

### Breathe and Sustain (Play, Buzz, Sing, etc)

take in air

1 2 3 4 5 6 7

This exercise is written on a bass clef staff in 4/4 time. It begins with seven 'x' marks on the staff, indicating where to place fingers. Below the staff, an arrow labeled 'take in air' spans from measure 1 to measure 7. The notes are: measure 1 (F2), measure 2 (F2), measure 3 (F2), measure 4 (F2), measure 5 (F2), measure 6 (F2), and measure 7 (F2).

### Singing & Playing (Concert F or other notes)

8 9 10 11 12 13

Play Sing Play Sing Play Sing

This exercise is written on a bass clef staff in 4/4 time. It consists of six measures, each containing a half note followed by a quarter rest. The notes are: measure 8 (F2), measure 9 (F2), measure 10 (F2), measure 11 (F2), measure 12 (F2), and measure 13 (F2).

### Singing & Playing (Chord)

14 15 16 17 18 19

Play Sing Play Sing Play Sing

This exercise is written on a bass clef staff in 4/4 time. It consists of six measures, each containing a half note followed by a quarter rest. The notes are: measure 14 (F2), measure 15 (F2), measure 16 (F2), measure 17 (F2), measure 18 (F2), and measure 19 (F2).

### Long Tones 1

20 21 22 23 24 25 26 27 28 29 30 31

This exercise is written on a bass clef staff in 4/4 time. It consists of twelve measures, each containing a half note. The notes are: measure 20 (F2), measure 21 (F2), measure 22 (F2), measure 23 (F2), measure 24 (F2), measure 25 (F2), measure 26 (F2), measure 27 (F2), measure 28 (F2), measure 29 (F2), measure 30 (F2), and measure 31 (F2).

### Long Tones 2

32 33 34 35 36 37 38 39 40 41 42

This exercise is written on a bass clef staff in 4/4 time. It consists of eleven measures, each containing a half note. The notes are: measure 32 (F2), measure 33 (F2), measure 34 (F2), measure 35 (F2), measure 36 (F2), measure 37 (F2), measure 38 (F2), measure 39 (F2), measure 40 (F2), measure 41 (F2), and measure 42 (F2).

### Long Tones 3

43 44 45 46 47 48 49 50 51 52 53

This exercise is written on a bass clef staff in 4/4 time. It consists of eleven measures, each containing a half note. The notes are: measure 43 (F2), measure 44 (F2), measure 45 (F2), measure 46 (F2), measure 47 (F2), measure 48 (F2), measure 49 (F2), measure 50 (F2), measure 51 (F2), measure 52 (F2), and measure 53 (F2).

### Long Tones Chorale

54 55 56 57 58 59 60 61 62

This exercise is written on a bass clef staff in 4/4 time. It consists of nine measures, each containing a half note. The notes are: measure 54 (F2), measure 55 (F2), measure 56 (F2), measure 57 (F2), measure 58 (F2), measure 59 (F2), measure 60 (F2), measure 61 (F2), and measure 62 (F2).

### Start and Release

63 64 65 66 67 68 69 70

This exercise is written on a bass clef staff in 4/4 time. It consists of eight measures, each containing a half note. The notes are: measure 63 (F2), measure 64 (F2), measure 65 (F2), measure 66 (F2), measure 67 (F2), measure 68 (F2), measure 69 (F2), and measure 70 (F2).

### Mini Air-Flow Study

71 72 73

This exercise is written on a bass clef staff in 4/4 time. It consists of three measures, each containing a half note. The notes are: measure 71 (F2), measure 72 (F2), and measure 73 (F2).

### Mini Air-Flow Study #2

74 75 76

This exercise is written on a bass clef staff in 4/4 time. It consists of three measures, each containing a half note. The notes are: measure 74 (F2), measure 75 (F2), and measure 76 (F2).

2 Flexibility 1

Bassoon

77 78 79 80 81 82 83 84

85 86 87 88 89 90 91 92

Flexibility 2

93 94 95 96 97 98 99

100 101 102 103 104 105 106

107 108 109 110 111 112

Flexibility 3

113 114 115 116 117 118

119 120 121 122 123 124

Dynamic Control

125 126 127 128 129 130 131 132 133

*mf* *mp* *p* *p* *mf* *mf* *f* *ff* *ff*

Extended Range (individual)

134 135 136 137 138 139 140 141

*p* *ff*

Tenuto Practice

Musical notation for Tenuto Practice, measures 142-148. The staff is in bass clef with a key signature of one flat (Bb). The music consists of eighth and quarter notes, some with slurs and accents.

Staccato Practice

Musical notation for Staccato Practice, measures 149-153. The staff is in bass clef with a key signature of one flat (Bb). The music consists of quarter notes with staccato markings.

Musical notation for Staccato Practice, measures 154-157. The staff is in bass clef with a key signature of one flat (Bb). The music consists of eighth notes with staccato markings.

Accent Practice

Musical notation for Accent Practice, measures 158-165. The staff is in bass clef with a key signature of one flat (Bb). The music consists of quarter notes with accent markings.

Ensemble Tuning

Musical notation for Ensemble Tuning, measures 166-173. The staff is in bass clef with a key signature of one flat (Bb). The music consists of half notes with slurs, used for tuning purposes.

Chorale in Eb

Musical notation for Chorale in Eb, measures 174-181. The staff is in bass clef with a key signature of two flats (Bb, Eb). The music consists of quarter and eighth notes.

Chorale in F  
(d minor)

Musical notation for Chorale in F (d minor), measures 182-189. The staff is in bass clef with a key signature of two flats (Bb, Eb) and a 4/4 time signature. The music consists of quarter and eighth notes.

Chorale in Ab

Musical notation for Chorale in Ab, measures 190-197. The staff is in bass clef with a key signature of three flats (Bb, Eb, Ab) and a 4/4 time signature. The music consists of quarter and eighth notes.