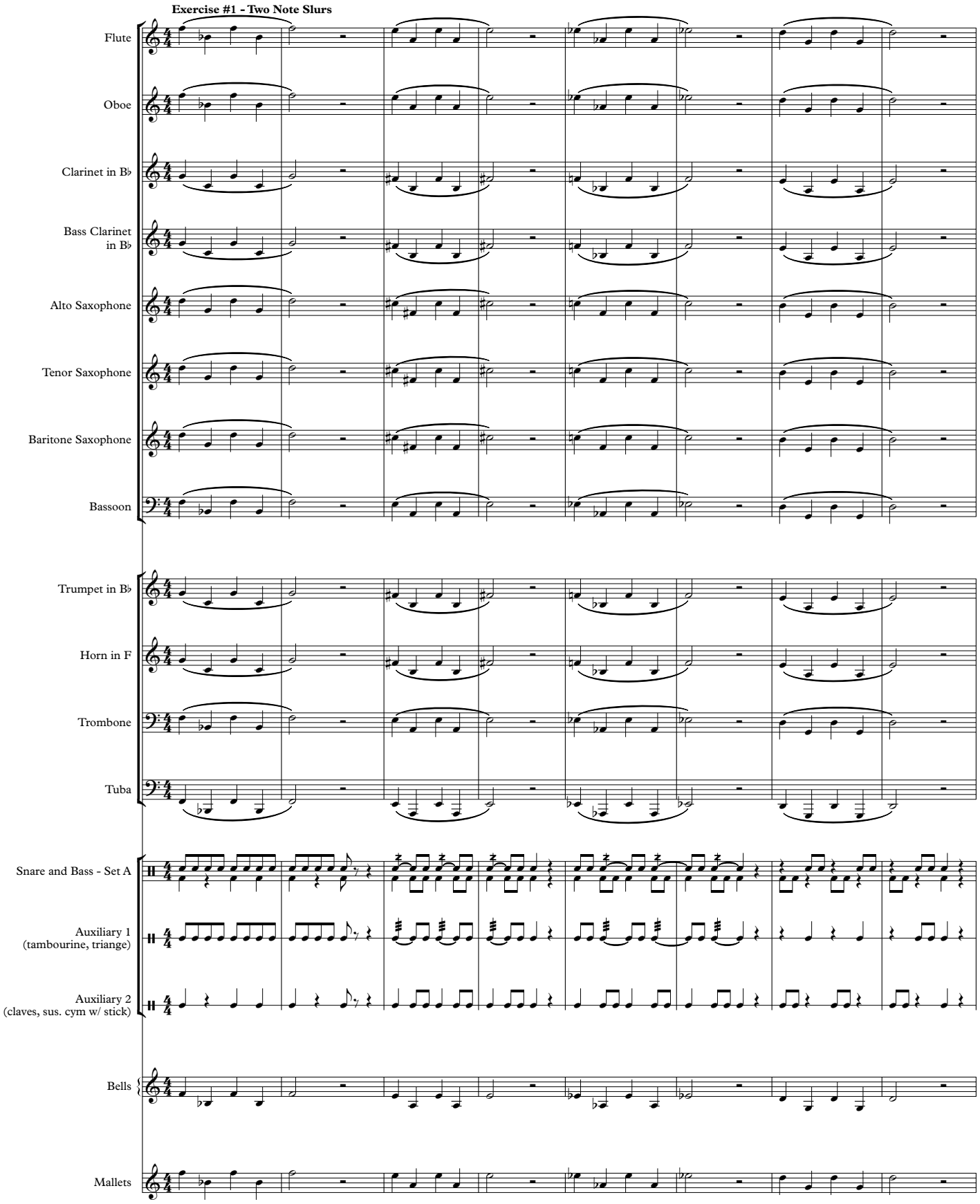
Flexibility Warm-up

McAllister

Exercise #1 - Two Note Slurs



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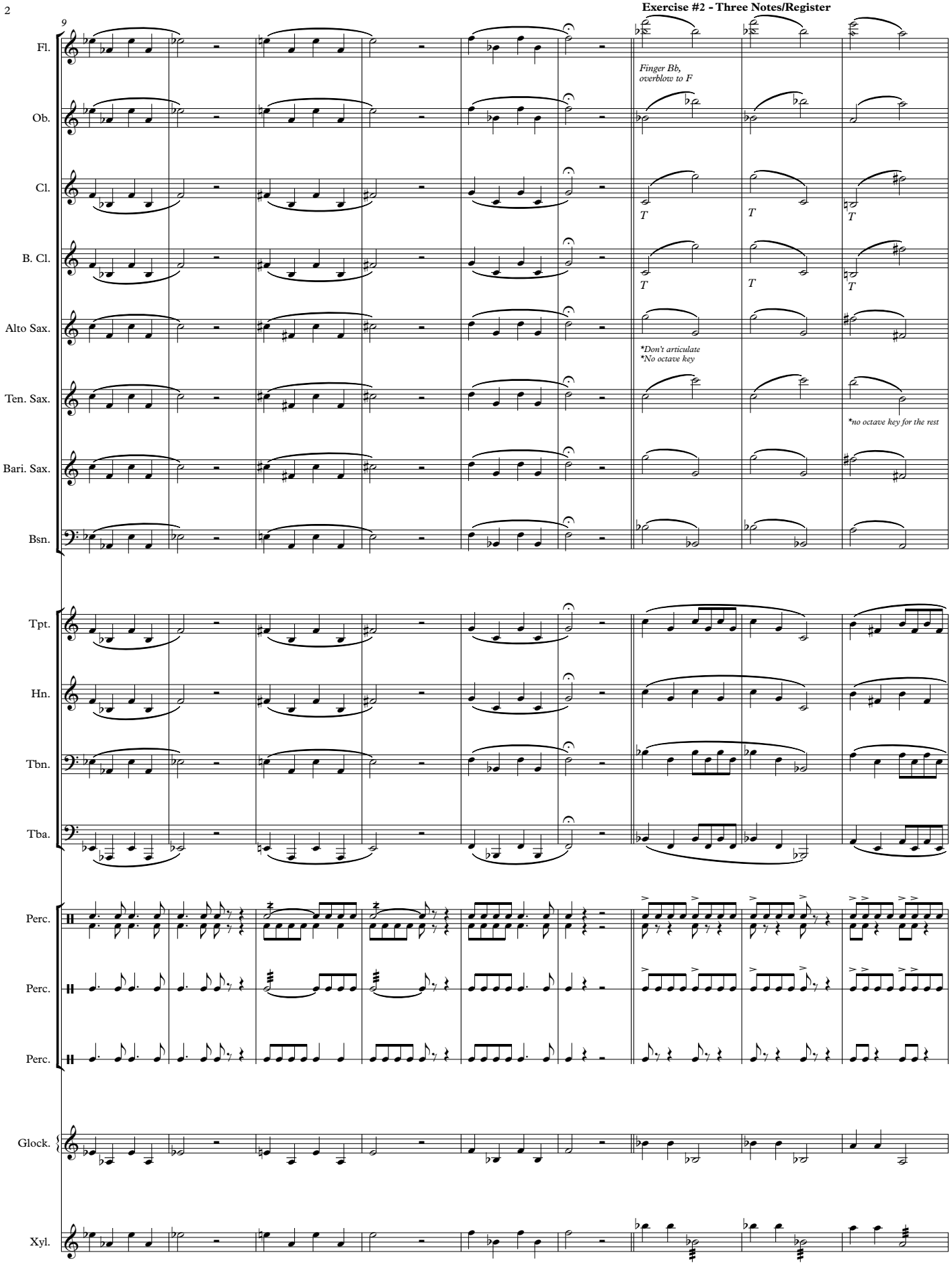
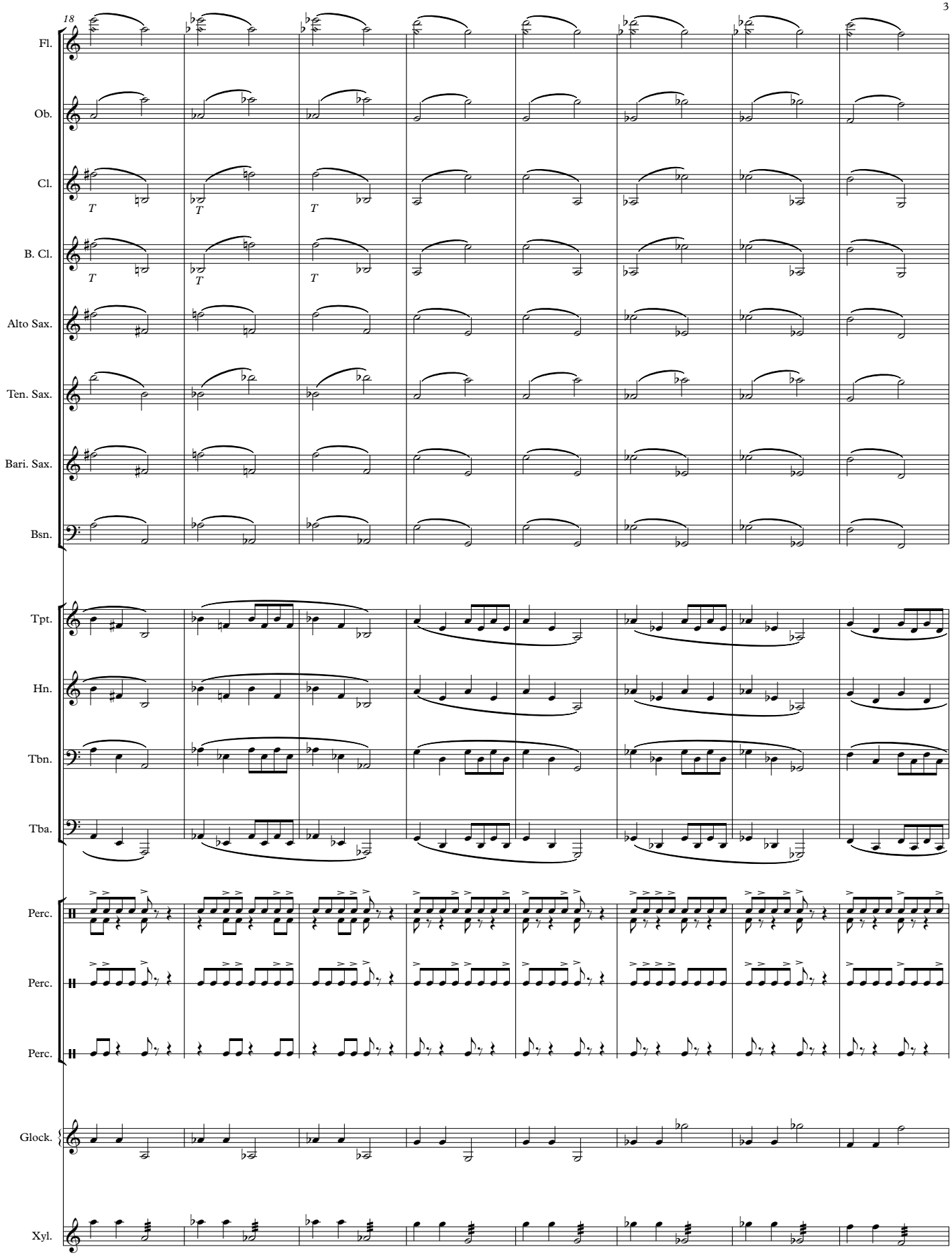
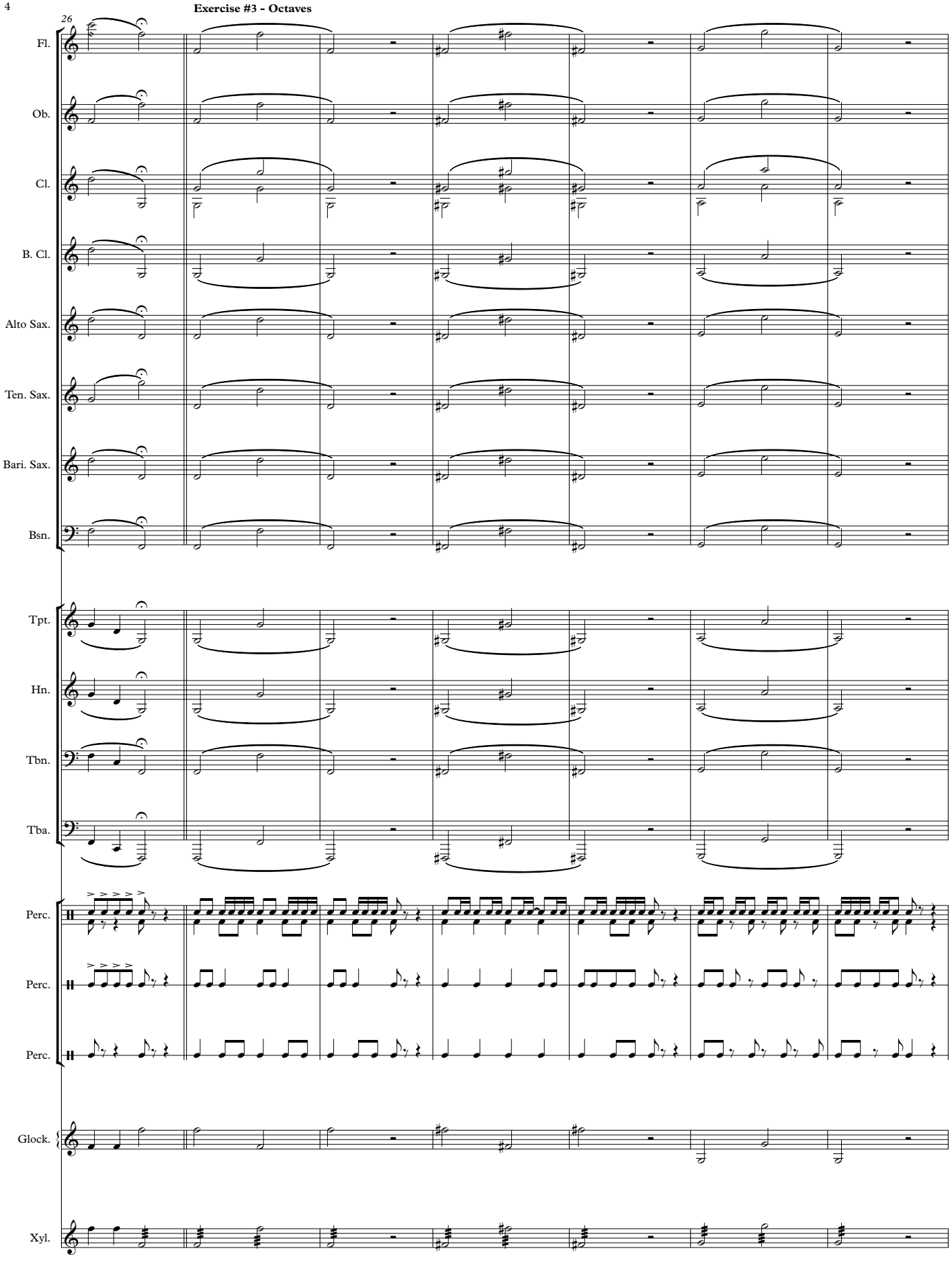
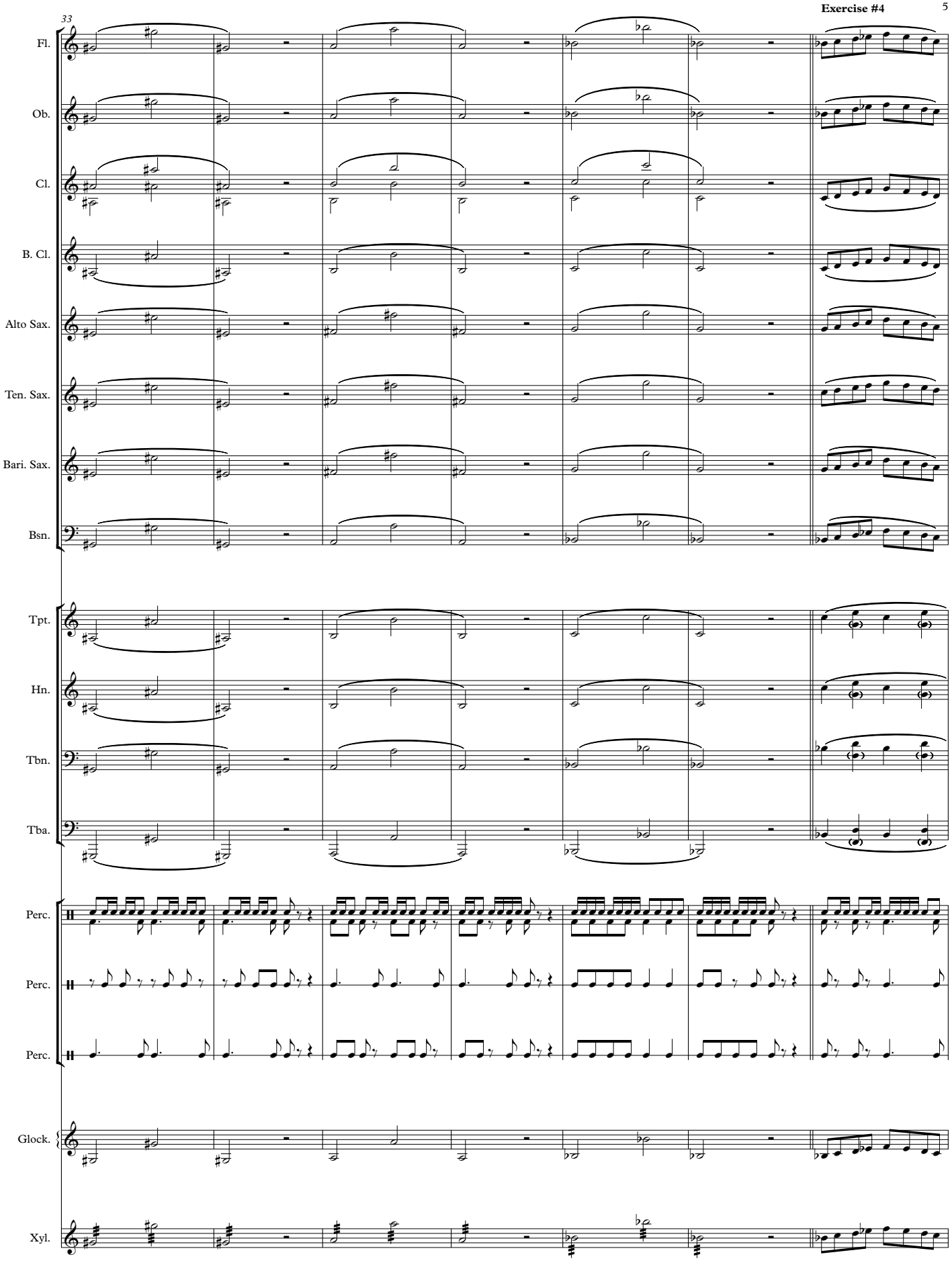
Exercise #2 - Three Notes/Register

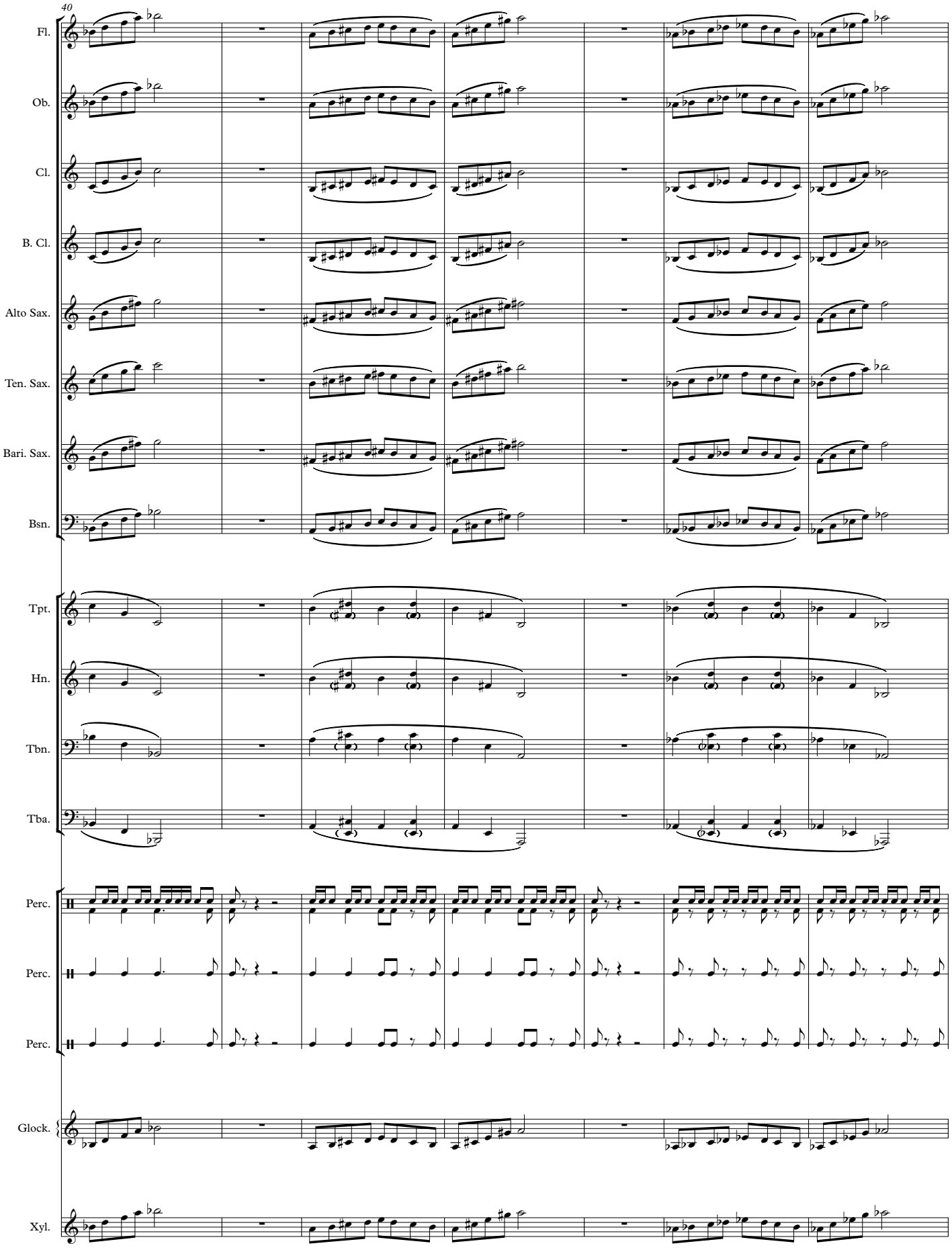


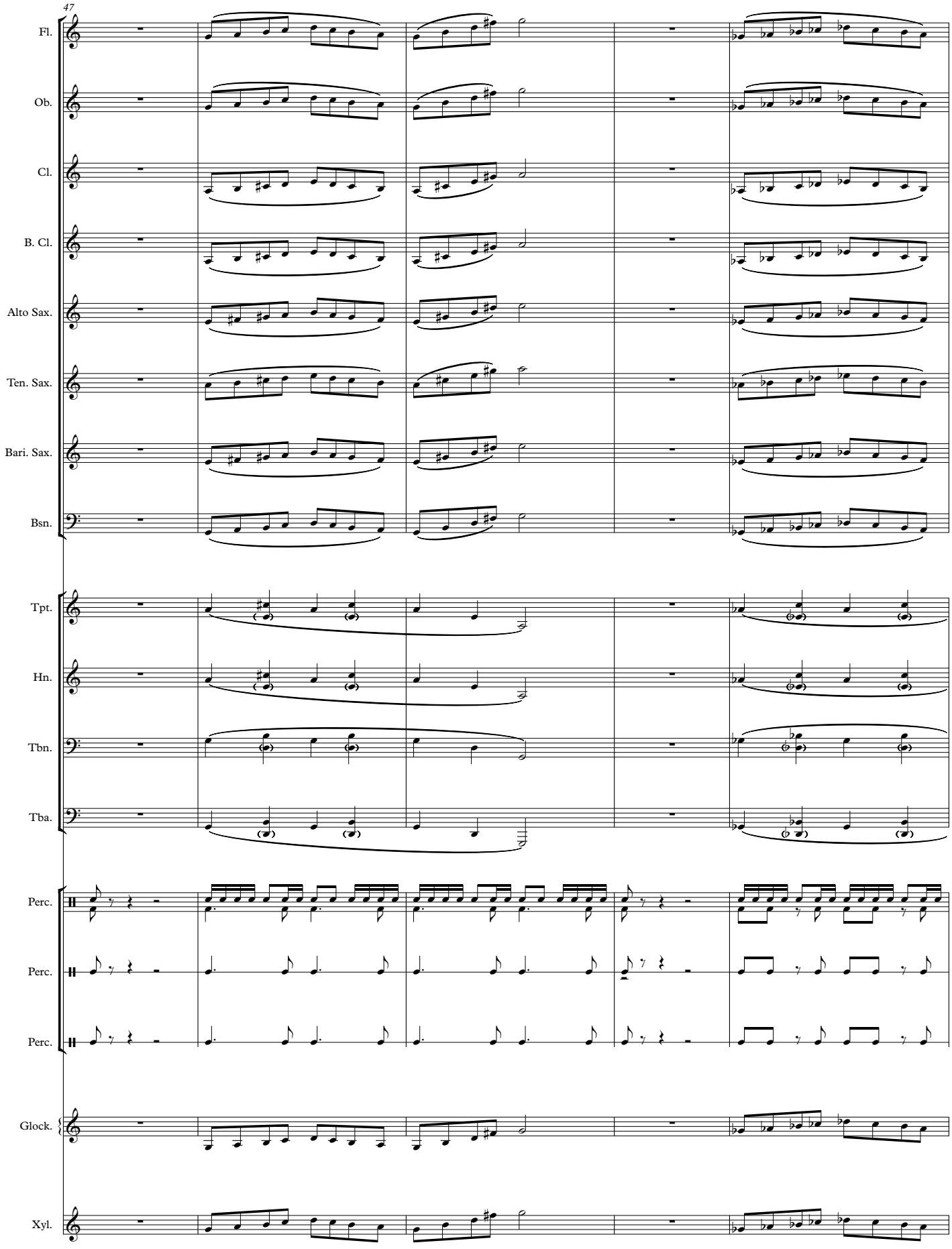

18
Fl.
Ob.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Bsn.
Tpt.
Hn.
Tbn.
Tba.
Perc.
Perc.
Perc.
Glock.
Xyl.

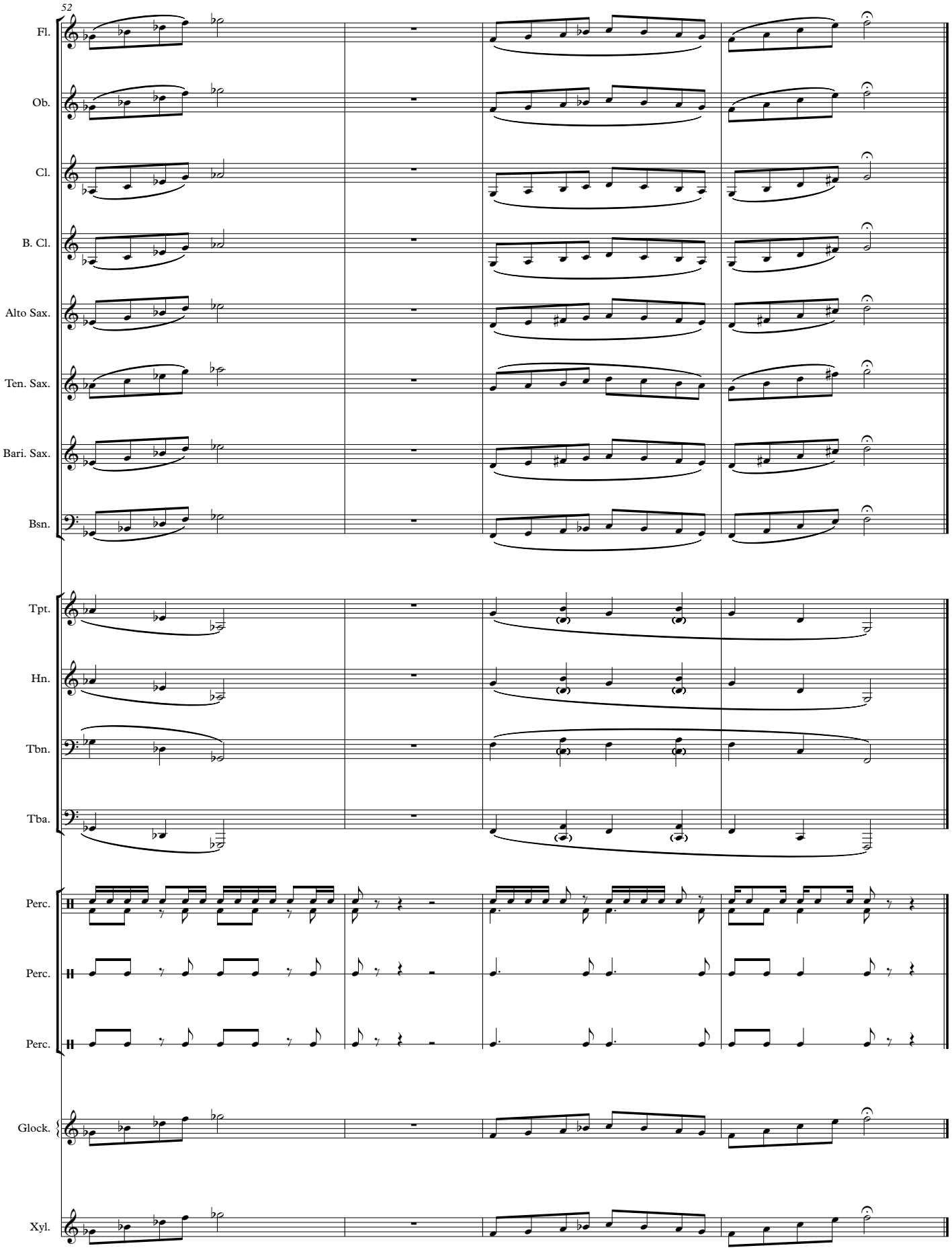
Exercise #3 - Octaves




33
Fl.
Ob.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Bsn.
Tpt.
Hn.
Tbn.
Tba.
Perc.
Perc.
Perc.
Glock.
Xyl.


40
Fl.
Ob.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Bsn.
Tpt.
Hn.
Tbn.
Tba.
Perc.
Perc.
Perc.
Glock.
Xyl.


47
Fl.
Ob.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Bsn.
Tpt.
Hn.
Tbn.
Tba.
Perc.
Perc.
Perc.
Glock.
Xyl.

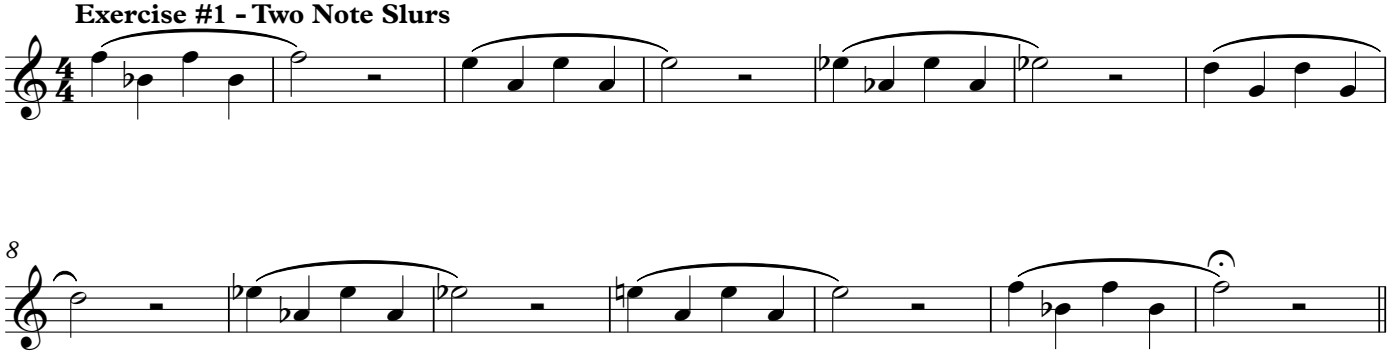

52
Fl.
Ob.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Bsn.
Tpt.
Hn.
Tbn.
Tba.
Perc.
Perc.
Perc.
Glock.
Xyl.

Flexibility Warm-up

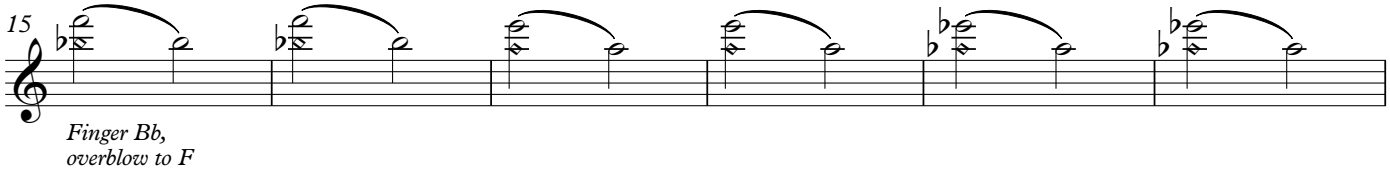
Flute

McAllister

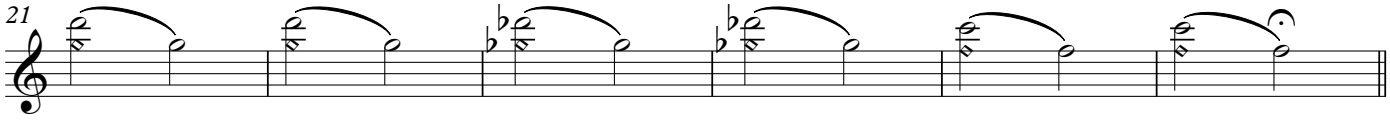
Exercise #1 - Two Note Slurs



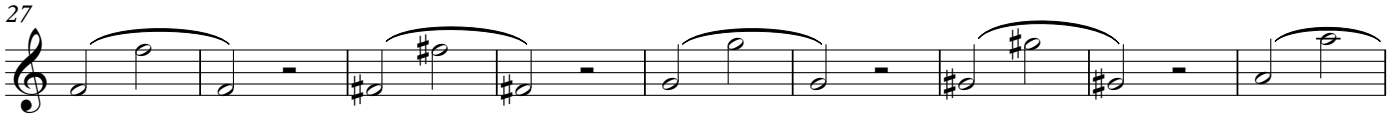
Exercise #2 - Three Notes/Register



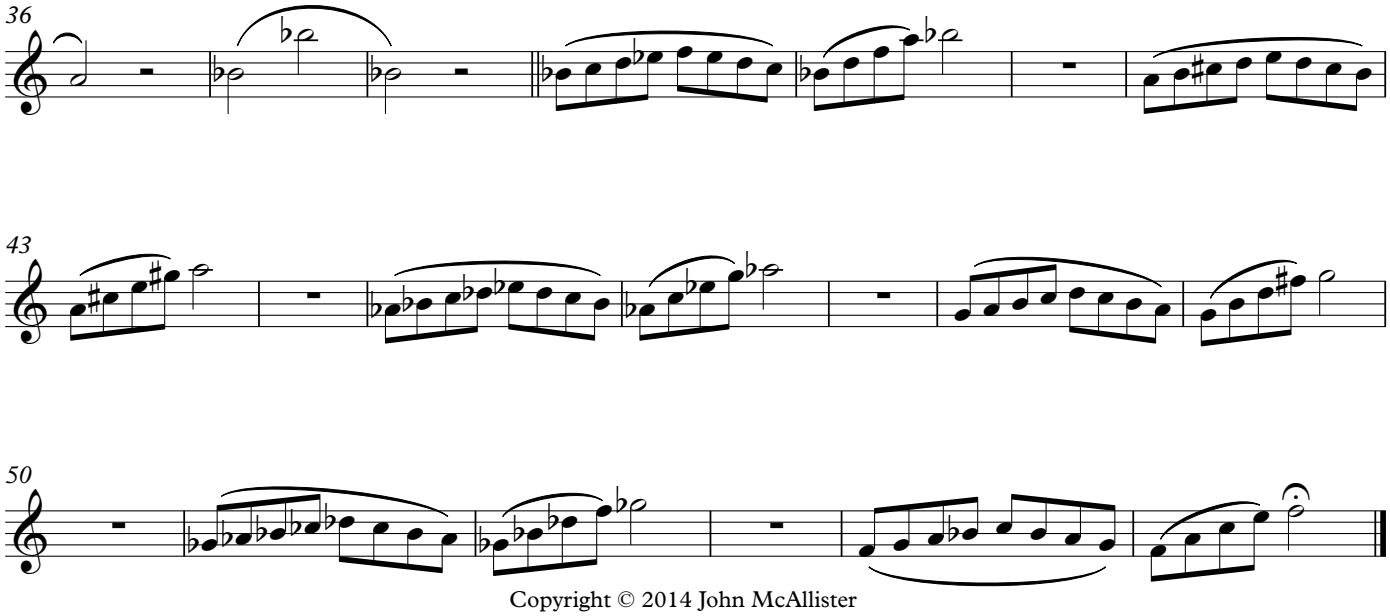
Finger Bb,
overblow to F



Exercise #3 - Octaves



Exercise #4



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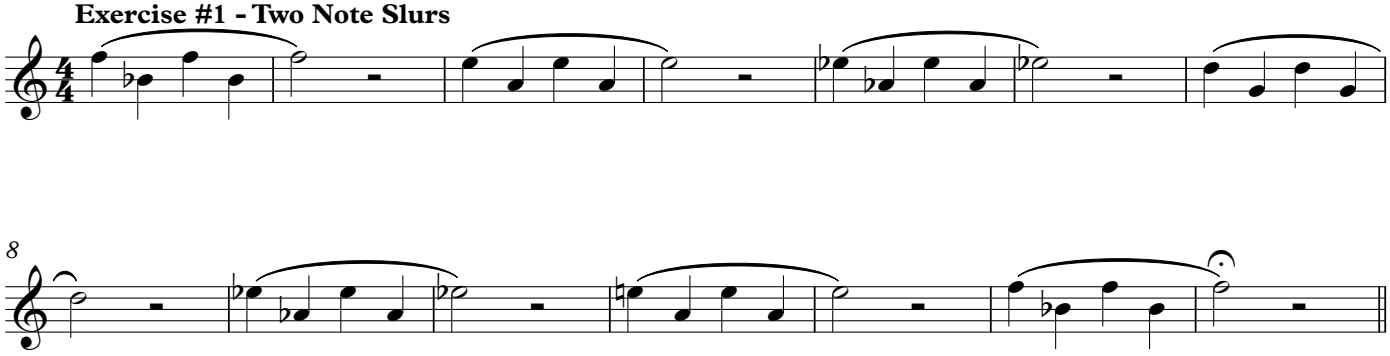
Flexibility Warm-up

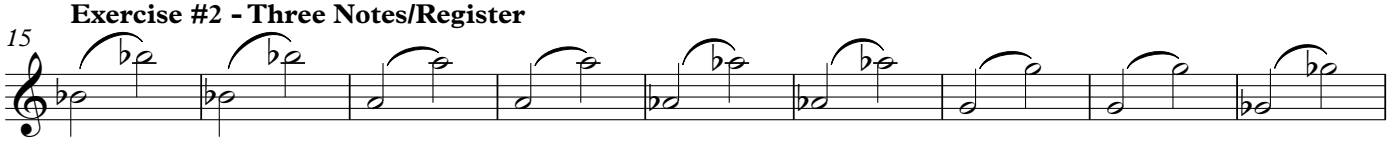
Oboe

McAllister

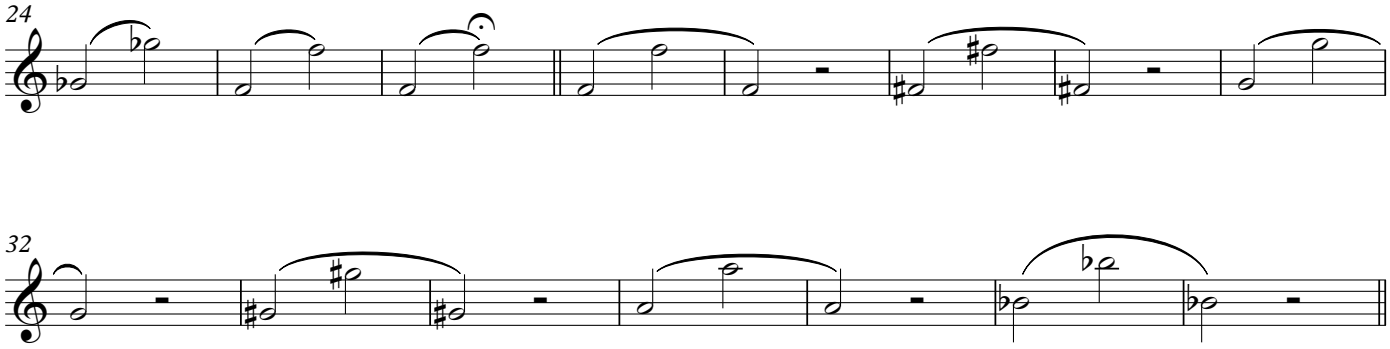
Exercise #1 - Two Note Slurs



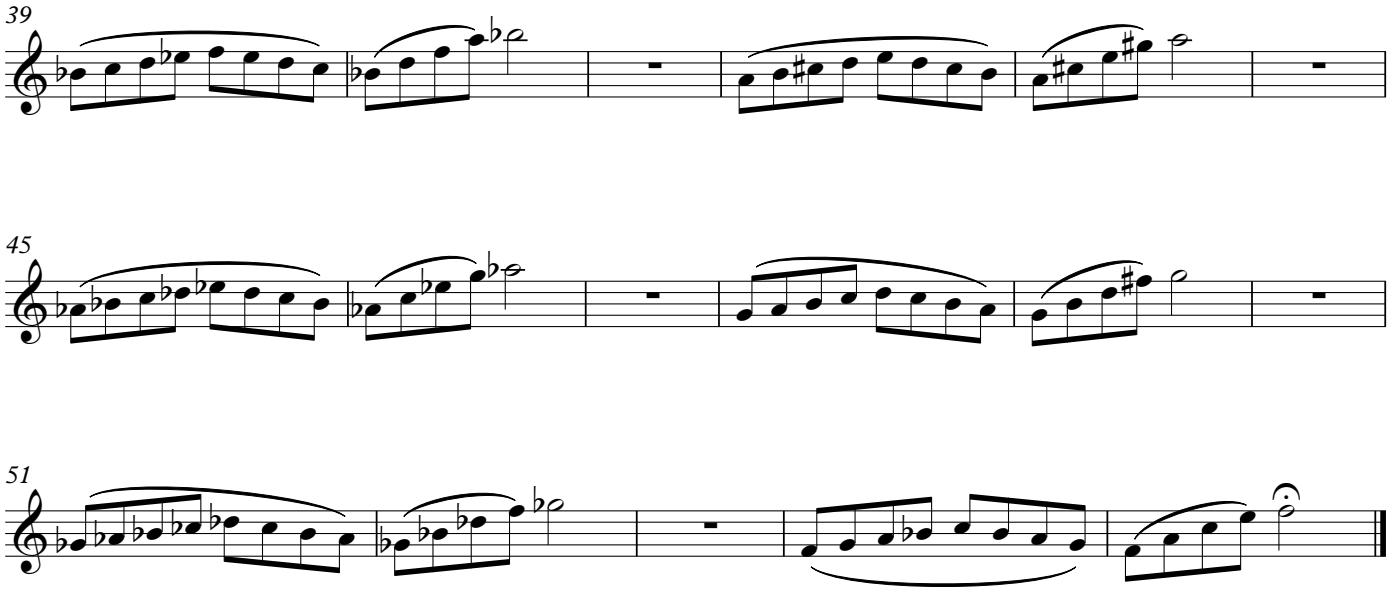
Exercise #2 - Three Notes/Register



Exercise #3 - Octaves



Exercise #4



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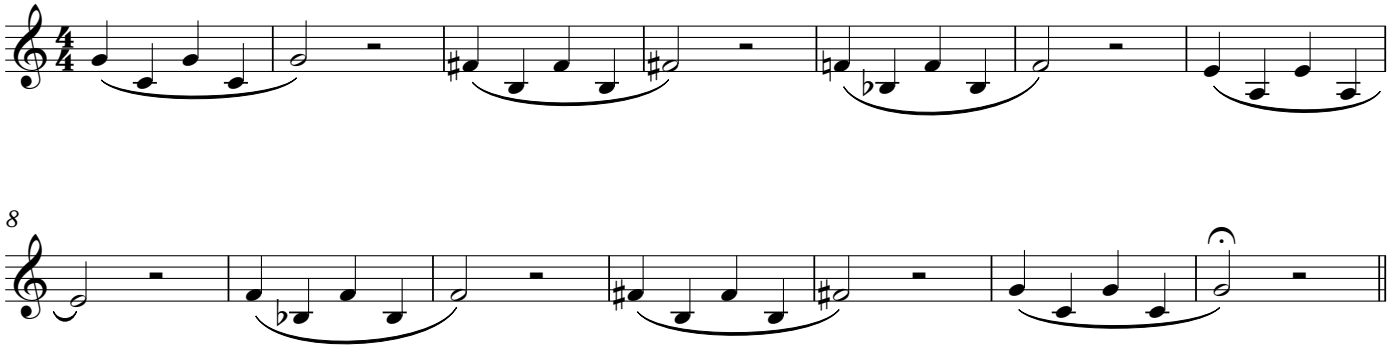
Flexibility Warm-up

Clarinet in B♭

McAllister

Exercise #1 - Two Note Slurs



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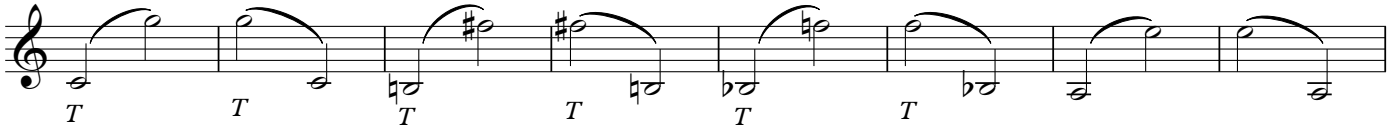
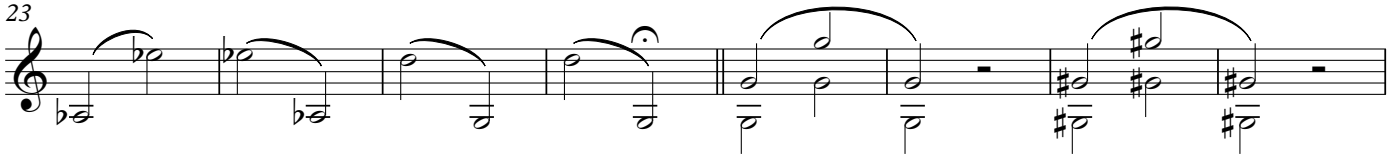
15 **Exercise #2 - Three Notes/Register**



Exercise #3 - Octaves

23



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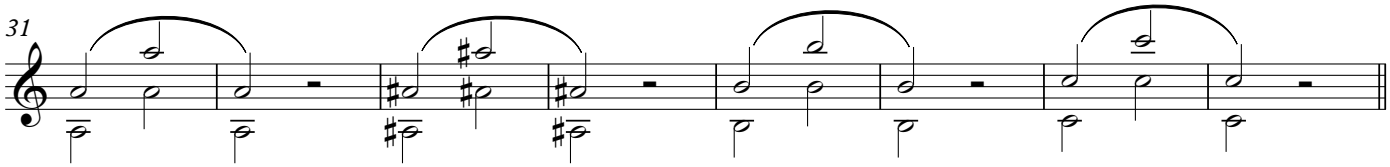
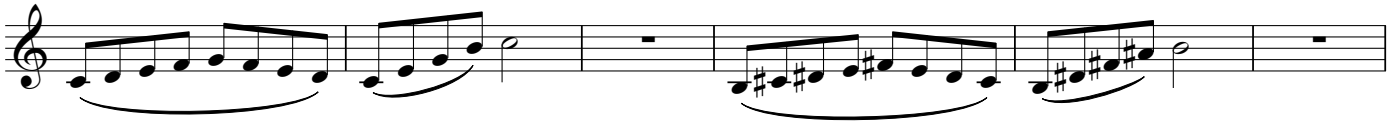


Exercise #4

39



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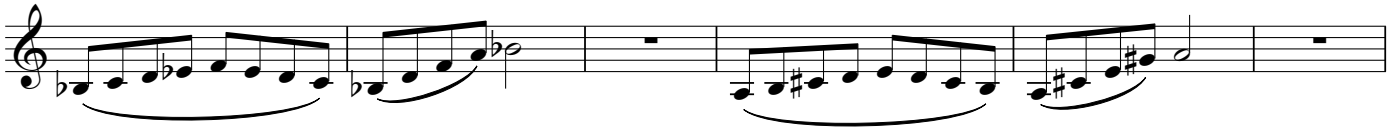

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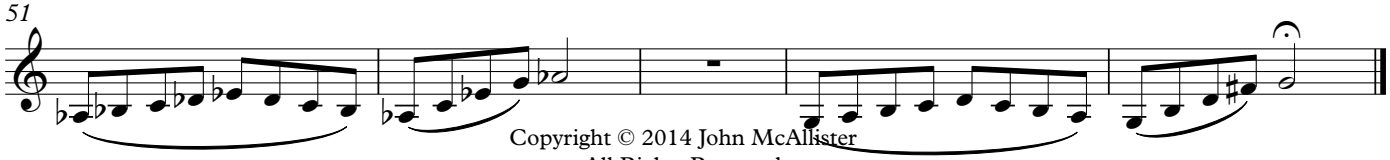

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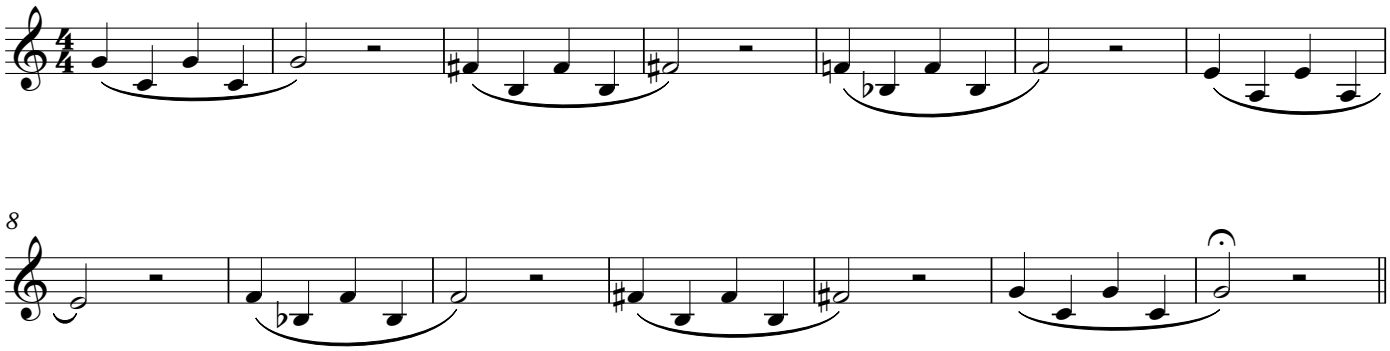
Flexibility Warm-up

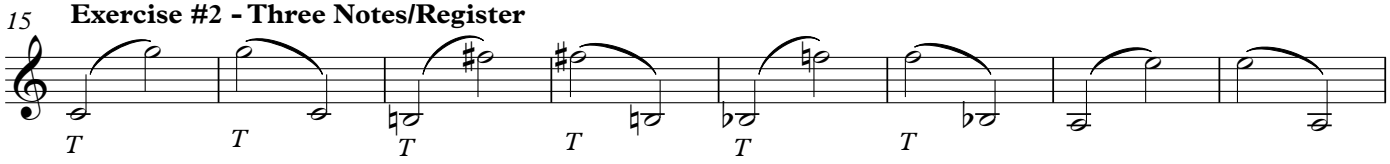
Bass Clarinet in B♭

McAllister

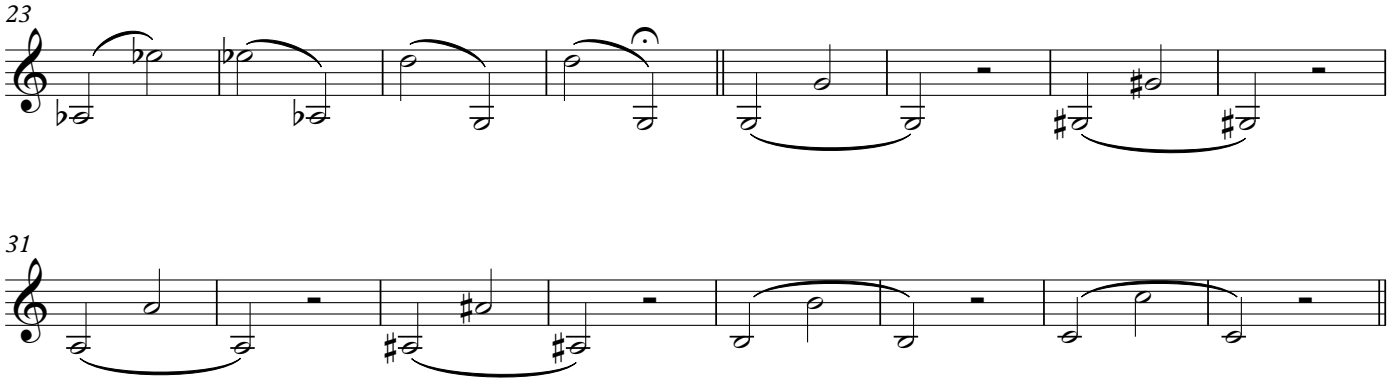
Exercise #1 - Two Note Slurs



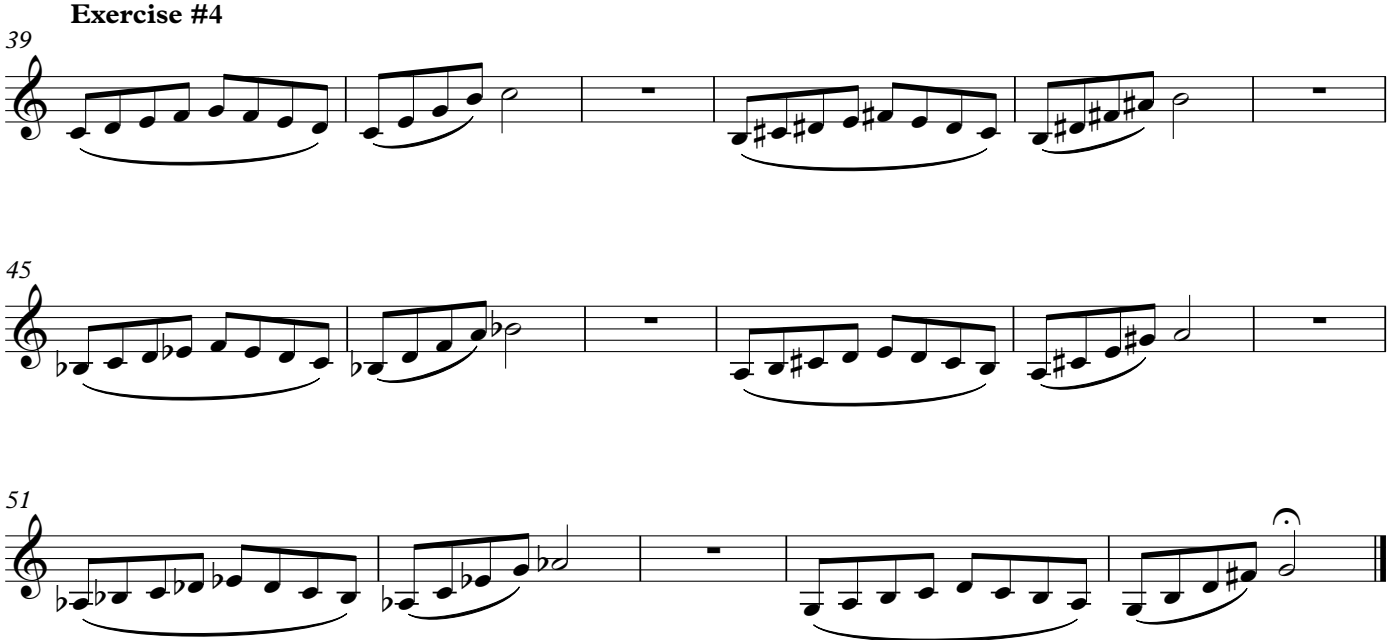
Exercise #2 - Three Notes/Register



Exercise #3 - Octaves



Exercise #4



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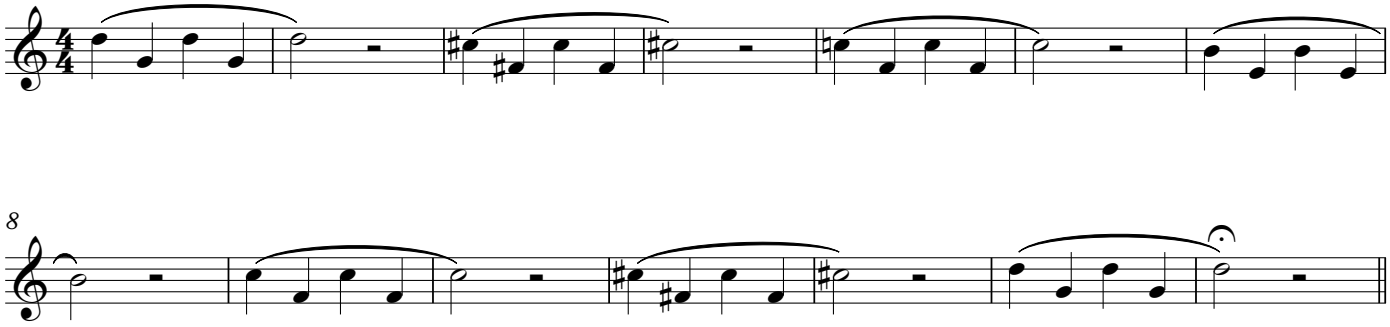
Flexibility Warm-up

Alto Saxophone

McAllister

Exercise #1 - Two Note Slurs



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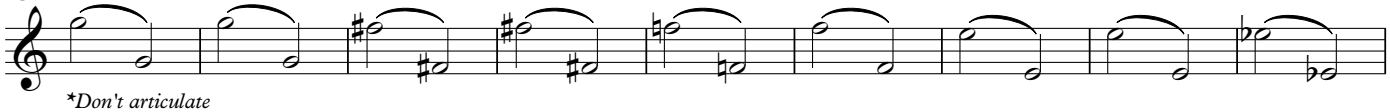
15 **Exercise #2 - Three Notes/Register**

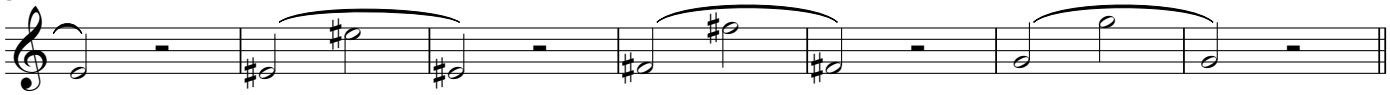


**Don't articulate*
**No octave key*

Exercise #3 - Octaves

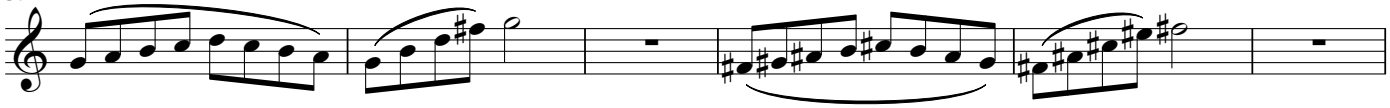
24

32



Exercise #4

39



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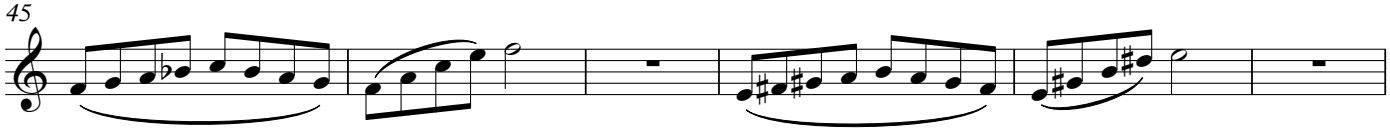

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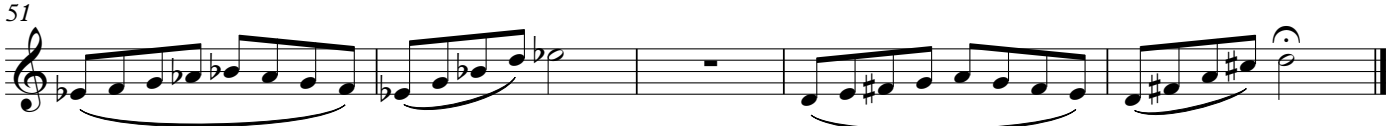

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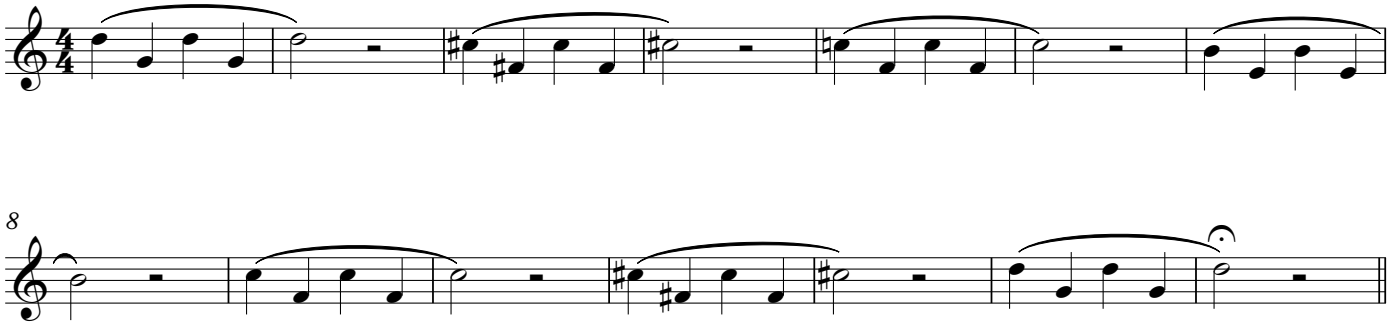
Flexibility Warm-up

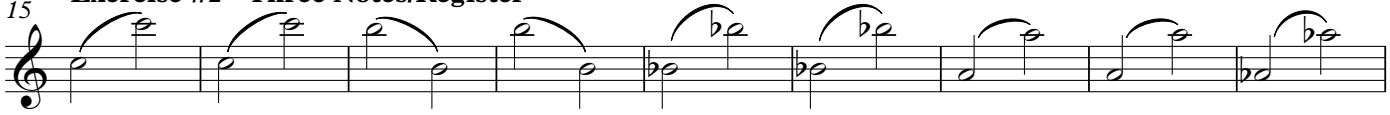
Tenor Saxophone

McAllister

Exercise #1 - Two Note Slurs

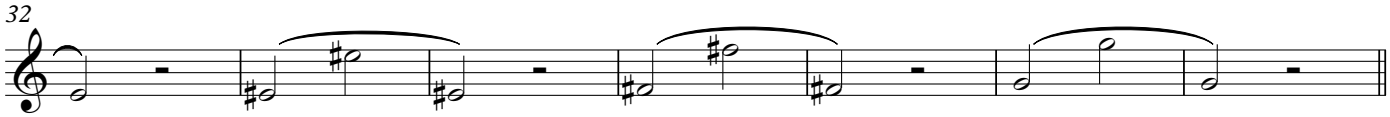


Exercise #2 - Three Notes/Register

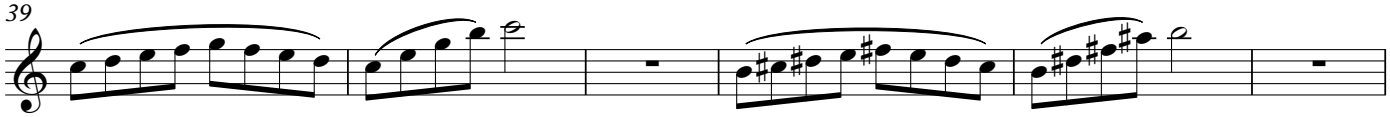


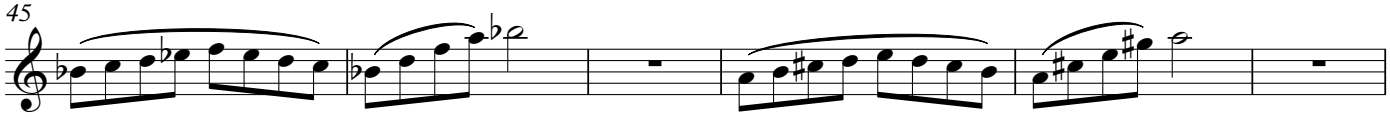
**no octave key for the rest*

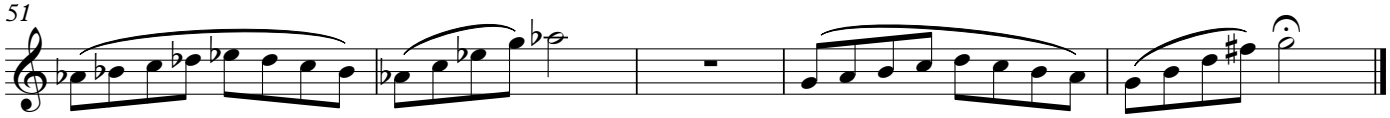
Exercise #3 - Octaves



Exercise #4







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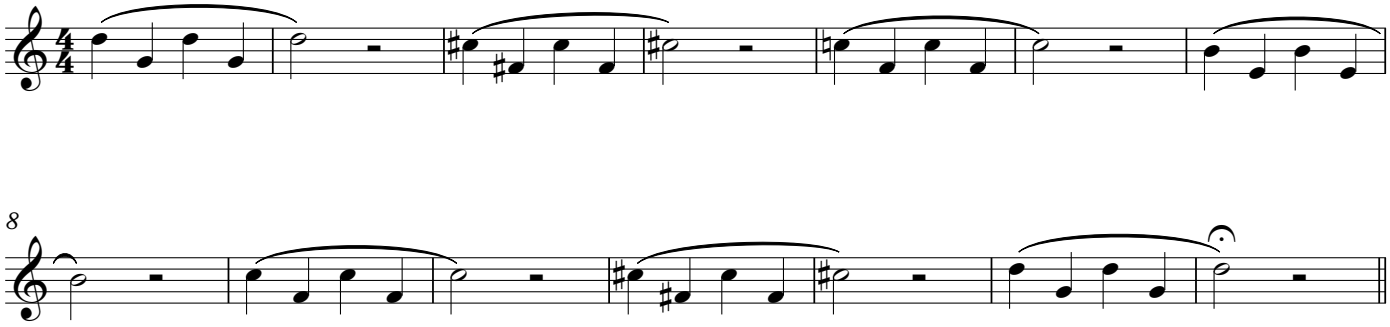
Flexibility Warm-up

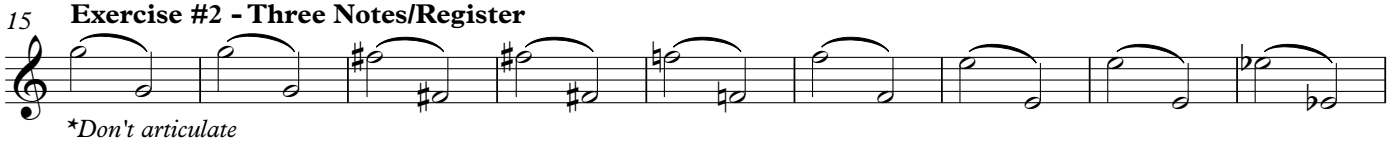
Baritone Saxophone

McAllister

Exercise #1 - Two Note Slurs

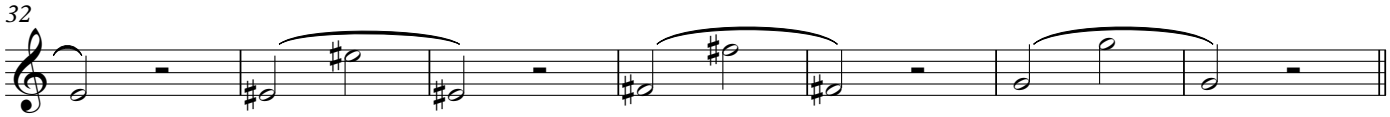


Exercise #2 - Three Notes/Register

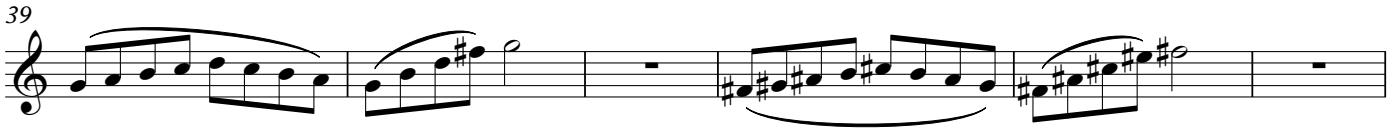


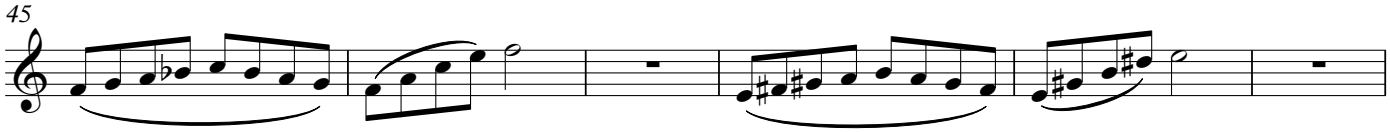
**Don't articulate*
**No octave key*

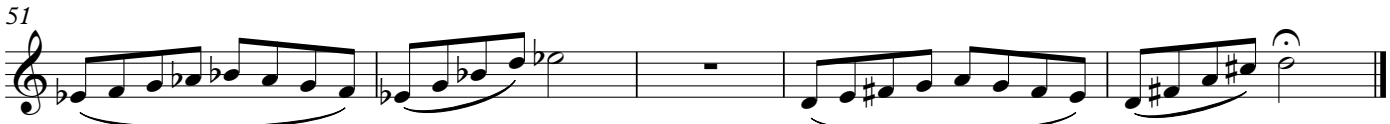
Exercise #3 - Octaves



Exercise #4







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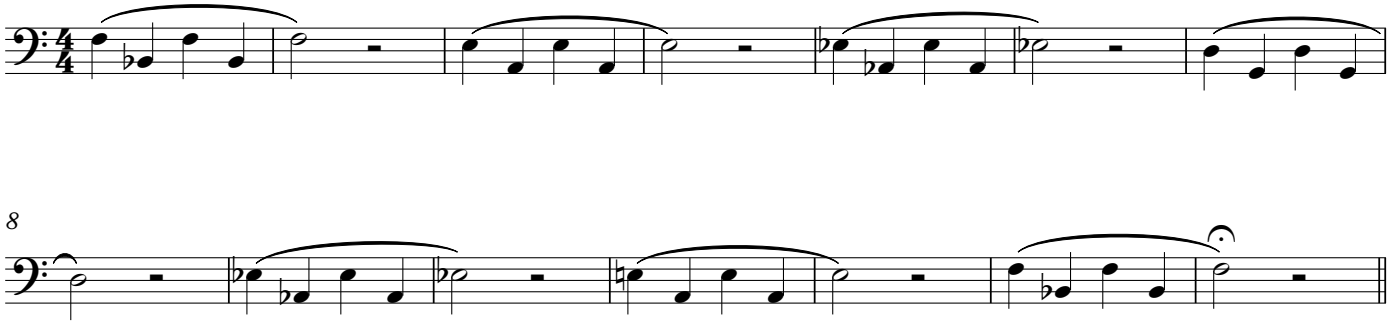
Flexibility Warm-up

Bassoon

McAllister

Exercise #1 - Two Note Slurs

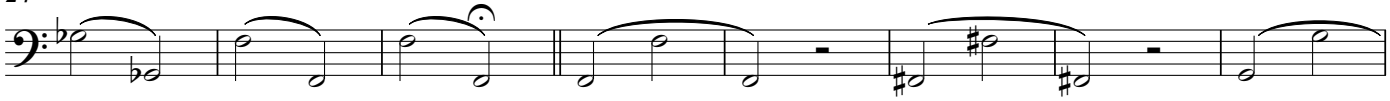


8

15 **Exercise #2 - Three Notes/Register**

Exercise #3 - Octaves

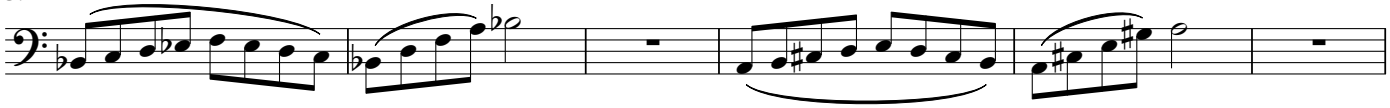
24



32

Exercise #4

39



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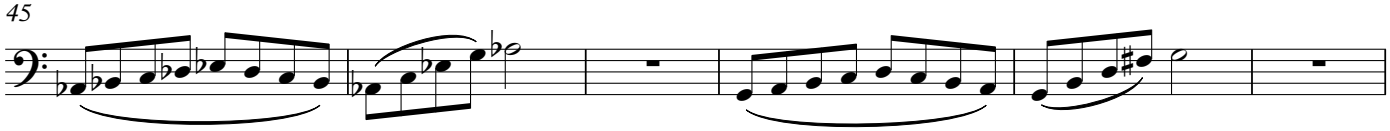

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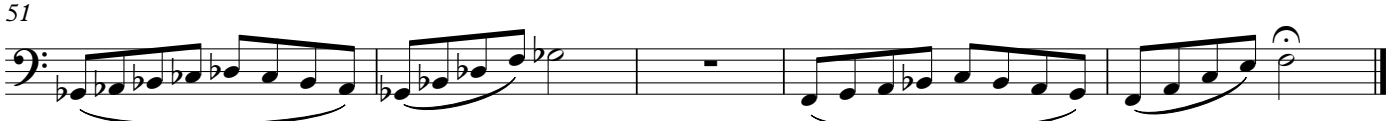

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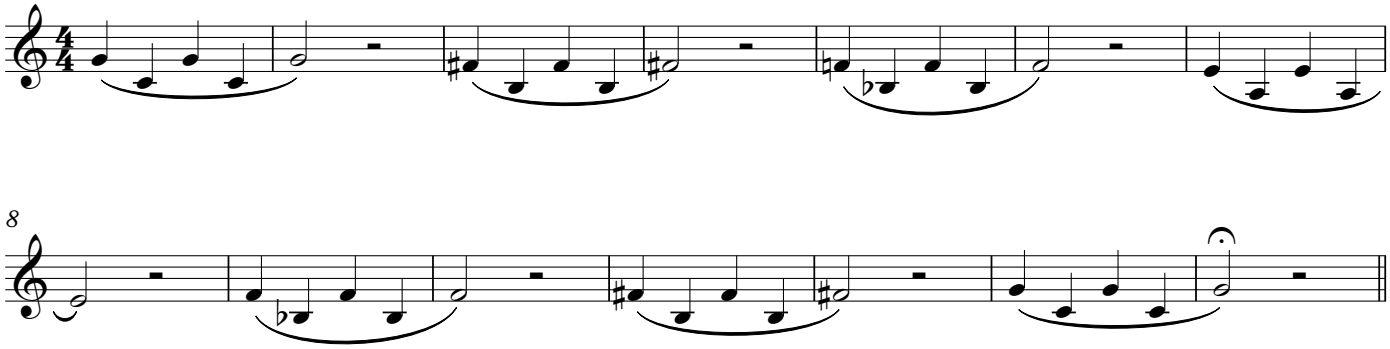
Flexibility Warm-up

Trumpet in B♭

McAllister

Exercise #1 - Two Note Slurs



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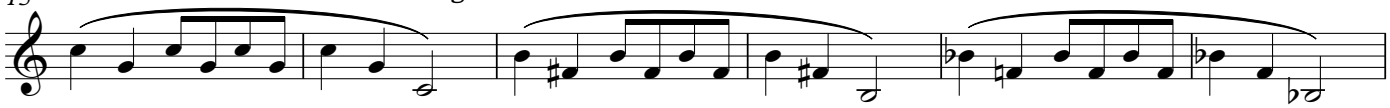
15 **Exercise #2 - Three Notes/Register**



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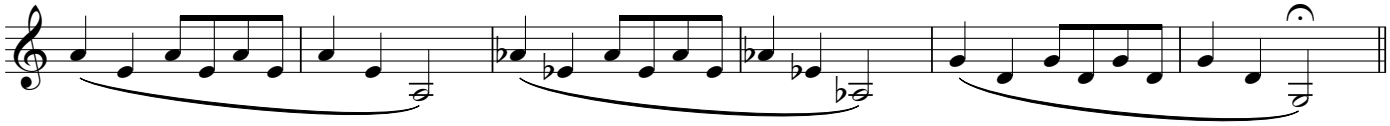
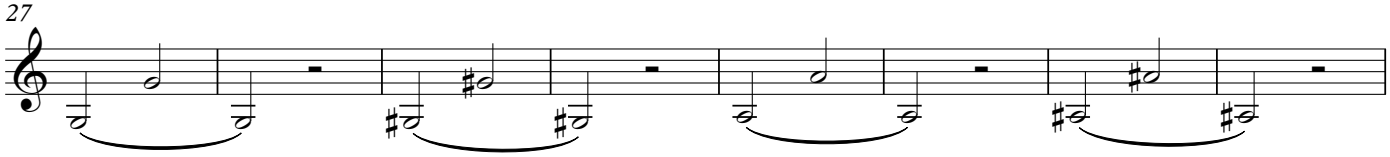


Exercise #3 - Octaves

27



Exercise #4

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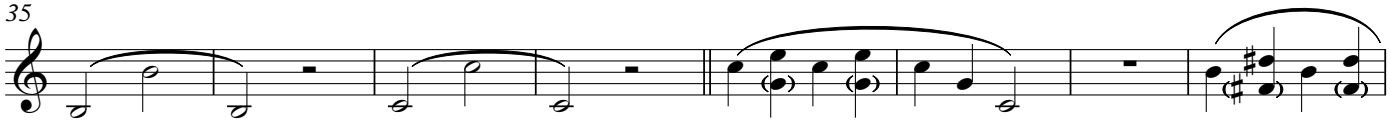

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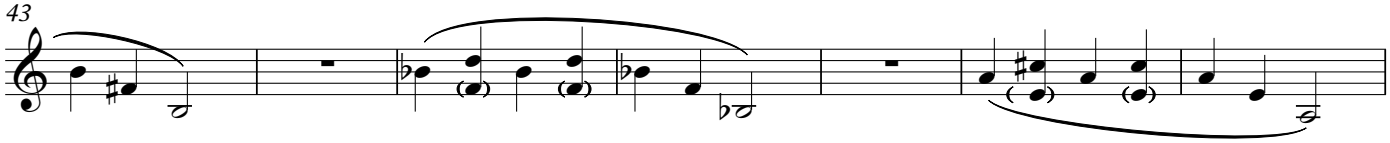

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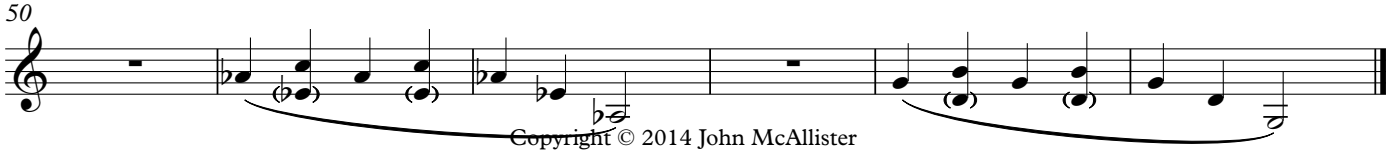

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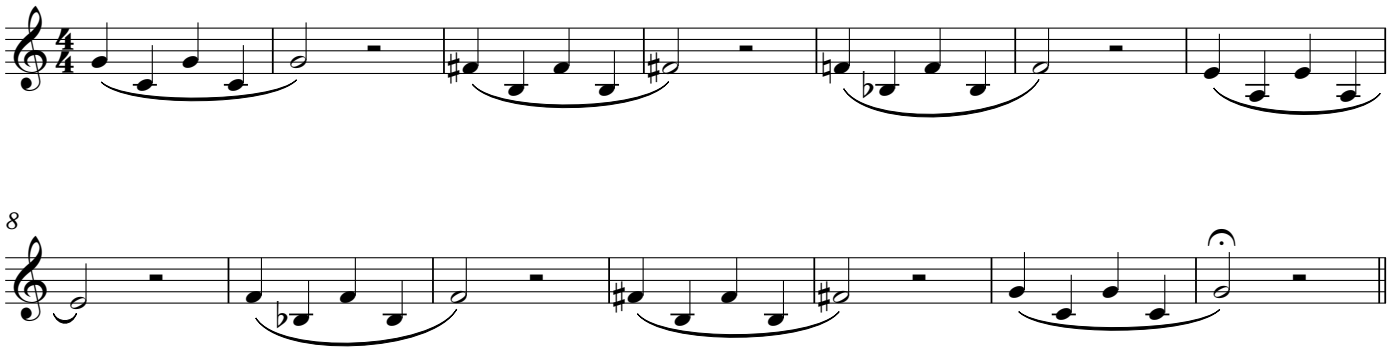
Flexibility Warm-up

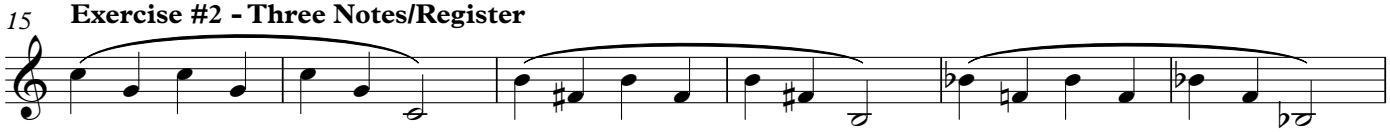
Horn in F

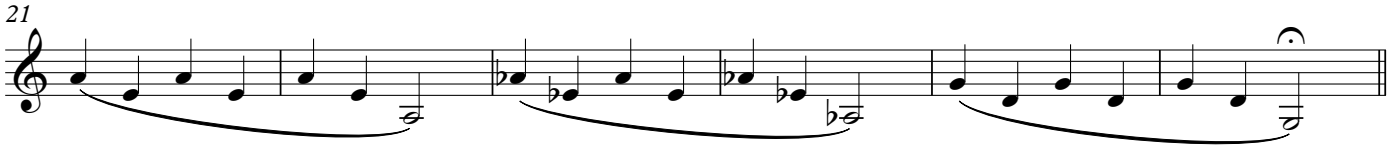
McAllister

Exercise #1 - Two Note Slurs

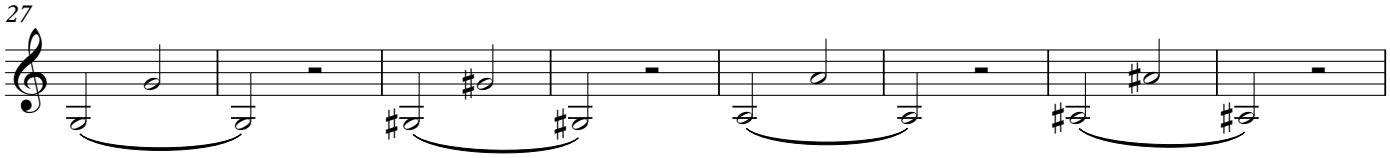


Exercise #2 - Three Notes/Register

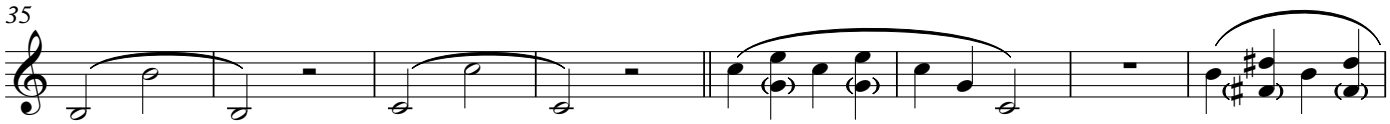


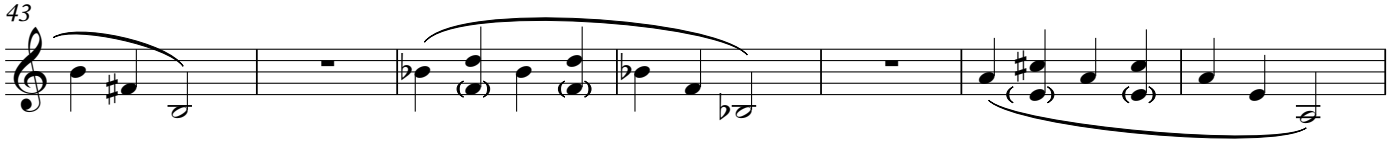


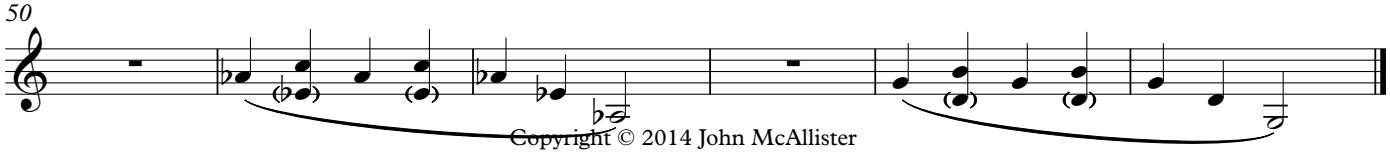
Exercise #3 - Octaves



Exercise #4







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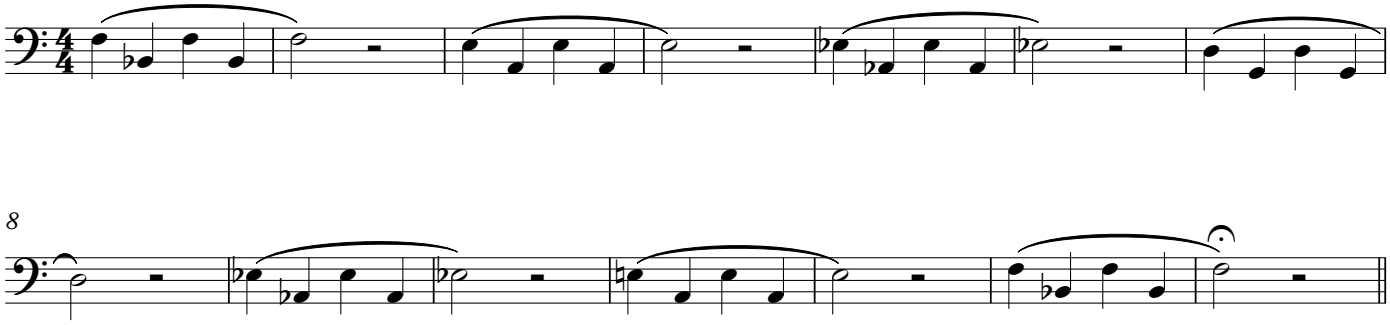
Flexibility Warm-up

Trombone

McAllister

Exercise #1 - Two Note Slurs



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Exercise #2 - Three Notes/Register

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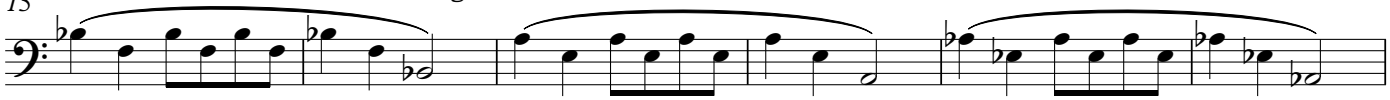

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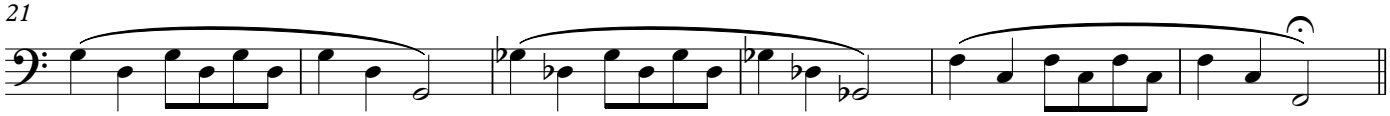

Exercise #3 - Octaves

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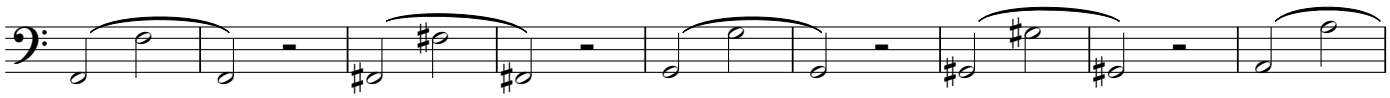

Exercise #4

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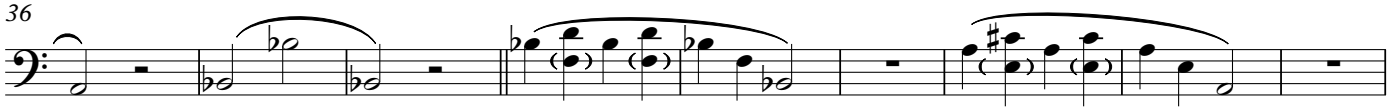

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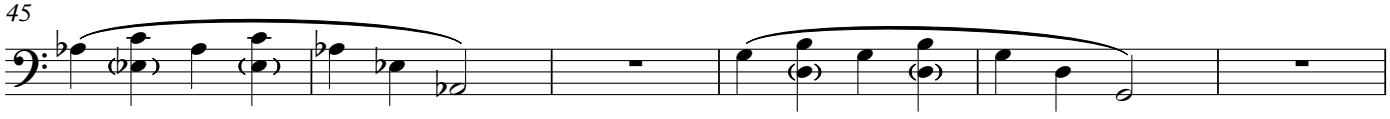

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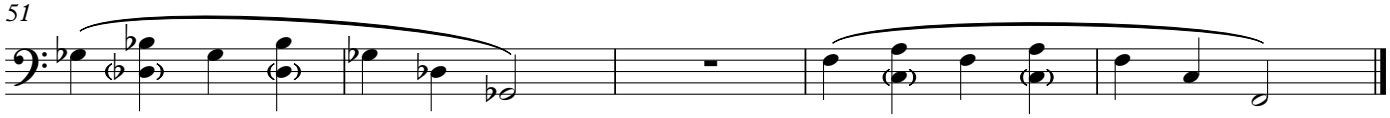

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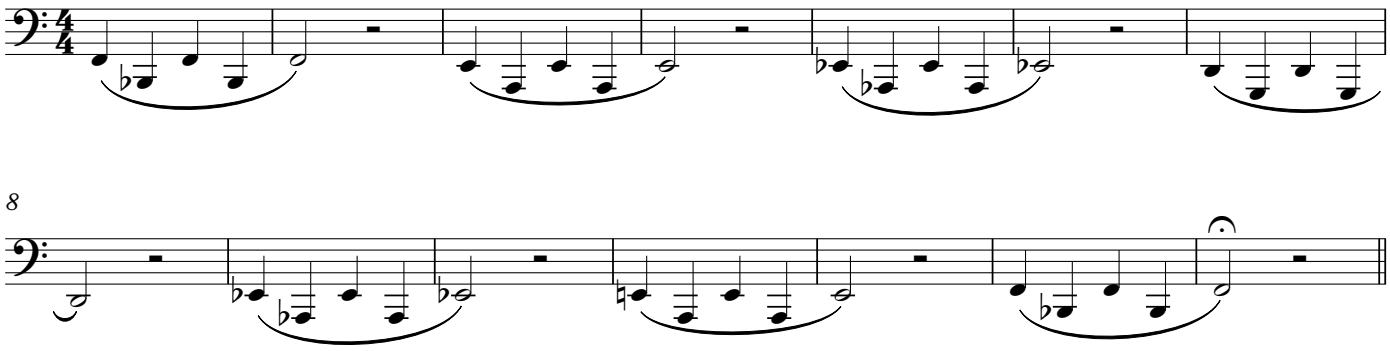
Flexibility Warm-up

Tuba

McAllister

Exercise #1 - Two Note Slurs



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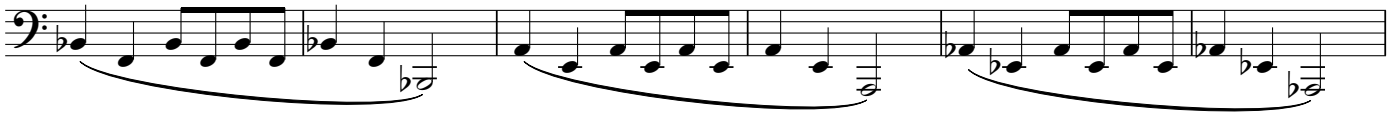
15 **Exercise #2 - Three Notes/Register**



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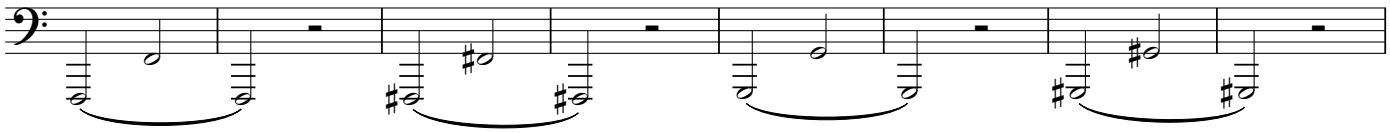
Exercise #3 - Octaves

27



Exercise #4

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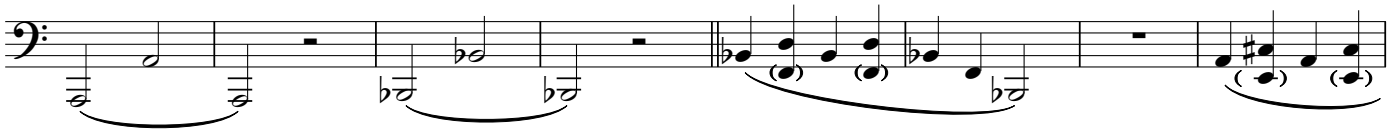

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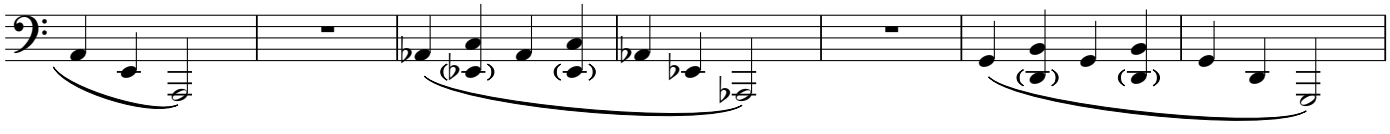

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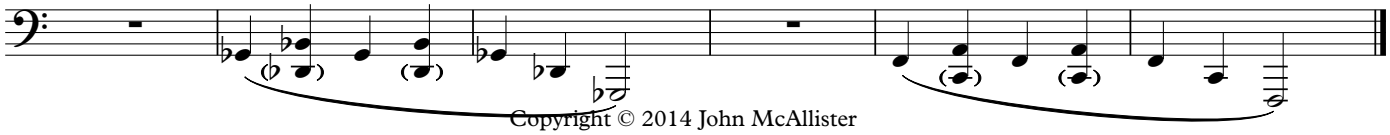

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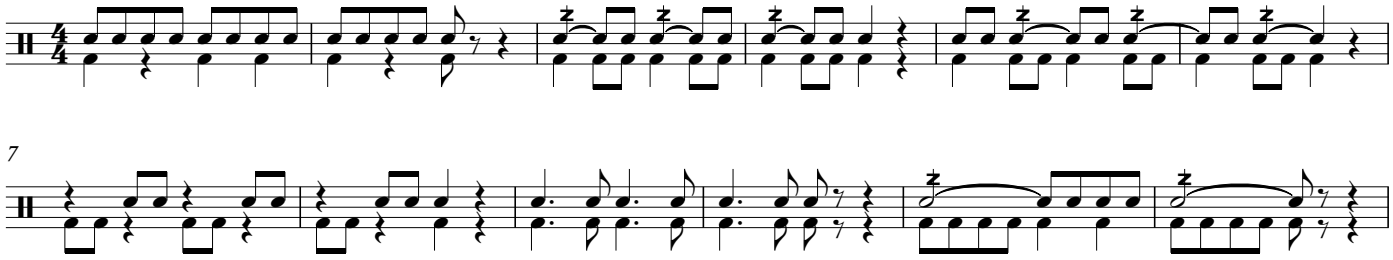
Snare and Bass - Set A

Flexibility Warm-up

McAllister

Exercise #1 - Two Note Slurs



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Exercise #2 - Three Notes/Register

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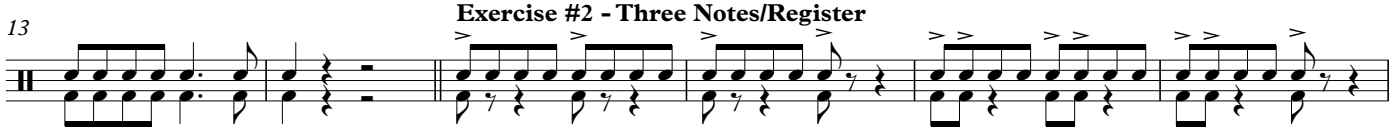

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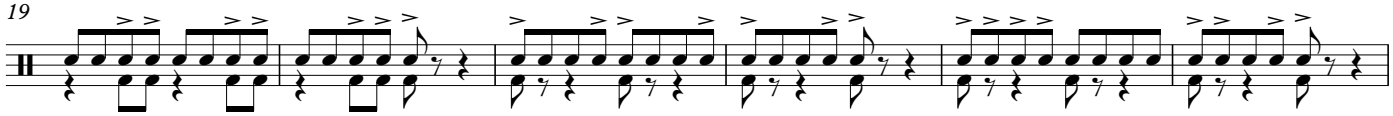

Exercise #3 - Octaves

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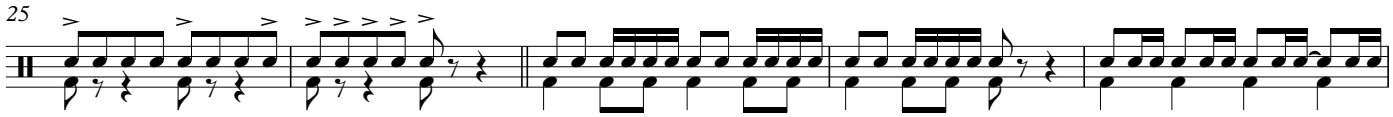

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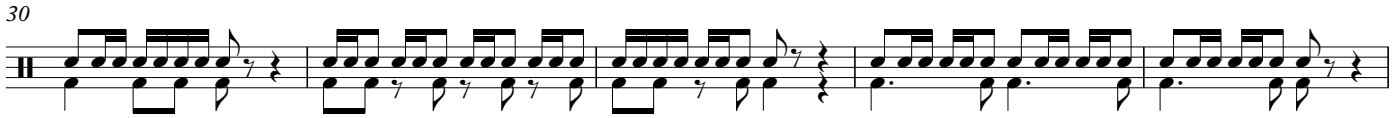

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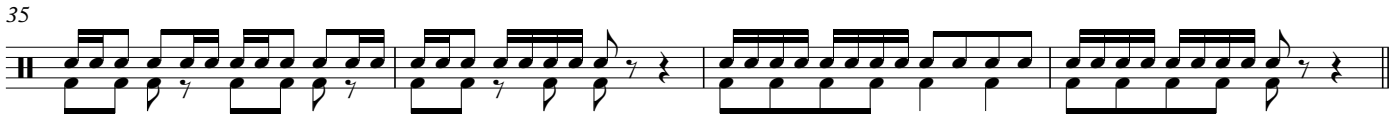

Exercise #4

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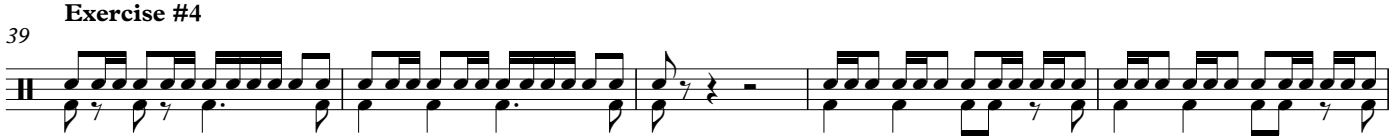

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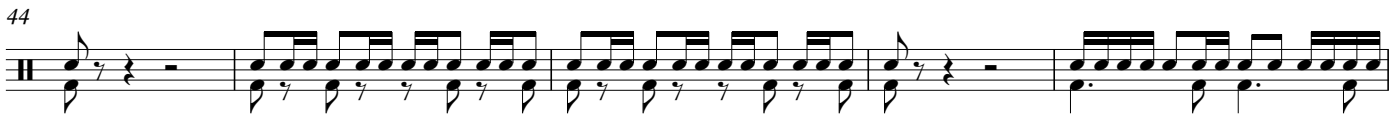

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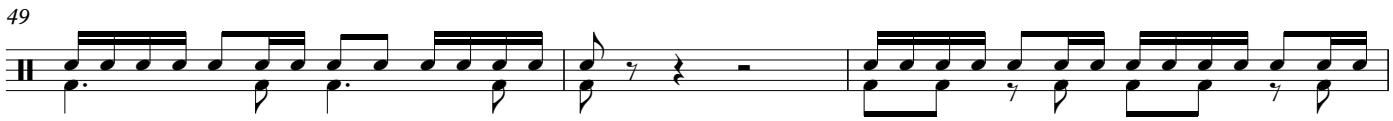

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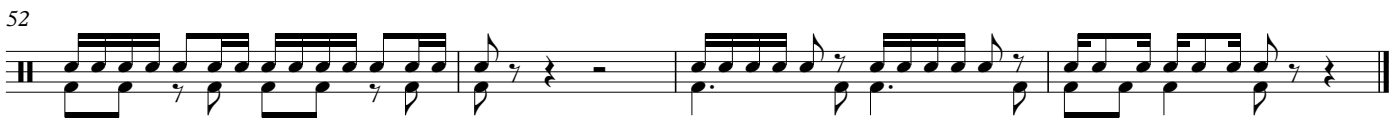

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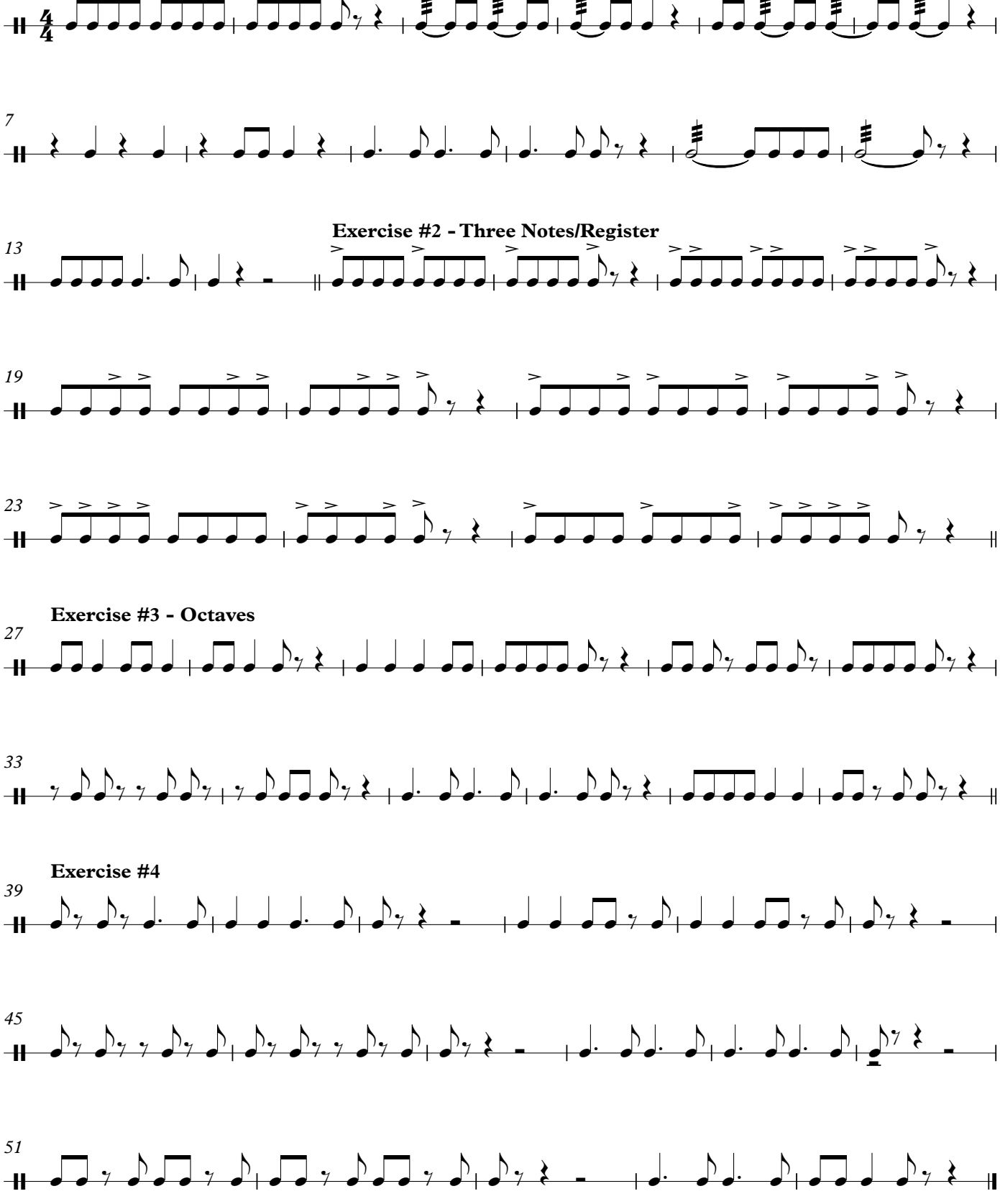
Flexibility Warm-up

Auxiliary 1 (tambourine, triange)

McAllister

Exercise #1 - Two Note Slurs



Exercise #2 - Three Notes/Register

Exercise #3 - Octaves

Exercise #4

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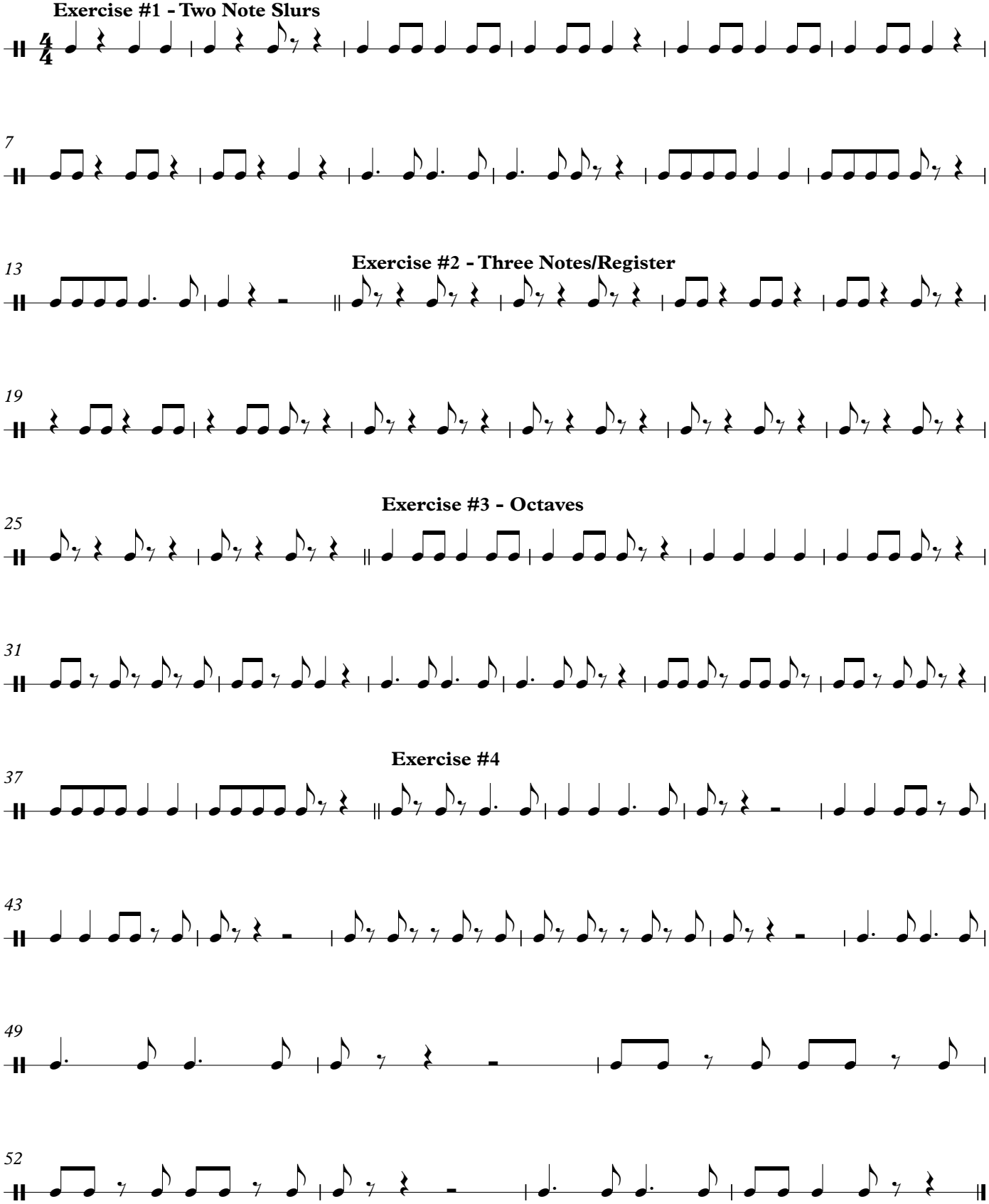
Auxiliary 2 (claves, sus. cym w/ stick)

Flexibility Warm-up

McAllister

Exercise #1 - Two Note Slurs



Exercise #2 - Three Notes/Register

Exercise #3 - Octaves

Exercise #4

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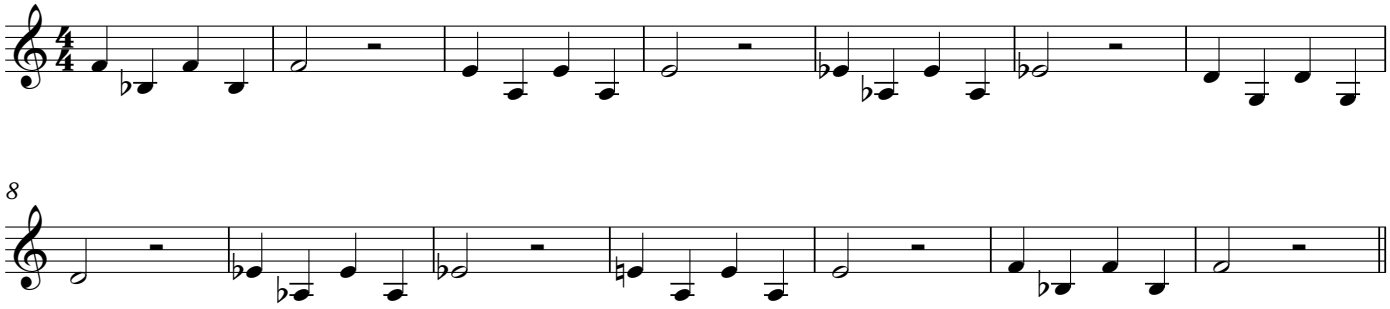
Flexibility Warm-up

Bells

McAllister

Exercise #1 - Two Note Slurs



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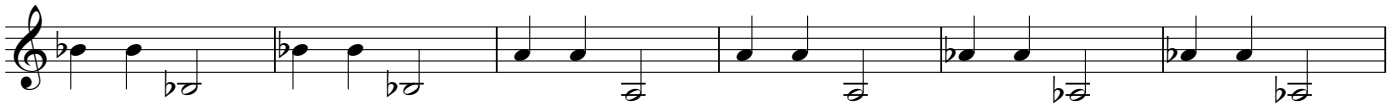
15 **Exercise #2 - Three Notes/Register**



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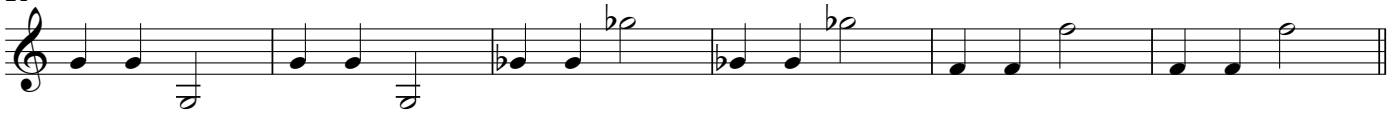
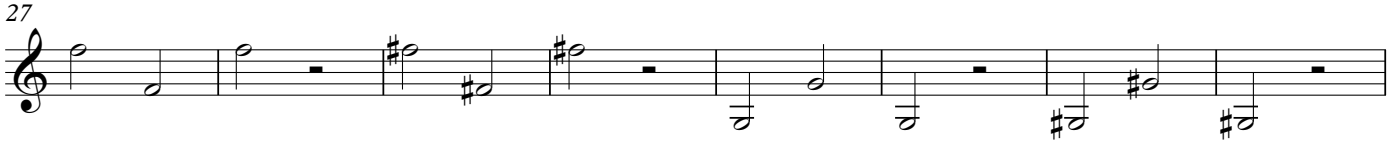


Exercise #3 - Octaves

27



Exercise #4

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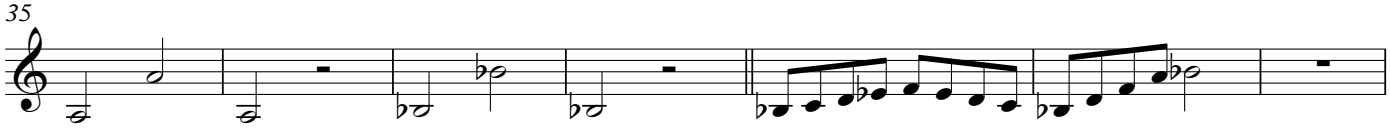

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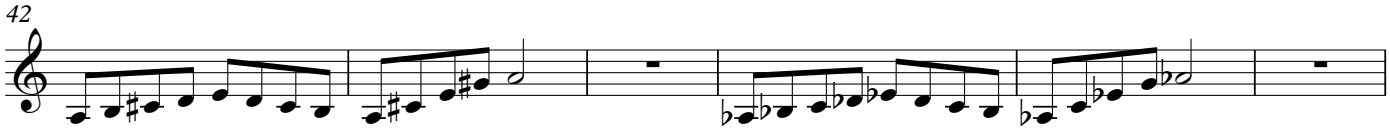

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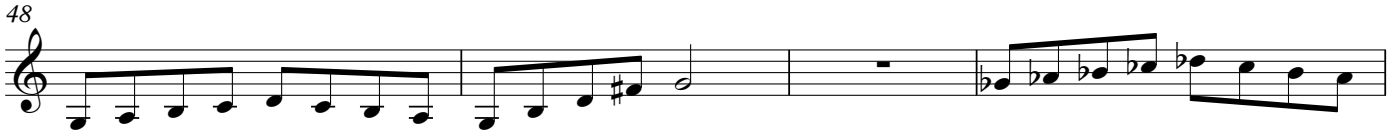

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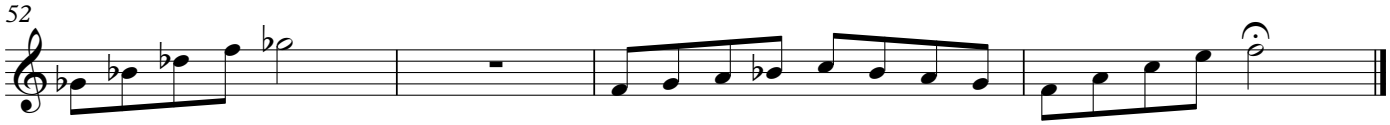

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Mallets

Flexibility Warm-up

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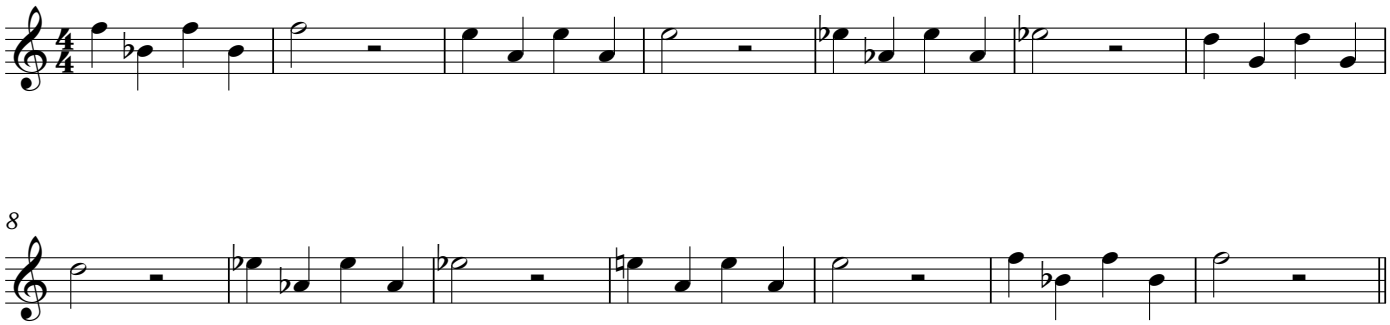
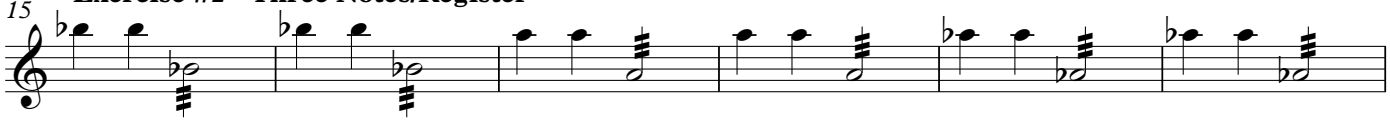
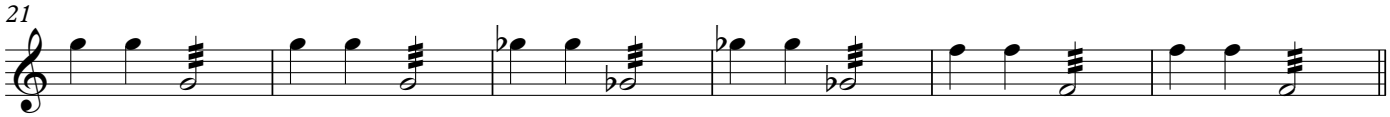
Exercise #1 - Two Note Slurs

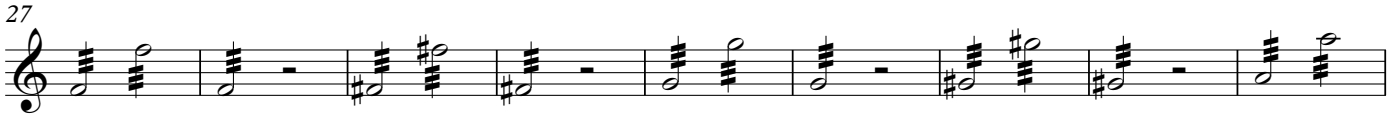


Exercise #2 - Three Notes/Register

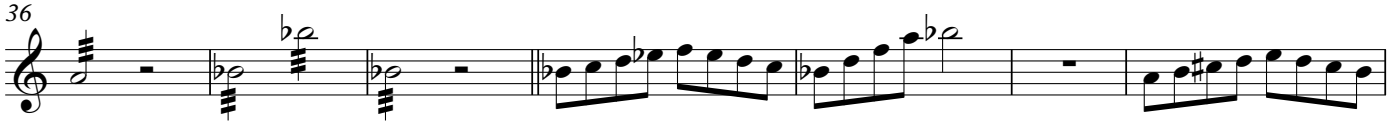


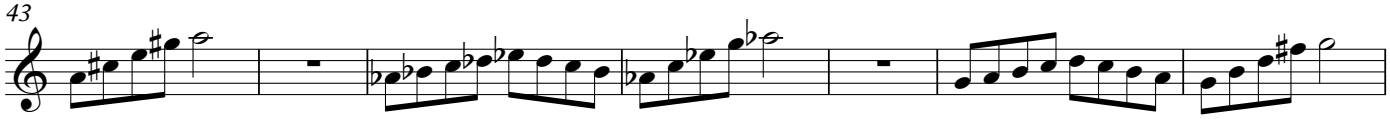


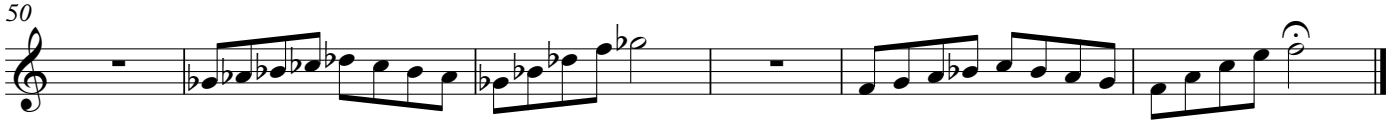
Exercise #3 - Octaves



Exercise #4







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