one staff of music. The music is written in treble clef with a key signature of one flat (B-flat). It features a single melodic line, including eighth and sixteenth notes, and rests. Measure 136 has a dynamic marking of *f*.

**Tenuto Practice****Staccato Practice****Accent Practice****Ensemble Tuning****Chorale in Eb****Chorale in F  
(d minor)****Chorale in Ab**